

PHILIP POCOCK FOCUS COURSES

Below you will find a listing of the focus courses unique to Philip Pocock in each of the following areas:

Arts
Classical Studies
Health and Physical Education
Technological Studies

Interdisciplinary Studies
Other Courses

Arts Focus Courses

	<i>Grade 9</i>	<i>Grade 10</i>	<i>Grade 11</i>	<i>Grade 12</i>
Music - Guitar			AMG3O	AMG4M
Music - Vocal		AMV2O	AMV3M	AMV4M
Visual Arts - Photography		AWQ2O		
Music – Instrumental - Band	AMI1O	AMI2O	AMI3M AMI3O	AMI4M
Music – Beginner – Instrumental		AMI2OB		
Visual Arts – Beginner		AVI2OB		
Dramatic Arts - Beginner		ADA2OB		

Music – Instrumental – Band Grade 9 Open AMI1O

This Instrumental Music course emphasizes the performance of music at a level that strikes a balance between challenge and skill and is aimed at developing techniques, sensitivity, and imagination. Students will participate in creative activities that teach them to listen with understanding. They will also learn correct musical terminology and its appropriate use. Learning to play a band instrument is the primary objective used to meet curriculum expectations in this course. This course encompasses a performance-based program.

Music – Instrumental – Band Grade 10 Open AMI2O

This Instrumental Music course emphasizes performance of music at an intermediate level that strikes a balance between challenge and skill. Student learning will include participating in creative activities and listening perceptively. Students will also be required to develop a thorough understanding of the language of music, including the elements, terminology and history. Continuation of learning to play a band instrument is the primary objective used to meet curriculum expectations in this course. This course encompasses a performance-based program.

Prerequisite: AMI 101 or equivalent.

Prerequisite: Music, Grade 9 or 10, Open

Music – Guitar Grade 12 - University/College AMG 4M

This guitar course emphasizes the appreciation, analysis, and performance of music from the romantic period and the twentieth century, including art music, jazz, popular music, and Canadian and non-Western music. Students will concentrate on developing interpretive skills and the ability to work independently. They will also complete complex creative projects. This course encompasses a performance-based program.

Prerequisite: Music, Grade 11, University/College Preparation or Open

Music – Vocal Grade 10 - Open AMV 201

This vocal course emphasizes performance of music at an intermediate level that strikes a balance between challenge and skill. Student learning will include participating in creative activities and listening perceptively. Students will also be required to develop a thorough understanding of the language of music, including the elements, terminology, and history. This course encompasses a performance-based program.

Prerequisite: None

Music – Vocal Grade 11 University/College AMV301

This vocal course emphasizes the appreciation, analysis, and performance of music at an intermediate level that strikes a balance between challenge and skill and is aimed at developing technique, sensitivity, and imagination. Students will participate in creative activities that teach them to listen with understanding. This course encompasses a performance-based program.

Prerequisite: AMV201

Music – Vocal Grade 12 - University/College AMV4M

This vocal course emphasizes performance of music at an intermediate level that strikes a balance between challenge and skill and is aimed at developing technique, sensitivity, and imagination. Students will participate in creative activities that each them to listen with understanding. They will also learn correct musical terminology and its appropriate use. Learning to sing is the primary tool used to meet curriculum expectations in this course. This course encompasses a performance-based program.

Prerequisite: AMV301

Visual Arts – Photography Grade 10 - Open AWQ20

This course may be used as an art credit toward the compulsory diploma requirements. This course will develop students artistic skills by introducing them to photographic technologies and processes. Students learning will include the analysis appreciation and production of photographs using traditional and emergent technologies (computers, digital cameras, scanner). This course encompasses a studio/lab program that focuses on a balance between creativity and technique.

Prerequisite: None

Visual Arts – Grade 10 – Beginner – Open**AVI 20B**

This course emphasizes learning through practice: building on what students know and introducing them to new ideas, materials and processes for artistic thinking and experimentation. Student learning will include the refined application of the elements and principles of design, incorporating the creative and designed processes, and the relationship between form and content. Students will also learn about the connections between works of art and their historical contexts. Course objectives may be achieved either through a comprehensive program or through a program focused on a particular art form (e.g. drawing, painting.) **This course is designed for students with no previous experience in visual arts.**

Prerequisites: None**Dramatic Arts – Grade 10 – Beginner-Open****ADA 20B**

This course requires students to actively explore dramatic forms and techniques, using their own ideas and concerns as well as sources selected from a wide range of authors, genres, and cultures. Student learning will include identifying and using the principles of space, time, voice and movement in creating, sustaining, and communicating authentic roles within a drama. Students will assume responsibility for decisions made in the creation and presentation of the drama, and will analyze and reflect on the experience. **This course is designed for students with little or no experience in dramatic arts.**

Prerequisite: None

Classical Studies and International Languages Focus Courses

	<i>Grade 9</i>	<i>Grade 10</i>	<i>Grade 11</i>	<i>Grade 12</i>
Italian		LWIBD	LWICO	LWIDO
Italian		LWIBO	LWICU	LWIDU

International Languages – Italian – Grade 10 – Academic**LWIBD**

This course introduces students to language elements they will need to begin to communicate with native speakers. Students will participate in practical activities in which they can apply their knowledge and skills, and will begin to explore careers that require knowledge of the language of study. They will explore aspects of the culture of countries where the language under study is spoken, including social customs, music, and food, by participating in cultural events and activities involving both print and technological resources. This course allows students to work towards a Certificate in Italian Studies.

