



Archbishop Romero Times

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Special Edition

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Outward Bound Expedition

Sean Butler

Nine students from Archbishop Romero were chosen to participate in an Outward Bound Expedition. We were all nervous not knowing what it was going to be all about. On Wednesday May 24th, 2006, the group met at the Brampton Library to get on the bus for this



journey. The bus ride was about 3.5 to 4 hours long which was pretty boring because we had to ride in an uncomfortable yellow school bus for the long ride. The first day we arrived at the Burks Falls base camp, we got out hiking bags and packed them with tents and all the gear we needed for the trail. For the first couple of hours we played some trust and name games to get to know each other. We also met the camp leaders Darren and Adina who were awesome. At about 8:00pm in the evening, we had some dinner and went to our tents. We talked about our fears and what we wanted to accomplish on the trip. We knew we had a big day ahead and we quickly fell asleep. When we awoke at around 7:00am, we packed up and had breakfast. We drove about 1 hour into



Algonquin Park where we started our first day on the trail. It took us about 4 km's to get to our first camp site; it was

pretty hard work for the first day because we were not used to the physical activity needed. When we arrived to Maggie Lake, we were all exhausted so we set up our tents and got settled in. The next day we hiked about 7 to 8 km's, we were able to travel much more distance this time because we were building our stamina and it helped us get through. In the next few days we were able to travel

about 10 to 14 km's, we couldn't believe it! The last day we were on trail, we did this thing called Solo

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Outward Bound Expedition *continued*

Sean Butler

which involved us going into the wilderness on our own. We had a bug net rope and a tarp to stop bugs and rain from coming in and we told ghost stories. The next morning was our last and we cleaned out the camping gear for the next hikers. We finally got to take a shower which was incredible! Then we shared our final meal together and watched a picture

slide show. I would go back to this camp again in a heartbeat. I would highly recommend this trip to anyone, it is a great experience and it teaches you how to be a leader and how to be more self-reliant.



My Outward Bound Experience

Camille Sackany, Brampton Campus



Outward Bound was an incredible experience and one that I was lucky enough to be picked to go on. This trip meant a lot to both me and my peers. On this trip, I was faced with many obstacles which I never thought I would be able to overcome such as hiking, carrying a heavy pack, the bugs, lack of smoking and rock climbing. The trip taught me to be open to trying new things. I met new friends and got to know

my fellow classmates on a much deeper level.

I know after experiencing such a life-changing event, that everyone who feels like they need a challenge or want to experience something very different than what they are used to should definitely go on this trip. This trip has done NOTHING but benefit me in so many POSITIVE ways that there are just too many to mention. Thank you so much Outward Bound for the amazing experience.

My Outward Bound Experience

Sarah Welfare, Brampton Campus

When I was on the Outward Bound trip, I got to connect with others in a more personal way than I have ever experienced before. The trip made me feel incredible about myself and it let me help others to feel incredible about themselves as well.

This trip was an experience I will never in my life forget. It was truly a life-changing experience and it felt so nice to give so much support to others when they needed it. I want to say THANK YOU to everyone who made this trip possible for me and for the

opportunity to experience inspiration in my life. For anyone who feels lost within themselves, I highly recommend Outward Bound for them



Archbishop Romero Open House

Akelia Wright and Ashley Boca

Archbishop Romero Catholic Secondary School held an Open House on Tuesday May 30, 2006 at the Sheridan College Davis Campus in Brampton. The purpose of this Open House was to showcase our program. This allowed many educators from our board, as well as a few parents, to come and view our “family”. It was an excellent opportunity for everyone to learn about this program and all that it has to offer.

All attendees were led in small groups on a tour of our beautiful campus by Archbishop Romero students and a Sheridan tour guide. Most attendees were very impressed with the program as evidenced by their many questions and favourable comments. The groups were escorted into two main study rooms where bulletin boards of students work and accomplishments were posted up and available to be viewed by our guests. One of the main attractions was a board featuring the work of many students in their own words titled “Before and After.” This described the challenges they faced before entering the program and the positive influences they gained while here at Sheridan

College as well as the role it has played in shaping the new paths of their lives.

