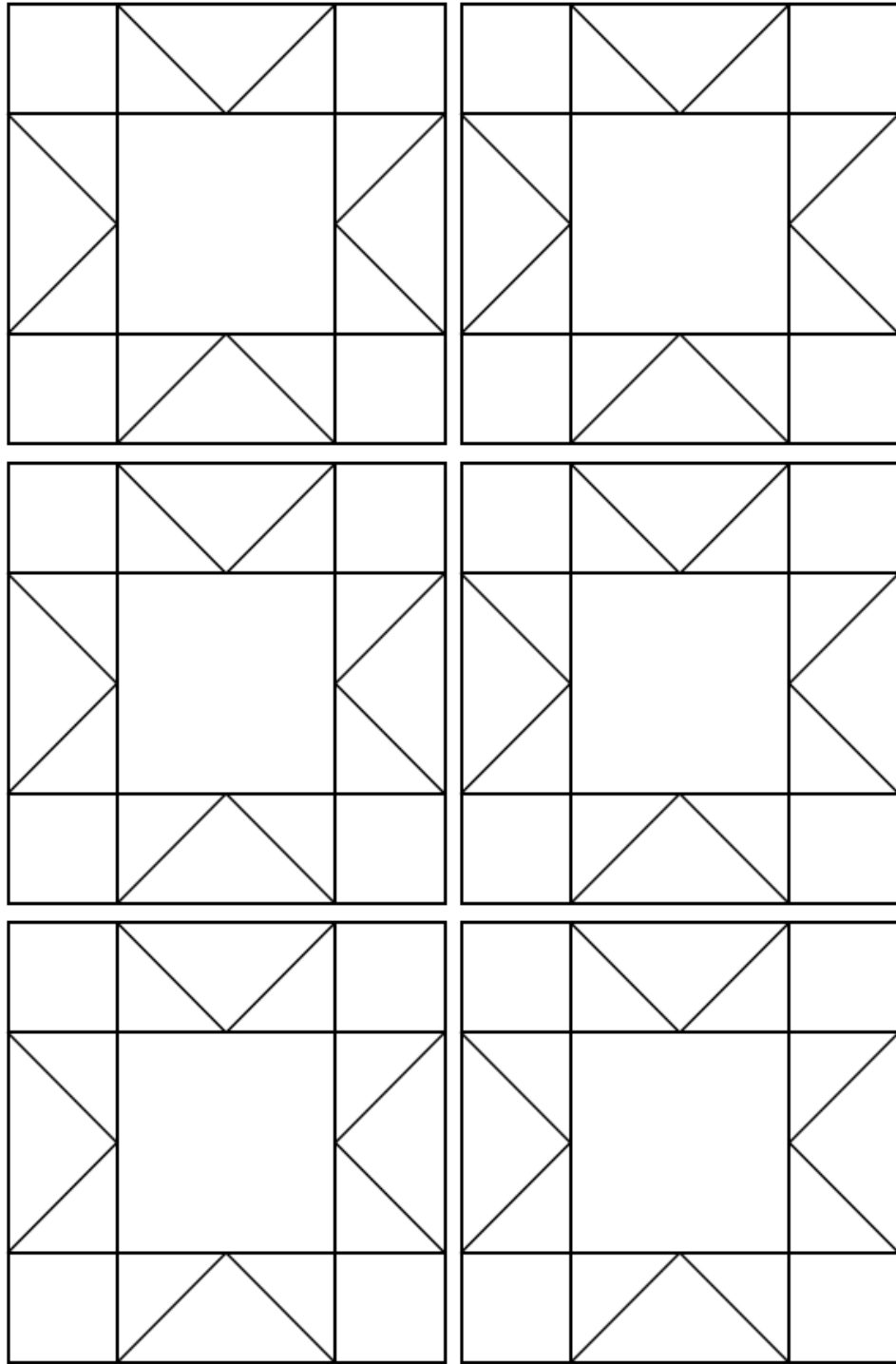
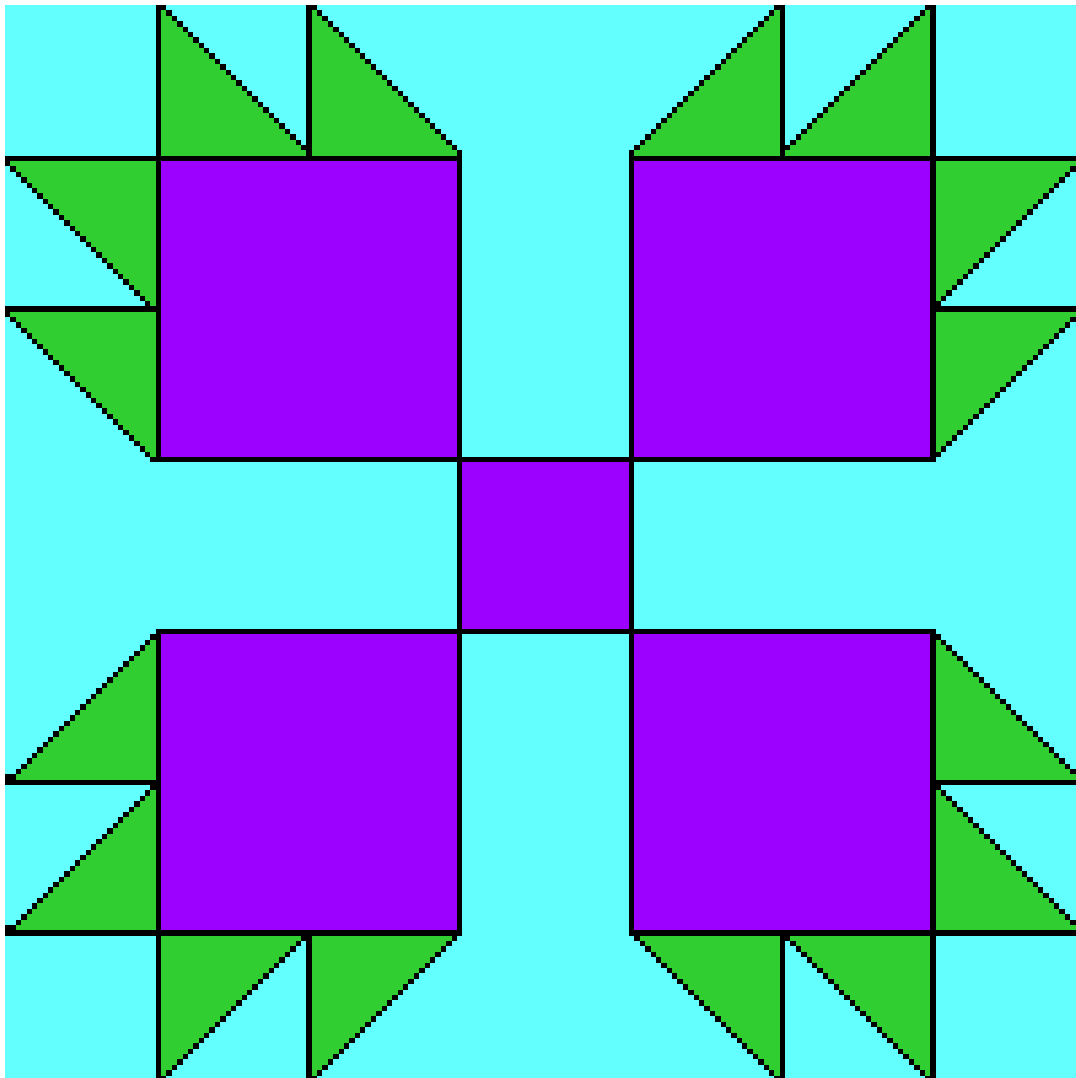


