



St. Andrew Anaphylaxis School Plan



The following steps will be taken in order to attempt to establish and maintain an “allergy safe” environment as per Sabrina’s Law and DPCDSB GAP 514.02, which recognizes the need for safety with regard to life threatening allergies.

1. “Red Anaphylactic File” created for each student with life threatening allergies to be housed in the student’s OSR.
2. “No Peanuts or Nuts Please” - Allergy Safe Signs:
 - Will be posted throughout the school in prominent locations
3. Inclusion in newsletter to all families which:
 - Requests that lunches and snacks not contain nuts and/or nut products
 - Lists products/foods to avoid
 - Lists alternate products/foods to send
 - Advises community of our “nut controlled” environment and of “no food sharing” rule
4. Staff will:
 - Be trained to recognize signs of an anaphylactic reaction and how to take appropriate action (video/power point)
 - Know how to administer the Epi-pen
 - Avoid craft/activities involving nuts
 - Contact the parents of children in their class for whom a “red anaphylactic file” has been created to become familiar with the specifics of the child’s allergy/health issues
 - Establish communication links for the upcoming school year
5. Teachers and students (as age appropriate) will:
 - View anaphylaxis information video each year
 - Increase their awareness of anaphylaxis reactions
 - Learn the signs of anaphylactic reactions and procedure to use if one occurs
6. Parents/Guardians will:
 - Make every effort to teach their allergic children to self-protect
 - Educate the allergic child on avoidance strategies
 - Be responsible for informing the school about the child’s allergies, updating the school on any changes (e.g. diagnosis of an additional allergy, outgrowing an allergy), and providing the child/school with an Epi-pen which is not expired (parents should keep a log of expiry dates and replace outdated auto-injectors).
 - Complete an anaphylaxis emergency plan which has the child’s photograph and allergy information, emergency contact numbers, emergency protocol, and signature of the parent/guardian and physician
 - Be asked to provide consent which allows school staff to use an Epi-pen when they consider it necessary in an allergic emergency
 - Consider providing a non-perishable food item in cases of emergencies (i.e. child’s lunch is forgotten at home, special occasions
 - Be asked to communicate with school staff about field trip arrangements

7. Food in the school:
 - a. Lunches:
 - i. Will be eaten indoors. No food is allowed outdoors.
 - ii. Nuts or nut products are to be strictly avoided throughout the school.
 - iii. When nut or nut products are brought to school:
 - Student will eat in office area and then wash hands thoroughly
 - An “allergy safe” reminder note will be given to the student/parent
 - b. Snacks:
 - i. Will be eaten indoors - before/after recess. No food is allowed outdoors.
 - ii. Nuts or nut products are to be strictly avoided throughout the school.
 - iii. When nut or nut products are brought to school:
 - Student will eat in office area and then wash hands thoroughly
 - An “allergy safe” reminder note will be given to the student/parent
8. Large scale celebrations involving more than one class or many parents (e.g., graduations, Pancake Tuesday...):
 - Food to be shared at these gatherings will be selected by the teachers/staff involved
9. Classroom Celebrations (Halloween, Christmas, Valentine’s Day, Birthdays, etc...):
 - There will be no food accepted from parents to be shared with the students on any occasion.
 - If parents wish to send treats/loot bags, pencils, stickers etc. are acceptable
10. School Fundraisers:
 - Products sold will be “nut free”
11. Field Trips/Out of School Activities:
 - Epi-pens and health forms will be taken on trips
 - No food will be eaten on the bus
 - Supervisors will be made aware of students with anaphylactic concerns
 - Parents of anaphylactic students will be allowed to go on school trips

The success of this plan is entirely dependent upon the collaboration of the staff, parents, and students of St. Andrew School. Let’s work together to make our school an allergy safe environment.

Acceptable Snacks

- raw vegetables
- fresh fruits
- “safe to share” chocolate (smarties, kit kat, Aero, Coffee Crisp, Mars)
- cheese and soda biscuit crackers
- small bags of chips, cheesies, pretzels
- full-size Christie cookies (Oreo, Chocolate chip, Fudgee-o, Rainbow Chip)
- fruit snack (in different shapes)
- full size Ritz crackers
- Dunk-a-roos
- Rice Krispie Squares
- Teddy Grahams
- small Christie chocolate chip cookies

Unacceptable Snacks

- Items that may contain traces of nuts and are NOT SAFE to bring to school are: Tim Horton’s Timbits, Tim Horton’s cupcakes, Hostess Twinkies, Vachon ½ Moon, Vachon Joe Loius, Zehr’s Bakery products

Dear Parent/Guardian:

Today your child brought an item to school, which contains nuts/nut products. This note is a reminder that St. Andrew School is a nut-controlled environment.

We are requesting that all parents avoid sending such foods to school as they present a very serious danger to the health and safety of some of our students.

Thank you in advance for your attention to this matter.

If you require further information, please contact the school.

Thank you for your continued co-operation.

C. Young

Principal

K. Dolan

Vice-Principal

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