Everyone was gathered in room B213 which is a large lecture hall on the main floor where refreshments and snacks were provided. Mark Clory, the guidance counselor for Archbishop Romero briefly described our program to the attendees and answered various questions relating to applications, eligibility, and further information pertaining to admission. Marilena Tesoro the Principal for Archbishop Romero’s four campuses also was available to answer any remaining questions those in attendance had. She then introduced three high achieving students currently attending Archbishop Campus at Sheridan College. They were Akelia Wright, Sarah Eagles, and Ashley Boca who relayed their personal experiences before and during the program, what they had overcome, accomplished, as well as what their plans for the future were. They also were open to answering any questions the guests had from their personal experiences.

To wrap up the proceedings the guests previewed a video presentation

produced by the students of Archbishop Romero Sheridan campus that outlined and illustrated the experience of the program through their own eyes. The video was a product of collaboration between Jesse George, Akelia Wright, Michael Parbhu, Ashley Boca and Sarah Eagles. Thomas Hipsz and Christina Yang, two of the teachers at Archbishop Romero Sheridan campus briefly said their views and stated how influential the program has been for them as well as the progress and dedication they have seen in their students. We’re glad to see that they are not as stressed out any more.

This open house proved to be a great success with the high turn out of visitors and all the information that was provided along with the heart-warming testimonials from students and teachers alike. We especially like to thank the principal Marilena Tesoro for all of her hard work and efforts to successfully keep all the programs running smoothly and allowing students like us to have a second chance to continue our education and make our goals become a reality.

Archbishop Romero Sheridan Campus

Akelia Wright

Archbishop Romero Catholic District School Board has recently opened up a new program at the Sheridan College Davis Campus in Brampton. This ever-developing program has now been in the works for its third

consecutive semester, accommodating as many as thirty students at a time.

Most of these students have been searching for an alternative program that allows them to successfully complete their required thirty credits

in order to obtain an OSSD and make a transition into the workforce, post-secondary education or other career paths.

Most of these students have either been struggling to complete their



Archbishop Romero Sheridan Campus *continued*

Akelia Wright



requirements to graduate, or have fallen behind and need an extra push to earn as little as two or three credits.

The reward I received is the feeling that I have once again accomplished a goal that I have set out for myself and my future. We students are extremely privileged to have the opportunity to attend this program and it has given us the opportunity to make our goals a reality. Many students have different reasons for attending but one thing is for sure, these students want to make a difference in their educational path

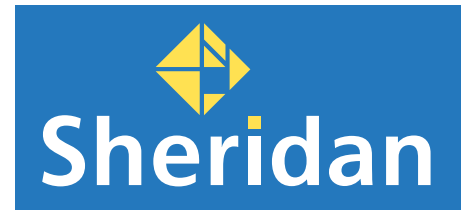
to success.

The setting in the college atmosphere is a definite plus to this program because it does not only allow these students to be away from the traditional high school setting but it allows the students to get a feel for the environment of college and if fortunate enough, students have the opportunity to take one or more free college credit course that will be added to their college transcript.

So they will have obtained their OSSD and already have earned a college credit even before they actually become a post secondary student. These high school students are camouflaged in the crowds of real college students, and are even given all the advantages of being a student here.

By providing these students with actual Sheridan college ID's and student numbers, students can feel free to go about the college and take advantage of all that it has to offer. This includes the student center, career center, library, gymnasium and weight room, computer room, and many more.

This program is definitely incredible and is a great opportunity for students to excel in their studies and in future life. Who knew that high school could be so beneficial after all?



That's Hot...And That's Not!

Hey People of Sheridan, You're all in for a great treat! You're all being given the opportunity to get an insight on today's fashion by yours truly, the fashion critic, Moi.



