



*Raising Emotionally Healthy Children*

## PARENTING ADOLESCENTS TODAY FOR TOMORROW'S CHALLENGES

**St. Thomas Aquinas** proudly presents an engaging information night for parents on the topic of raising teens today. Author, educator, and parent, Michael Reist will be our guest speaker and address a number of issues facing our adolescent youth today. In particular, parents will be given an in-depth look at raising emotionally healthy children. Learn more by visiting <http://www.michaelreist.ca>

**PRESENTATION #1 – FOCUS ON ADOLESCENT GIRLS**  
**THURSDAY SEPT 24TH 7:00 – 8:30 P.M. IN CHAPEL**  
**OR**

**PRESENTATION #2 – FOCUS ON ADOLESCENT BOYS**  
**THURSDAY OCT 1ST 7:00 – 8:30 P.M. IN CHAPEL**

Don't miss out on this fun-filled and informative evening. This thought-provoking workshop will deal with some of the most pressing issues facing both parents and their children today.

For further information, please contact Mr. M. Bennett during school hours at Phone: (905) 791-1195



**St. Thomas  
Aquinas Catholic  
Secondary School**

PRESENTATION #1 – FOCUS ON ADOLESCENT GIRLS  
THURSDAY SEPT 24TH 7:00 – 8:30 P.M. IN CHAPEL  
OR

Don't miss out on this fun-filled  
and informative evening. This  
thought-provoking workshop  
will deal with some of the most  
pressing issues facing both  
parents and their children

PLEASE  
PLACE  
STAMP  
HERE

Mailing Address Line 1  
Mailing Address Line 2  
Mailing Address Line 3  
Mailing Address Line 4  
Mailing Address Line 5