The North Star Quilt



The Bear's Paw Quilt Block



Slaves on their journey to freedom were told to follow the bear's trails over the Appalachian mountain range. Bears knew routes through the mountains and bears knew where to find water and fish for food.

The Bear's Paw

To make this quilt block, you will need:

Construction paper, wallpaper, scrap-booking paper or wrapping paper in 3 different colours

One 7 X 7 grid One 7 X 7 strip template

Scissors

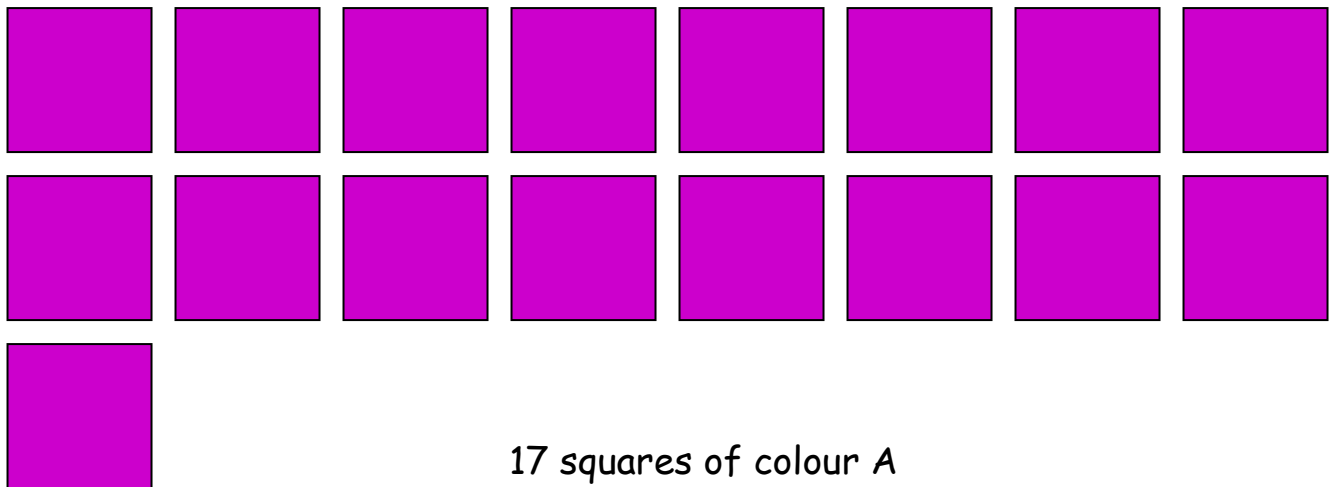
Ruler

White glue or glue stick



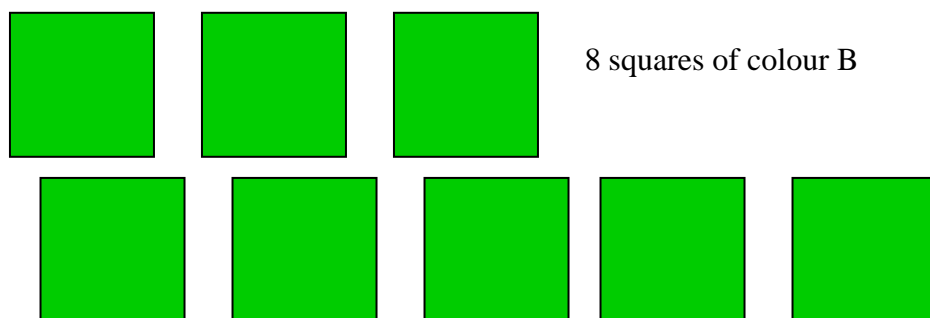
Step 1.

Use your 7 X 7 strip template to cut

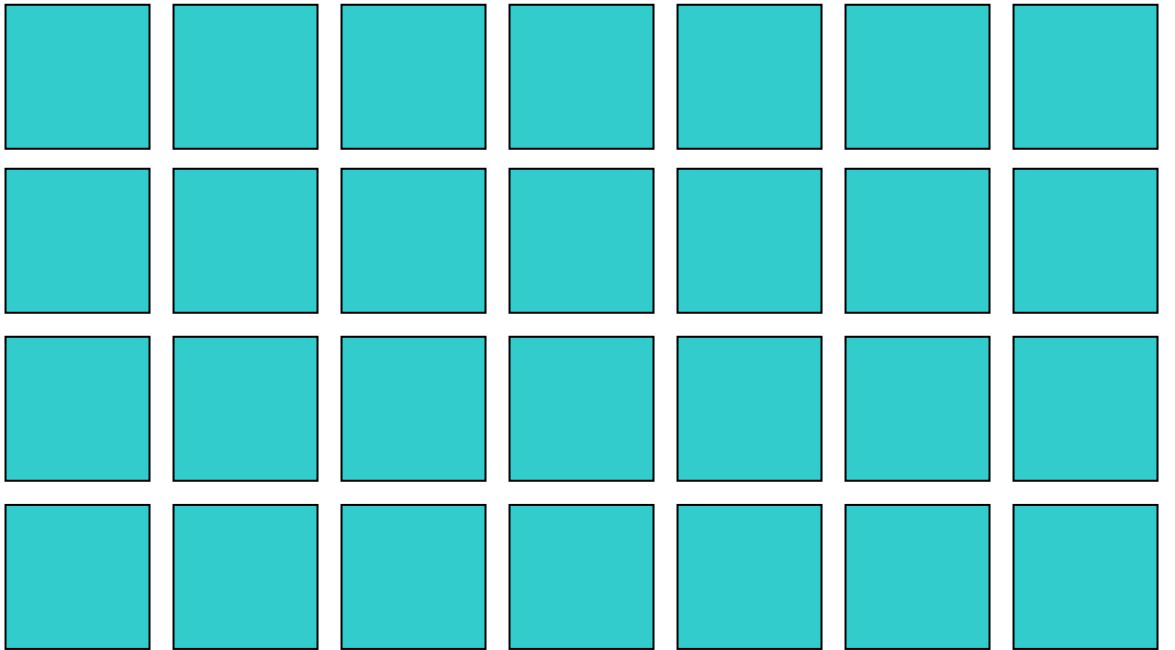


Step 1 (continued).

Use your 7 X 7 strip template to cut the correct number of strips of paper to make:



Use your 7 X 7 strip template to cut the correct number of strips of paper to make:



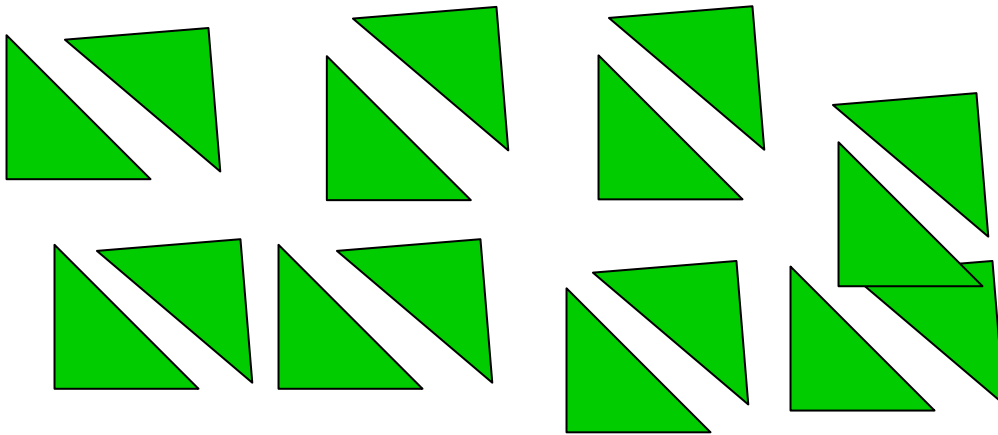
24 squares of colour C

Step 2.