After this helpful enlightenment not only will you know what the latest and greatest fashion trends are for the spring and summer season of 2006, but

you'll also be aware of the fashion no no's that you should stay away from, which will help prevent any fashion

nightmares from becoming a reality.

We'll start off our little lesson with the more pleasant side of things, what's in for his spring and summer.

Everything within this season has more of a natural and earth-like look to it. Hair colours are simple solid colours, blonde, black, red, brown and so on.

Highlights add a nice touch for those who aren't so much in to the whole solid thing.

For the guys, if you can't decide whether to let it all grow or cut it short, and you'd really like something to spice your appearance up, the faux hawk has become extremely trendy.

As for colours for the season, the darker, more natural tones have taken more of the dominant role this season such as black and brown along with gold and silver, which have also become very trendy.

For the guys, the colour pink has found its way into their wardrobe and has been a complete success.

Also for the guys, golf shirts are extremely hot and can be worn to just about everywhere, they can be casual and they can be dressy.

The army look has made its way back into fashion with its different colored camouflage print.

The sexy torn and ripped denim affect



That's Hot...And That's Not! *continued*

has become one of the most popular trends for this season for both male and female, now you don't have to look all prim and proper to catch the eye of those around you because you can look just as good with this new look.

In the world of accessories, bigger has now become better. Why go small, when big is so much more convenient?

Oversized bags and purses of many different colours and funky designs have made their way into the spotlight, which bring upon the benefit of assurance that you'll never run out of space for those important necessities you need to bring along with you.

Oversized belts have also come into play and bring along a little spice to your outfit, usually worn with a long shirt that covers the midriff.

Oversized sunglasses have come into play as well giving you that sexy and mysterious look. Jewelry and accessories for this season include a more natural touch including seashells and beads and a lot more pasty colours to even out the dark tones.

Make-up as well, is more natural, less has become better. Instead of bright reds and so on, the simple clear glossy look has become more popular.

Alright, now that we've discussed what's totally hot... we can get to the more fun part, what's NOT. Let us begin with hair. It definitely would not be a recommendation to dye your

hair all the colours of the rainbow, it won't really help you when attempting to get a job, nor will it really impress members of the opposite sex.

We were born with natural solid colours of brown, blondes, reds, etc so let's keep it simple like that, why would you want to look like a clown when it's not Halloween?

Now when speaking about jewelry, let's try and keep it as normal as possible. For those people who think sharing their dog's collar is the hip thing to do... guess again. The collar was particularly invented for species with four legs, not people.

Those who choose to go against normality and wear those necklaces which could pass for a collar, you might as well add on the leash, get on your knees, and ask a friend to take you for a walk.

Another big no is within the make-up department. Overall makeup is being used too excessively. What ever happened to allowing your skin to breathe?

Let me remind you all that pounding on layers of whatever makeup you put on your face, is not going to make you any more attractive and you aren't a Rock star either.

I'm sorry but the whole thing about guys wearing black eye liner now a days is not hot in my eyes.

Ladies aren't the only target here though, boys, you haven't been forgotten. Not sure when the whole oversized t-shirt look came into play,

and when it was actually made "hot" but to remind you now, pretending to be a size 10 times bigger than you really are, isn't going to make you look any more built, bigger, attractive, or whatever your goal is.

Why would someone want to walk around the city looking like they were too lazy to change out of their nightgown anyways?

Do yourself a favour and next time you go shopping make sure you get the right size. Allowing your pants to begin at your knees is not the way to wear them.

I do believe... if I can recall correctly, that pants were meant to begin at the waist, and if your excuse may be that your pants are too big and keep falling on their own, next time TRY the pants on before purchasing them and buy a size that actually fits or invest in a belt, pretty simple.

Well Sheridan, looks like we unfortunately have come to the end of all our fun.

Hopefully you've all gained a better understanding on what's hot and what's not and if not... you poor unfortunate souls!





10 Quick Beauty Tips

Jahlesa Watson

Being a teen in today's world brings many pressures from society to look good. The media is full of beautiful faces that add to the stress of growing up. Don't let that undermine your self-confidence!

