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In This Issue

Healthy Snack	2
Calendar	3
Artists in School	4
Student Council	4



ST. RICHARD SCHOOL

“Think Clearly. Feel deeply. Act wisely. Follow Him closely.”

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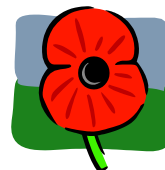
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November Prayer

God our Father, your Son Jesus gave up His life to free us from the power of sin and death. He showed us that the greatest love is in giving up one's life for others. Today we remember those who fought and died for our freedom. We ask you to bless and console them together with their families. Help us to understand the sacrifices they made in leaving their loved ones to face the horrors of war. May we never forget their generosity. May your Holy Spirit give us the courage to resist evil in all its forms and show us how to be peacemakers through prayer and action, lest we forget those who fought, suffered and died that we might have the freedom and peace we enjoy today.

We ask this through Christ, our Lord.

Amen.



Virtues Education

The virtues theme this month is **Conscience**.

Conscience is the voice of God within us. God helps us to choose to be good people. He has given us the ability to know the right and decent way to act. How can we be more conscientious in our interactions with each other?

People of Conscience

- Feel right and wrong and pay attention
- Listen to the voice of the Holy Spirit inside
- Choose to do what Jesus would do.
- Know that followers of Jesus will have to make difficult choices
- Keep promises even when tempted to give up
- Can see how his/her actions may help or hurt others.
- Admit their sins and feel badly about poor choices
- Say sorry and try to make up for hurtful actions



Remembrance Day

All are welcome to St. Richard School on Friday, November 11, 2011 for a Remembrance Day liturgy. The liturgy will begin at 10:40 am in the school gymnasium. Poppies are will be available in the front office for those wishing to obtain them. A small donation to the Royal Canadian Legion is encouraged in exchange.

BULLYING PREVENTION

November's Key Theme: Everyone Needs to Learn How to Live in Peace

In November students will focus on the message of peace. Peace is defined as inner contentment, serenity and harmonious relations. Students will create a unique 'peace place' in each of their classrooms. The 'peace place' is an area identified and decorated by students that they can use to take a moment for personal reflection or to resolve conflict with another student. This idea of having a 'calming' space is used in schools, workplaces and family homes.

Tips for Parents:

- help your child learn to recognize early signs that they are becoming agitated or upset
- create a calming space or reflection area in your home
- learn the steps of the conflict resolution model the school uses and apply those at home

Cross Country

This year over 50 St. Richard School students participated in the Cross Country Run at Erindale Park. These dedicated students ran every day during their lunch recess to train for this event. The grade 4, 5 and 6 students were required to run 2.1 km whereas the grade 7 and 8 students ran 2.8 km. Each race had approximately 120 – 130 runners whereby the top 15 runners advanced to the Board finals. Our school was fortunate to send Luka P (7th place grade 4), Eric B (6th place grade 5), Aaron L (12th place grade 6), and Nosa A (7th place grade 7) to the finals. Congratulations to these finalists as well as all the participants who demonstrated determination, great sportsmanship and represented St. Richard School. We thank the parents for their support in cheering on the team during the race. Special thanks to the coaching staff of Mrs. Foster, Mrs. Jordan and Mr. Cardamone for their help in preparing the students for this exciting event.

Dress Appropriately for the Weather

Now that colder weather is upon us, we respectfully remind you to ensure that your children come to school dressed warmly to participate in recess activities. When weather conditions are severe, we may reduce the outdoor playtime, or have indoor recess entirely. Fresh air and exercise are vital components for successful learning, so we will endeavor to have children play outside whenever possible. Help your children come to school appropriately dressed with warm coats, scarves, hats and mittens on those really chilly days! **For health and safety reasons and to help keep the school clean, we ask all students to have indoor shoes.** Thank you for your support



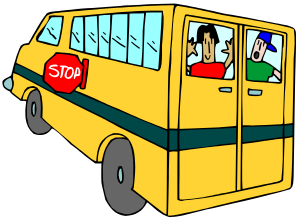
Healthy Snack Program

The Healthy Snack Program is back! Beginning Wednesday, November 2, 2011, and every Wednesday and Friday, students will enjoy a healthy snack immediately after the first recess break. Those of you who wish to register may do so by contacting the school for a registration form. While there is no fee charged to receive the snacks, we do ask that you consider either a one time or monthly donation as there is a cost to providing this service. Special thanks to Mrs. Reda for spearheading this program as well as those who donated this month.