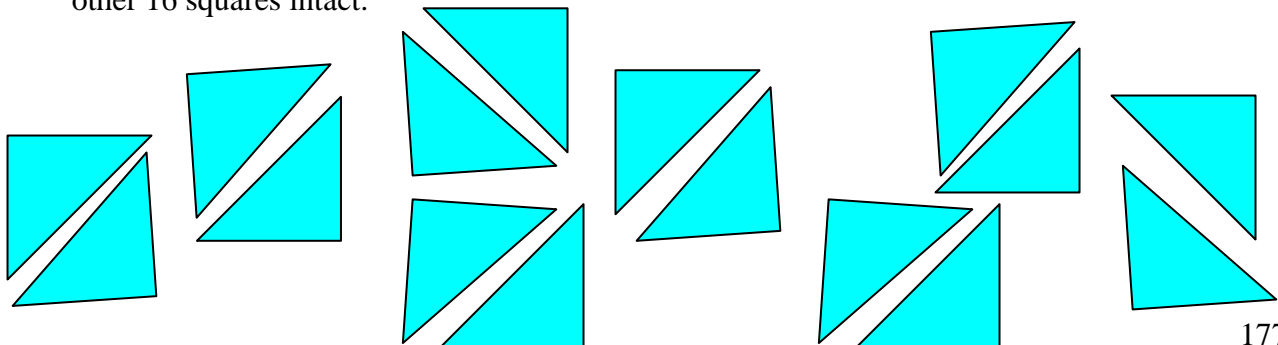
Lay out the 7 X 7 grid.

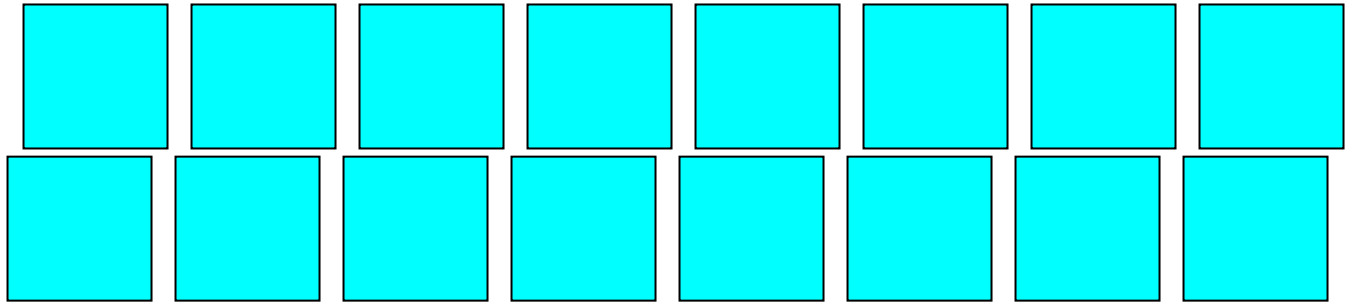
Step 3.

Cut all 8 squares of colour B along the diagonal to make 16 right triangles.

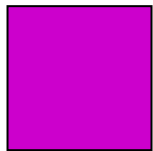
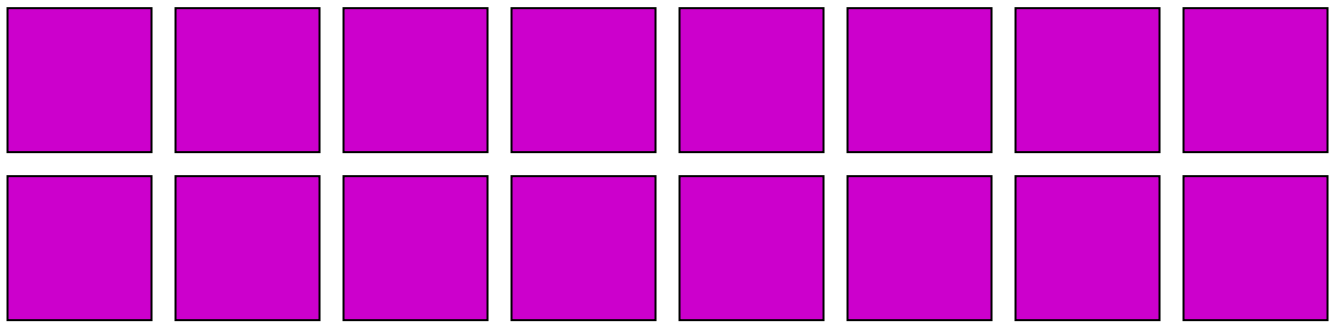


Cut 8 squares of colour C along the diagonal to make 16 right triangles in total. Leave the other 16 squares intact.

