



Fr. Michael Goetz Secondary School COURSE OUTLINE

COURSE: Healthy Active Living Education

Code: PPL 2OM/F

TEXT: Healthy Active Living

Replacement cost: \$90

UNITS OF STUDY

1. Interactive Games and Physical Fitness
2. Nutrition
3. Conflict Resolution and Anger Management
4. Healthy Lifestyle Choices: Growth and Sexuality, Substance Use and Abuse
5. Outdoor Education
6. Individual and Team Activities

EVALUATION

Application	60%
Knowledge/ Understanding	20%
Thinking/Inquiry	10%
Communication	10%
TOTAL	100%

Course work	70%
Final Exam	30%

MISSED QUIZ, TEST, ASSIGNMENT, POLICY See student Agenda pp 12-13

ASSESSMENT AND EVALUATION POLICY See Student Agenda

HOMEWORK POLICY See Student Agenda

CLASSROOM EXPECTATIONS / ROUTINES