



Fr. Michael Goetz Secondary School COURSE OUTLINE

COURSE: Exercise Science

Code: PSE4U1

Course Fee: \$25.00

TEXT: Exercise Science

Replacement Cost: \$100

UNITS OF STUDY

1. Anatomy & Physiology
2. Biomechanics and Human Performance
3. Motor development
4. Physical Activity and Sport In Society
5. Independent Study

EVALUATION

Knowledge/ Understanding	30%
Thinking/Inquiry	20%
Communication	25%
Application	25%
TOTAL	100%

Course work	70%
Final Exam	30%

MISSED QUIZ, TEST, ASSIGNMENT, POLICY See student Agenda pp12-13

ASSESSMENT AND EVALUATION POLICY See Student Agenda

HOMEWORK POLICY See Student Agenda

CLASSROOM EXPECTATIONS / ROUTINES

COURSE FEE: The fee will be used to cover the expense of a class trip to either McMaster University or the Science Centre