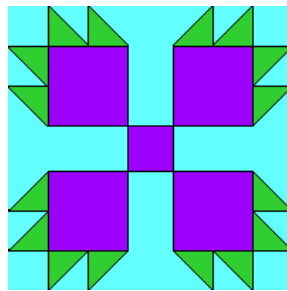




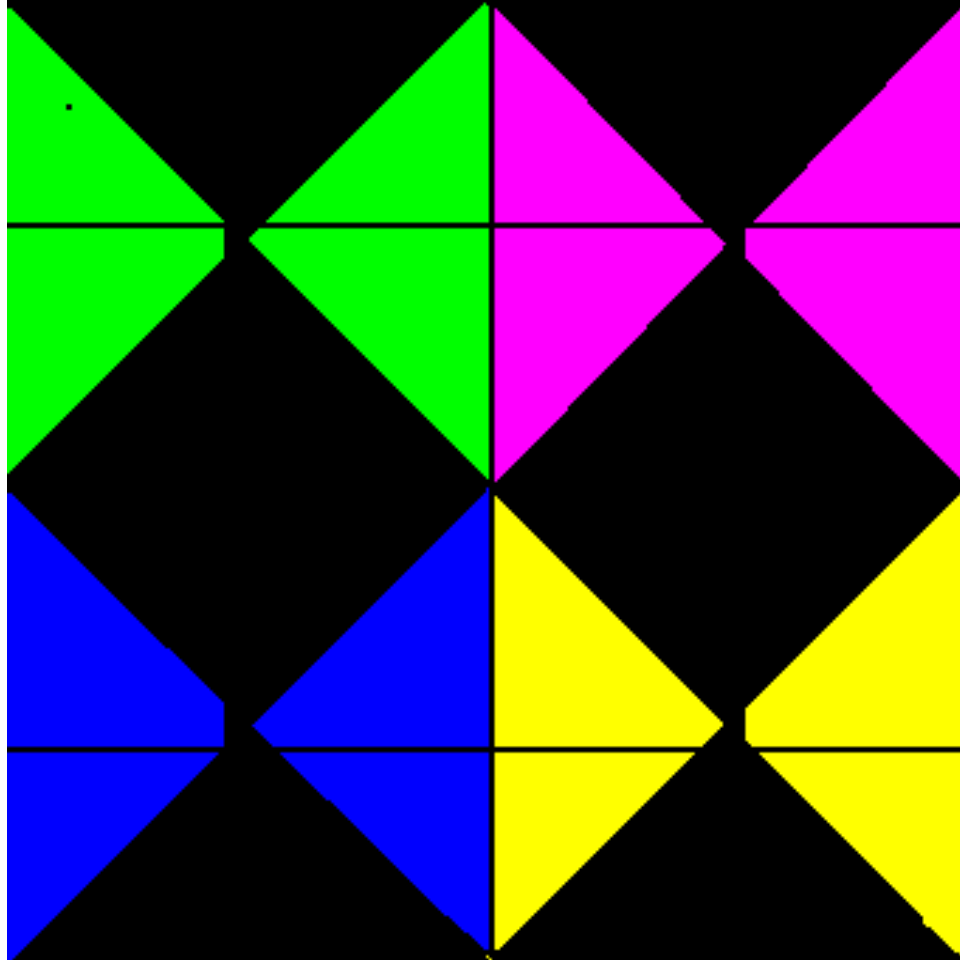
Leave all 17 squares of colour A intact.



Glue the triangles on the 7 X 7 grid to produce this pattern: Bear's Paw



The Bow Ties Quilt Block



Runaway slaves needed to wear new clean clothes so they would look like free blacks who lived in the north. They may have been hidden in a church until it was time for the next part of their journey.

The Bow Ties

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 5 different colours

One 4 X 4 grid

One 4 X 4 strip template

Scissors

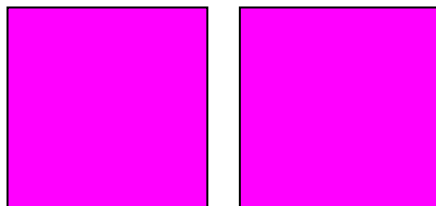
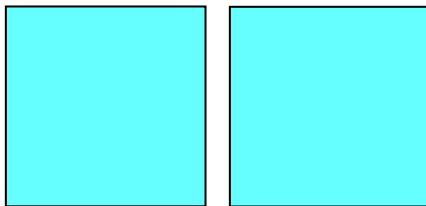
Ruler

White glue or glue stick

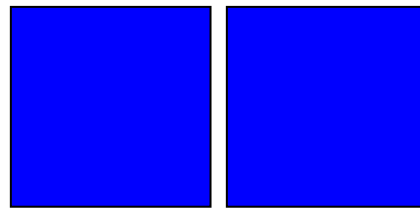
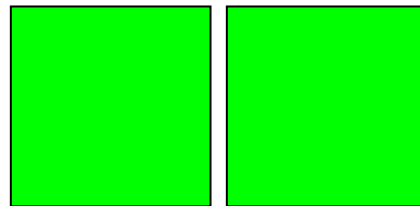


Step 1.