Prerequisite: None

International Languages – Italian – Grade 10 - Open**LWIBO**

This course provides students with opportunities to further develop their oral communication skills in the language of study, increase their confidence in using the language in practical situations, and continue to investigate related career opportunities. Students will be involved in activities that promote the use of the language in real-life situations. They will also continue their exploration of the culture of countries where the language under study is spoken. Although students will continue to expand their vocabulary and repertoire of language structures, the language they will use at this level will still be simple. This course allows students to work towards a Certificate in Italian Studies.

Prerequisite: None**International Languages – Italian – Grade 11 – Open****LWICO**

This course provides students with opportunities to further develop their oral communication skills in the language of study, increase their confidence in using the language in practical situations, and continue to investigate related career opportunities. Students will be involved in activities that promote the use of the language in real-life situations. They will also continue their exploration of the culture of countries where the language under study is spoken. Although students will continue to expand their vocabulary and repertoire of language structures, the language they will use at this level will still be simple. This course allows students to work towards a Certificate in Italian Studies.

Prerequisite: Level 2 International Languages, Academic or Open**International Languages – Italian – Grade 11 – University****LWICU**

This course offers students opportunities to further develop their knowledge of the international language and to enhance their communication skills. Students will use increasingly sophisticated language in a variety of activities that will enable them to speak and write with clarity and accuracy. Students will also enhance their thinking skills through the critical study of literature, and continue to explore aspects of the culture of countries where the language is spoken through a variety of print and technological resources. This course allows students to work towards a Certificate in Italian Studies.

Prerequisite: International Languages, Level 2, Academic**International Languages – Italian – Grade 12 – Open****LWIDO**

This course provides students with opportunities to consolidate the language skills required for effective communication in business and personal contexts. Students will use a variety of print and technological resources that will promote their ability to apply the language in practical situations, and will engage in activities such as writing memos, reading articles, and applying conversational skills in business contexts. They will also add to their knowledge of the culture of countries where the language is spoken by using resources from the local and

international community. Upon completion of the 3 year program, students receive a Certificate in Italian Studies.

Prerequisite: International Languages, Level 3, University Preparation or Open

International Languages – Italian – Grade 12 – University

LWIDU

This course prepares students for university studies in the international language. Students will enhance their ability to use the language with clarity and precision, and will develop the language skills needed to engage in sustained conversations and discussions, understand and evaluate information, read diverse materials for both study and pleasure, and write clearly and effectively. Students will also have opportunities to add to their knowledge of the culture of countries where the language is spoken through the use of community resources and computer technology. Upon completion of the 3 year program, students receive a Certificate in Italian Studies.

Prerequisite: International Languages, Level 3, University Preparation

Health and Physical Education Focus Courses

	<i>Grade 9</i>	<i>Grade 10</i>	<i>Grade 11</i>	<i>Grade 12</i>
Personal and Fitness Activities		PAF2OF PAF2O		PAF4O
Large Group Activities		PAL2OH	PAL3O	PAL4O PAL4OB

Personal and Fitness Activities – Grade 10 – Open – Weight Training PAF2O

This course emphasizes regular participation in a variety of enjoyable physical activities that promote lifelong healthy active living. Student learning will include the application of movement principles to refine skills; participation in a variety of activities that enhance personal competence, fitness, and health; examination of issues related to healthy sexuality, healthy eating, substance use and abuse; and the use of informed decision-making, conflict resolution, and social skills in making personal choices.

Prerequisite: None

Personal and Fitness Activities – Grade 11 – Open – Girls Only PAF2OF

Challenge yourself to a vigorous daily workout while learning the scientific foundation of exercise. Through a variety of aerobic and weight training activities, students will improve their personal fitness. Develop your own program to gain strength, tone muscle and enhance appearance, safety, training techniques, anatomy and nutrition will be important topics discussed in the course. This course helps students to meet the Ontario Catholic Graduate Expectations by enabling each person to become a self-directed, responsible, life long learner who participates in leisure and fitness activities for a balanced and healthy lifestyle. *Several off-campus activities are planned for which there will be a fee to cover the cost of transportation, facility and equipment rental and professional instructions.*

Prerequisite: None

Personal and Fitness Activities – Grade 12 – Open – Weight Training PAF40

This course emphasizes regular participation in a variety of enjoyable physical activities that promote lifelong healthy active living. Student learning will include the application of movement principles to refine skills; participation in a variety of activities that enhance personal competence, fitness, and health; examination of issues related to healthy sexuality, healthy eating, substance use and abuse; and the use of informed decision-making, conflict resolution, and social skills in making personal choices.

