

Making Your Child *Environmentally* Aware

In recognition of this year's Earth Hour (Saturday, March 28, 8:30 p.m.) and Earth Day (Wednesday, April 22), we are providing you and your family with tips on how to keep your child environmentally conscious and involved.

- Encourage your child to use both sides of a sheet of paper when completing homework and practicing school work.
- Turn it off! Ensure your car is turned off in school kiss and ride zones. Some Dufferin-Peel schools have created idle-free zones to help eliminate harmful gases in our atmosphere.
- Pack eco-friendly lunches for your child. Reusable water bottles and containers can help reduce the waste in our schools and landfills.
- Walk with your child. Finding natural pathways and parks around your neighbourhood can be an easy way to encourage your child to appreciate and love our earth. This walk can include informative discussions about animals, trees and more. Also, check out Active and Safe Routes to School in Peel for some interactive maps and a list of walking programs (<http://www.saferoutestoschool.ca>).
- Use scrap paper for note-taking and shopping lists. This will provide your child with a good example of conserving household waste. Also, have a bin with scrap paper available for your child at all times.
- Practice composting with your child. Especially during the summer and winter months, teach your child how to use composting materials like newspaper and food waste to do some gardening. These items can be easily disposed of in household gardens and it can also eliminate your waste.
- Create fun and exciting crafts projects using household materials that would normally go to waste. Making pencil holders, decorations and more can help encourage your child to recycle products like plastic bottles and egg cartons.
- Just in time for spring, plant a tree as a family!
- Have an eco-friendly fun day. This day can include eating local and organic foods, keeping electronics and light fixtures shut off and having a living room campout with your child's friends and family. This would be a great way to teach your child about the importance of being environmentally aware while, at the same time, having fun!

For more information, visit:

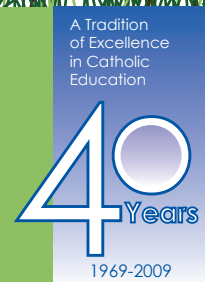
www.earthday.ca | www.ecokids.ca
www.earthhour.org | www.pub.em.ed-prod.access-eis.com

Stay Connected! Join the Dufferin-Peel eCommunity. Visit us online at:

www.dpcdsb.org



Dufferin-Peel
Catholic District
School Board



A Tradition of Excellence in Catholic Education