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



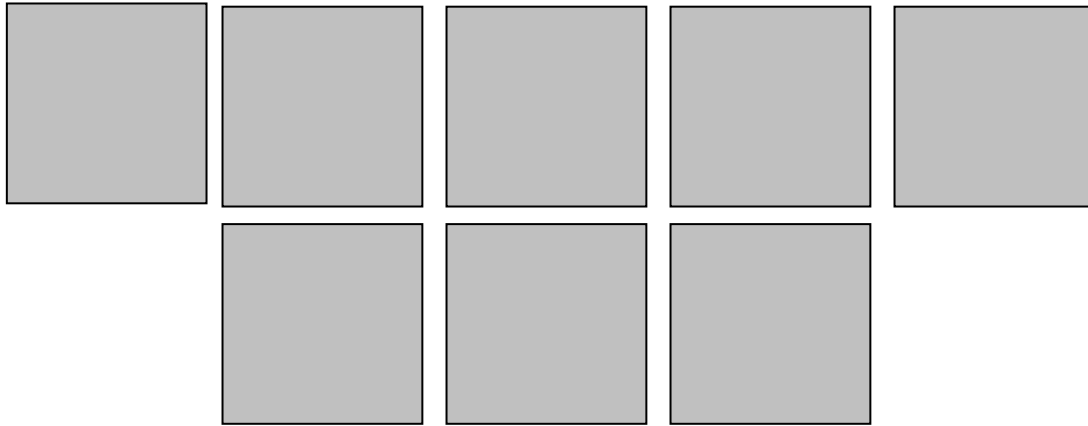
2 squares colours A and B



2 squares colours C and D

Step 1 (continued).

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



8 squares of colour E

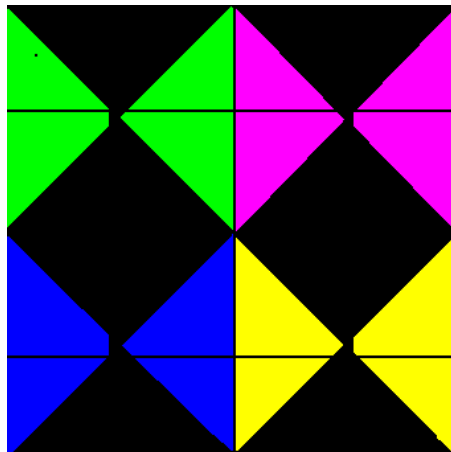
Step 2.

Cut all squares of each colour along the diagonal as shown:

