

Confidentiality

Information about psychological intervention with a student is discussed only with school staff directly involved only after obtaining informed parental and/or student consent. No information will be released to anyone else outside the board without written consent.

How to contact us

A member of the psychology staff is assigned to each school and may be contacted directly through the school or through Dufferin-Peel's Psychology Department.

For further information, contact:

Dufferin-Peel Catholic District School Board
Special Education and Support Services
Psychology Department
Chief Psychologist
40 Matheson Boulevard West
Mississauga, ON L5R 1C5
Tel: 905-890-0708 ext 24330
Toll free: 1-800-387-9501
Email: Debra.Lean@dpcdsb.org
<http://www.dpcdsb.org/CEC/Programs/Special+Education/Support+Services/PSY/>

Psychology Services:

Making a Difference
for Learning and
Behaviour

"Each one called by name"
Isaiah 43:1

*"I am the vine, you are the branches.
Those who remain in me will bear much fruit."*

John 15:5

Vision

The Psychology Department works within the context of a Christ-centered educational environment within the Dufferin Peel Catholic District School Board to maximize students' potential through promotion of social and emotional health, with a focus on programs providing prevention, early identification, timely intervention, and continuing care.

Mission

- Apply our expertise in human behaviour and development to the understanding of learning, emotional, behavioural, social and spiritual needs of children and adolescents
- Work together with children and adolescents, school staff and families to provide prevention, early identification, intervention and continuing care for academic and behavioural problems
- Promote social-emotional health and effective environments for learning

Values

We are committed to:

- Being **responsive** to the ever-changing, diverse and complex needs of the individuals we serve
- Performing our jobs with **empathy** and **compassion**
- Acting in an **ethical** and **honest** manner, in accordance with the standards of practice, codes of ethics of our profession and all legal requirements
- Empowering individuals by **promoting knowledge, enhancing resilience** and helping people **recognize the strengths** within themselves
- **Lifelong learning** in our community and in our professional practice

The Psychology Department at Dufferin-Peel

We are a group of professionals with post-graduate degrees in psychology. We have received extensive professional training in child and adolescent development, principles of learning and motivation, research, personal counseling, and assessment and diagnosis of academic, learning, behavioral, and emotional problems.

Members of the Psychology Department have also had considerable experience in a variety of settings including general, psychiatric and children's hospitals, mental health clinics, as well as other school boards.

We work together with teachers, parents, children and adolescents, to understand, prevent, and solve problems, and to promote mental health and effective environments for learning.

What We Do . . .

Consultation:

- Consult with teachers, parents and families about learning, behavioural and social challenges
- Consult with school staff and parents about outside assessments and other professional reports
- Consult as a member of a multidisciplinary school team about student learning needs
- Consult with school staff concerning safe, healthy, caring and inclusive school environments

Assessment:

- Assess social and emotional, intellectual, and academic functioning
- Provide comprehensive profiles of learning strengths and weaknesses
- Provide recommendations for school staff, parents and students based on assessment results
- Provide diagnoses in the following areas: intellectual, developmental, learning, behavioural and emotional challenges

Therapeutic Intervention:

- Provide therapeutic intervention for individual students or groups of students
- Provide early intervention and prevention services for academic and behavioural challenges
- Facilitate referrals to community resources and liaise as necessary

Education:

We offer in-service programs on many subject areas for:

- School staff (e.g., Staff Meetings, PA days)
- Administrators
- Parent council meetings
- Summer Institute
- Community groups (e.g., parent associations)