Tip #1:

Skin Moisturizer - Moisturize at night and wake up to fresher, younger looking skin.

Tip #2:

Try to do some deep breathing and morning stretches to get your blood pumping and get all the night's cricks out. You will feel fresh and alive and ready to take on the day.

Tip #3:

Brush hair underneath then flip over and brush. This will smooth hair and give it a little lift. Put hair up in a ponytail or

clips for a young, fresh look that is quick, no time for rollers or curling irons.

Tip #4:

Prepare clothes night before. Dress in simple things that make you look and feel attractive and feminine, that make you feel good about yourself, and ready to face the day—Simple Is Always attractive.

Tip #5:

For a fast lip application, line the lips, and then apply a gloss inside the liner for a clean but sexy look.

Tip #6:

Less always means more. Apply a thin coat of mascara or just use the clear coat kind just to bring out the lashes a bit.

Tip #7:

Spritz on a little smell good (perfume) and you're good to go.

Tip #8:

Always wear comfortable, versatile shoes, sandals too sometimes, that go with most of your outfits so you're not taking all morning choosing which pair of shoes to wear today. Save the 4 inch blue pumps for your wild nights on the town!

Tip #9:

Just one cup of yogurt a day will help blemishes clear up thanks to the zinc it contains.

Tip #10:

Clean, because bacteria does contribute to acne. So try to keep your face clean as possible always this means keeping everything away from your face, including your hands!

The Life of a Teenager

Toni Mullings

“You don't understand the definition of hard times” isn't it funny how many teenagers can relate to those words. Or to “you don't know the true value of a dollar”.

Each year there is at least one inspirational speaker to preach out against violence, racism, and bullying. How many of those speakers turn out to be hypocritical, because the real point they are trying to get across is do not judge based on appearance, religion, or gender; but what about age? How many of those speakers look upon the student as

little kids who really don't understand the world they live in?

I am a teenage female Jamaican Canadian so I have to strive three times as hard to be heard or taken seriously. I am under the age of 20 which means I am considered to have it easy and complain about minor things, I am a female which means I am expected to use my free time talking about boys and shopping and I am black which means, well that's a whole other article. I want to hit on the topic that has been tabooed, or at least forgotten about; ageism.

The life of a teenager is complicated; there is no way you can write an article on the life of a teenager because we all live different lives. Some teenagers wake up and eat breakfast with their family, some wake up to an empty fridge an empty apartment, and some wake up wishing they hadn't at all. I think these are some things society forgets, I cannot speak for all adults because I would be contradicting myself. What I can do though is speak on what I have experienced with some adults. There are many times that I have



The Life of a Teenager *continued*

Toni Mullings

heard “I understand I was young once too” this statement boggles my mind because of course I realize and take in consideration everyone has their own



story, but you don't understand what I'm going through by passing my age. I'm tired of the teenager stereotypes of being lazy, worthless and irresponsible. It's time to stand up for teenagers, for some one to break the statistics.

A teenager's life is like living in a jungle, the key is survival, you must learn how to survive in your surroundings or be eaten alive, by your parents, peers, or other adults you may come across.

High school is just a fancy way of saying popularity test. When we walk through those doors it's a whole other

world, the school usually is very diverse. Students come in different shapes, sizes, and colour, this is what helps make us unique, but when we get to school all we want to do is fit in.

We are willing to rid our identity just so we won't stand out as different. No one understands who wore the children's backpack first, but the next week you throw your younger siblings items out of her Dora bag because you must fit in.

Someone at school says “hey those shoes are nice” next thing you know your asking your mom for the latest Jordan's, because you must fit in. We try so hard to stand out that in the end we make ourselves invisible. Every time we piece together our identity with what we feel is cool we ignore Gods gift to be an individual.