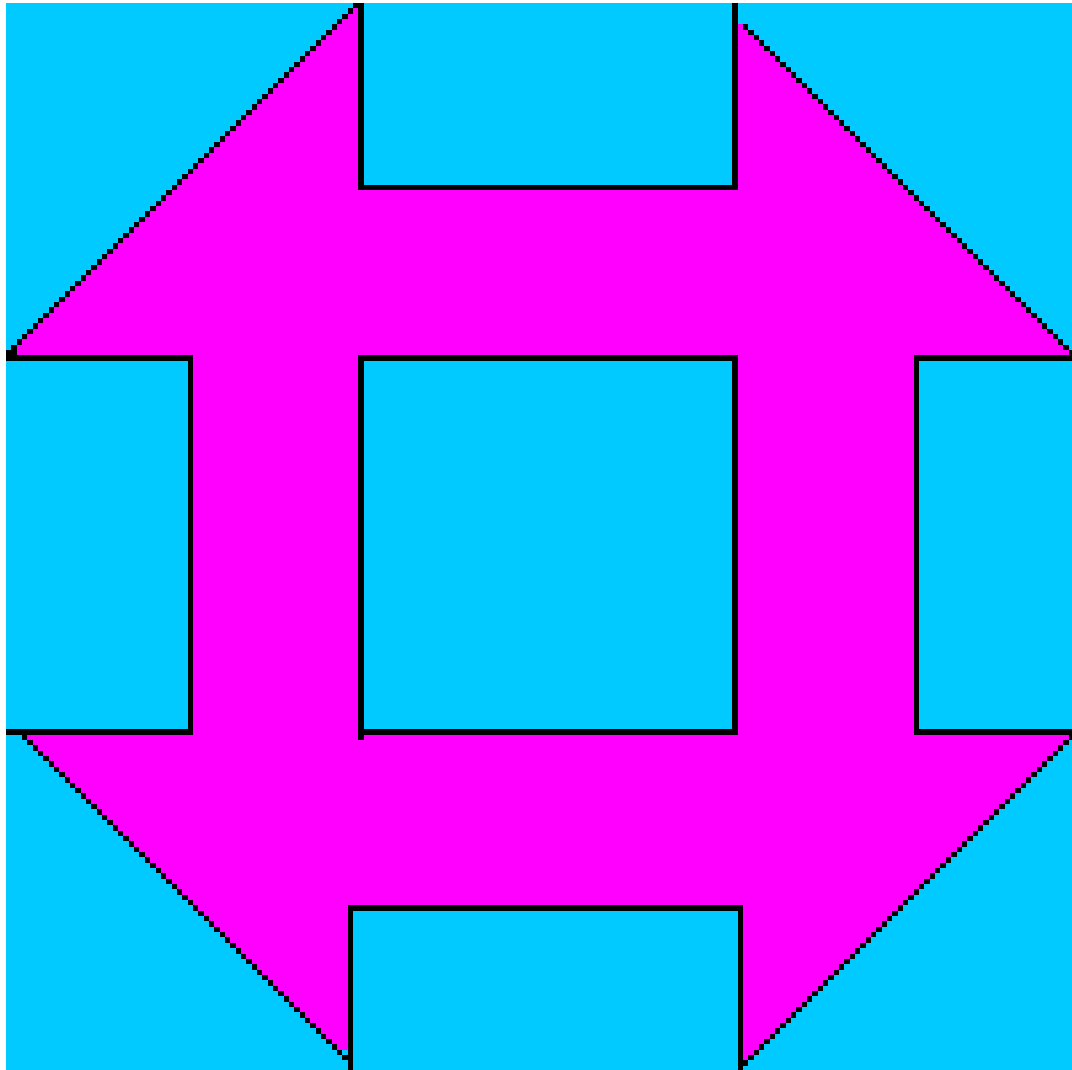


Step 3. Lay out the 4 X 4 grid.

Step 4. Glue the triangles on the 4 X 4 grid to produce this pattern: The Bow Ties.



The Monkey Wrench Quilt Block



When slaves saw a quilt made of Monkey Wrench block patterns they were being given a signal to get ready if they were planning to escape to the north. The Monkey Wrench told slaves to gather their 'tools.'

The Monkey Wrench

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 2 different colours

One 3 X 3 grid

One 3 X 3 strip template

Scissors

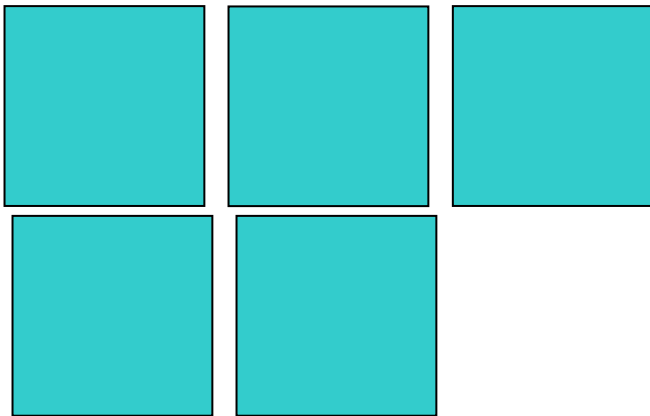
Ruler

White glue or glue stick

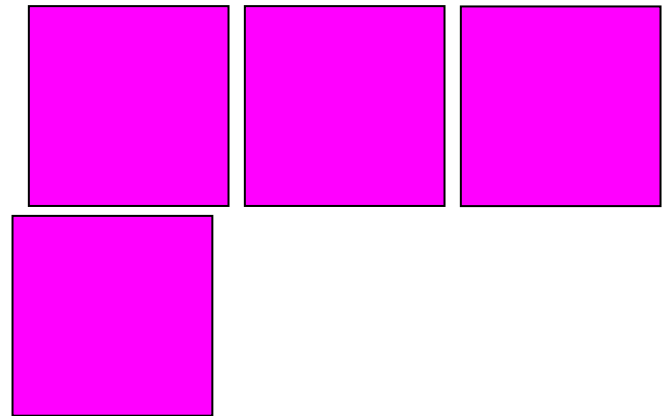


Step 1.

Use your 3 X 3 strip template to cut the correct number of strips of paper to make:



5 squares colour A



4 squares colour B

Step 2.

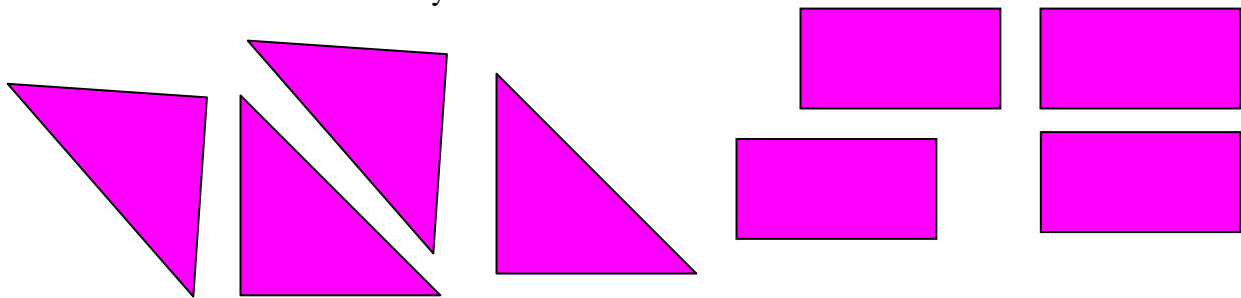
Lay out the 3 X 3 grid.

