



# SUMMER LEARNING FUN

## TIPS FOR PARENTS



- 1) Encourage your child to start a daily journal or diary for the summer months. This journal will keep your child's writing and reading skills in check.
- 2) Continue reading with your child on a daily basis.
- 3) *Get outside.* The worst thing for children during the summer months is having them glued to a television or computer. According to the Journal of School Health, physical activity programs have positive effects on academic achievement, including increased concentration, improved mathematics, reading, and writing test scores, and reduced disruptive behaviour.
- 4) Provide your child with fun and educational puzzles and games for those rainy days.
- 5) Try your best to continue with a homework routine. If your child does one hour of homework each weeknight now, get them to do about half of that each weeknight in the summer too.
- 6) Take trips to the local library, museum or zoo where fun learning always takes place.
- 7) Practice math skills using everyday chores and activities like cooking or grocery shopping.
- 8) Provide your child with opportunities to volunteer or help out in the community. This will help keep your child busy and socially active during the summer.
- 9) Keep up with classroom trends like 'silent reading,' 'lunch hour,' and 'free play' activities. This will help to eliminate a free-willed mindset in September.
- 10) If you're taking a car trip, play games like 'I Spy' or finding license plates from out-of-province cars. This will keep everyone entertained and make learning fun.

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