I know this sounds simple you may be thinking “oh wow they can't decide what to wear big deal.” That's just one part of some lives. Victims. No! I do not hold any respect to those people, maybe it's because I can't relate. But I'm going to write this so maybe their will be a better understanding of where people with my mind set is coming from. They are many students. For some being a gangster is a costume they wear when they leave their house, for others it's a mask they try and rip off but life dealt them a bitter hand.

I say mask because though they are not following anyone this is who they are, underneath that boy who has been shot at, stabbed, who lost his

brother, his best friend, who's mother is addicted to crack; there is a misunderstood teen wondering why him, a good person. Hating those who take his life and show case it as a hobby.

I hope this has help some adults understand that there are teens that try to work and go to school, but mom



needs as much help as she can get. There's the girl who walks around asking who wants her goodies, because she has been raped and used by those she loved, so this is the only thing she knows.

The life of a teenager, complex and misunderstand, because there is not one way of telling a teen's life, for we don't all live the same ones. Just as an every adult does not have the same story.

Raised with enough to get by and born a leader not a follower. In a teenager's life I would say there are three roads to take, ask before you assume they took the one most travelled by.



Round Table Discussion on Teen Violence

Jonathan Kerr

The discussion with Ken Dryfhout telling us about youth development and what happens to youth nowadays



who are running lost in the streets and he told us that his job is to take in youth who have no place to go and youth that are in to drugs and are being used by peers believing there in a gang because they have become dependent on the drugs people are giving them he aware us that there is more to life than just

friends and people who are around you for motive to have u regress in life.

He taught us that we have to become independent upon ourselves and not rely on outer sources such as friends and associates.

He taught us on a lot of peers use violence to seek power, some use it for control over others, some use it out of fear and others use it to keep their girlfriends and posses them. Violence is one of the most common used tactics in North America the

reasoning most people use it because we are so pronged to seeing it being used around us whether it be in video games, sports, movies, television shows and internet and many other forms.

Violence has become acceptable in every aspect in our new generation and everyone experiences whether it is a baby, youth, adult, and senior.

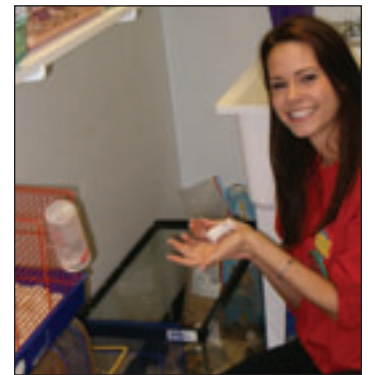
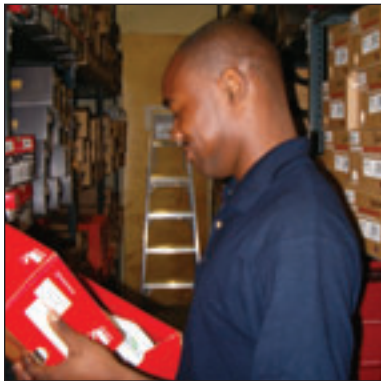
We all must become aware of the actions we do today will affect tomorrow.

Co-operative Education at Archbishop Romero

This semester, a number of students from Archbishop Romero's Mississauga, Brampton and New Directions campus participated in Co-op. It has been a great semester with students

involved in retail, automotive services, animal care, food service, community service, home improvement, and travel and tourism. The highlight of this successful term will be on Monday, June 19th when these students will showcase their talents,

skills and workplace contributions at our Career Fair. All are welcome to attend the showcase from 11:00am – 1:00pm at 90 Dundas St. West, Suite 201. Congratulations for a job well done!



CONGRATULATIONS GRADUATES!!!

We will make history this year, with our largest graduating class ever!

It is with great pride that we honour Romero graduates and celebrate the courage and determination that led

them to this special accomplishment.

Best wishes to the Graduates of Archbishop Romero who had the right attitude to achieve their goals ! Our Graduation Ceremony and

Reception will be held on Tuesday June 27th at 12:30pm at the Lester B. Pearson Theatre at the Civic Centre 150 Central Park Drive, Brampton.