Healthy Snacks in November

Wednesday	Friday
2 Wheat Crackers, Cheese & Carrots	4 Apple Slices & Muffins
9 Kiwi Pieces & Sweet Bagel Crisps	11 ½ bagel with cream cheese
16 Popcorn & Pear	18 Grapes & Bear Paws
23 Oatmeal Cookie & Carrot Sticks	25 Pizza Bun
30 Raisins & Bagel Crisps	2 Pear & Muffins



Cancellation of Bus Service

During the winter months inclement weather may cause disruption of bus transportation and regular school operations. A decision to cancel school transportation and/or to close schools is usually decided by 7:00 a.m. and will be posted on the Dufferin Peel website, www.dpcdsb.org, and announced on the following radio stations:

CHUM 1050	CKFM 99.9	CFRB 1010	CFNY 102.1	TALK 640	CBC 740 FOXY 88.5AM
CHEZ 297.3	CJCL 590	CJBC (FR) 860 AM		CFTR 680	CHFI 98.1ENERY FM 93.1
CHIN 100.7/1540 AM		CJMR/CHWO 1250			

In the event that school busses are cancelled, St. Richard School will remain open for students. The school will be closed only if the Board decides to close all schools due to poor weather conditions or anticipated poor weather conditions. Please note that when schools are closed to students they are also closed to staff.

Dates to Remember



Nov. 4 Pizza Lunch Day
Nov. 10 Classroom Rosaries
Nov. 11 Remembrance Day Liturgy @ 10:40 am (gym)
Nov. 11 Lunch Moms Lunch Day
Nov. 17 Artists in the School – Fizzical Fizzicks @ 9 am (JK – 8) – Sponsored by School Council
Nov. 18 PA Day – no classes for students
Nov. 22 School Council Meeting @ 7:30 pm in the library
Dec. 2 Submarine Lunch Day
Dec. 9 Classroom Rosaries
Dec. 9 Pizza Lunch Day
Dec. 20 Family Advent Mass @ 7:00 pm, St. John of the Cross – all are welcome
Dec. 23 Last Day of School
Dec. 26 – Jan. 6 Christmas Holidays
Jan. 9 First Day of School – 2012
Jan. 16 PA Day – No classes for students

P.A. Day November 18

The Ministry and the Board have approved Friday, Nov. 18 to be used by schools to plan for Ministry of Education Priorities. There will be no classes for students on this day.

Transportation News

With the cold weather around the corner, this would be a good time to review some transportation protocols.

- Make sure students are at the bus stop in the morning at least 5 minutes, but preferably 10 minutes before the scheduled pick up time.
- Students should stand well back from the road and wait until the bus has completely stopped before moving towards the doors.
- Students must sit down, facing the front at all times
- Parents are reminded that students in Kindergarten to grade 2 must be met by an adult at the stop. Students that are not met will be returned to school.
- Students are expected to obey crossing rules after leaving the bus to avoid accidents.
- Parents – please be alert and drive slowly near busses

School Council Meeting

Tuesday, November 22

7:30 p.m.

All parents are welcome!

Artists in the School

Once again St. Richard School is pleased to provide a variety of entertaining and educational extras this year. We'd like to acknowledge the efforts and contributions of the school council who generously provides funding for these fun filled performances and activities. In addition the organizational and scheduling efforts of Mrs. Reda, Mrs. Foster and Mrs. Christy are appreciated. The Artists in the School lineup includes:

1. Fizzical Fizzicks on November 17th @9:00 am for all ages and all students. Parents welcome.

What do you get when you cross circus skills, science concepts and a couple of wacky characters? You get Fizzical Fizzicks! This is an interactive, action packed show about the science of motion. Acts involving juggling, stilt walking, unicycling and many other tricks are presented, all based on the themes of force and motion, although other science topics such as waves, friction and resistance are covered too!

2. Axe Capoeira on January 26th @ 9:00 am for all ages and all students. Parents welcome.

Capoeira is a martial arts dance that was developed over 400 years ago by Africans in Brazil. This art has elements and aspects of dance, acrobatics, music, art and self-defense.

3. TorQ on May 31st @ 10:00 am for all ages and students. Parents welcome.

TorQ is a band of musicians who attempt to engage all students, especially the budding musicians. Performances include a variety of instruments with an emphasis on percussion.

In addition to the above, the following have been arranged:

- The junior and intermediate students will have formal dance lessons – hip hop for juniors and ballroom for intermediates
- Primary and junior students will have 2 half day Zumba workshops with Heather; dates TBA
- Kinders and primary students will take part in pottery making next spring; dates TBA

Student Council News

Hello fellow students, parents and guardians. On Monday, October 31, the student council organized and ran a very successful Hallowe'en Dance in the gym. We had many different dances for the different grade levels. Most of the students in the school participated in this event and many showed awesome Hallowe'en spirit with the primary grades in costume and the higher grades in black and orange.

This year we will also be collecting hard candy for Dr. Simone's charity work. The candy is used in developing nations by people suffering from famine. Hard candy helps them produce saliva which in turn stimulates the digestive organs and facilitates eating and drinking. Candy donations will be accepted until Friday, November 4th and then sent to Dr. Simone's warehouse. We appreciate everyone's sacrifices and hope you all had a fantastic Hallowe'en!