Prerequisite: None

Large Group Activities – Open – Hockey PAL20H

This large group activity has a hockey focus. Particular attention will be paid to the technical and tactical components of hockey. Technical components include: skating, passing, shooting etc. Tactical components include offensive and defensive strategies as they pertain to hockey. Physical conditioning and weight training will also be incorporated into this course. Health topics will focus on fitness, nutrition and anatomy. *Students will be required to pay an activity fee to cover the cost of ice rental. Prior hockey/skating experience is highly recommended.*

Prerequisite: None

Large Group Activities – Grade 11 – Open – On Campus PAL301

This course focuses on the development of a healthy lifestyle and participation in a variety of enjoyable physical activities that have the potential to engage students' interest throughout their lives. Students will be encouraged to develop personal competence in a variety of movement skills and will be given opportunities to practice goal-setting, decision-making, social, and interpersonal skills. Students will also study the components of healthy relationships, reproductive health, mental health, and personal safety.

Prerequisite: None

Large Group Activities – Grade 12 – Open PAL40

This course focuses on the development of a personalized approach to healthy active living through participation in a variety of sports and recreational activities that have the potential to engage students' interest throughout their lives. Students will develop and implement personal physical fitness plans. In addition, they will be given opportunities to refine their decision making, conflict-resolution, and interpersonal skills, with a view to enhancing their mental health and their relationships with others.

Prerequisite: None

Large Group Activities – Open – Football

PAL40B

The emphasis of the health and physical education program is on physical activity. This Large Group Activity has a football focus. Particular attention will be paid to the technical and tactical components of football. Technical components include: running, passing, tackling, blocking, etc.

Tactical components include offensive and defensive strategies as they pertain to football. Physical conditioning and weight training will also be incorporated into the course.

Leadership is a key component of the course. Each student will be expected to log leadership hours in areas such as coaching and refereeing. Health topics will focus on fitness, nutrition and anatomy.

Prerequisite: None

Technological Studies

	<i>Grade 9</i>	<i>Grade 10</i>	<i>Grade 11</i>	<i>Grade 12</i>
Hairstyling and Aesthetics Pathway		TXJ201		

Hairstyling and Aesthetics Pathways

TXJ 20

This course provides students with opportunities to learn techniques in hairstyling and aesthetics that meet industry standards, using appropriate materials and equipment. Students identify trends in the hairstyling and aesthetics industry, describe scientific and physical processes used in beauty services, learn to respect environmental, health and safety laws, and explore career opportunities. It is required that students practice their skills on mannequins or live models. They will also gain an awareness of the entrepreneurial skill required to own and operate a salon. Further, this course equips students with skills they can apply in a cooperative education placement with an employer, and it will assist students directly for the work environment from secondary education.

Prerequisite: None

Interdisciplinary Studies Courses

	Grade 9	Grade 10	Grade 11	Grade 12
Sports and Entertainment Management				IDC40
Yearbook Course			IDC30	IDC4UY

Sports and Entertainment Management – Grade 12- Open

IDC40

The Sports and Entertainment Marketing course is designed to apply marketing principles and processes to the sports and entertainment industry. Students will learn about one of the most exciting-competitive businesses in the world. They will learn the function of marketing and how those functions are applied to sports and entertainment. The sports segment will include professional and amateur sports. The entertainment segment will include movies, theatre and music. The recreation segment will include the marketing of recreational facilities and activities.

Prerequisites: None

Yearbook Part I – Grade 11 – Open

IDC30

This is a course that will enable students to develop, design and produce the Philip Pocock Catholic Secondary School Yearbook. Areas explored will include the marketing and selling of advertisements and specialty pages, graphically plotting each page of the publication, proof reading, determining theme and all other aspects involved in the creation and distribution of this important book of memories.

Prerequisite: Interview

Yearbook Part II – Grade 12 – University

IDC4UY

This course will help students further develop and consolidate the digital design and writing skills required for the production of a school yearbook. Students will use the knowledge of different subjects and disciplines to solve problems, make decisions create personal meaning, and present findings beyond the scope of a single subject or discipline. Students will apply the principles and processes of inquiry and research to effectively use a range of print, electronic, and mass media resources that will culminate in the production of the school yearbook suitable for publishing in a variety of formats i.e. hard copy, CD/DVD, web publishing.

Note: IDC30 and IDC4UY must be taken together as a 2 credit package program over two semesters. IDC30 must be taken in the second semester. Prerequisite for this two credit package: Must have or be taking ENG3U1 during semester 1.

Recommended background: Any course successfully completed from Media Arts, Communication Technology, or Photography. As well as solid computer, organizational and design skills as assessed by the associate teacher.