Step 3. Cut 2 squares of colour A along the diagonal to make 4 right triangles in all. Cut 2 squares of colour A in half horizontally. Leave one square uncut.

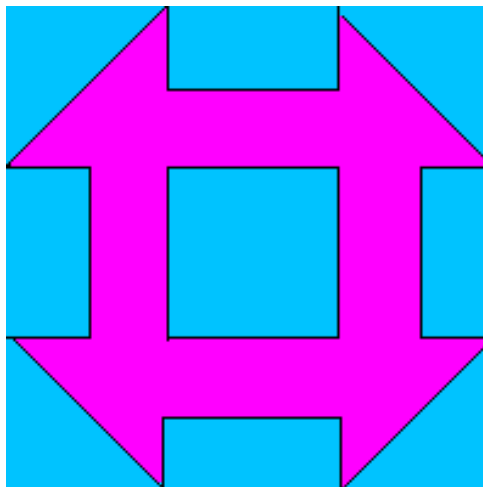


Step 4.

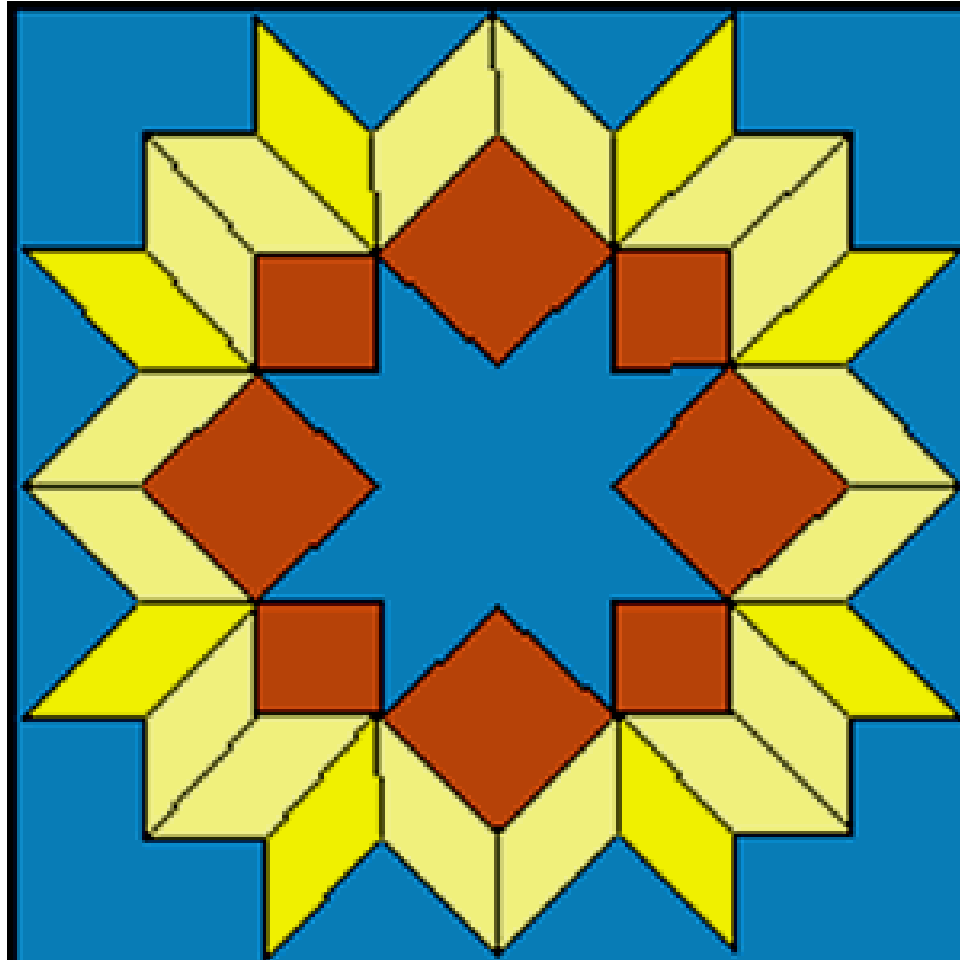
Cut 2 squares of colour B along the diagonal to make 4 right triangles. Cut the other 2 squares of colour B in half horizontally.



Step 5. Glue the rectangles and triangles on the grid to produce this pattern: The Monkey Wrench.



The Wagon Wheel Quilt Block



The wagon wheel pattern was the second quilt to be displayed on the fence as a signal which alerted slaves to pack up the supplies they would need on their journey to survive as if they were packing up a wagon.

The Wagon Wheel

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 4 different colours

One 4 X 4 grid

One 4 X 4 strip template

Scissors

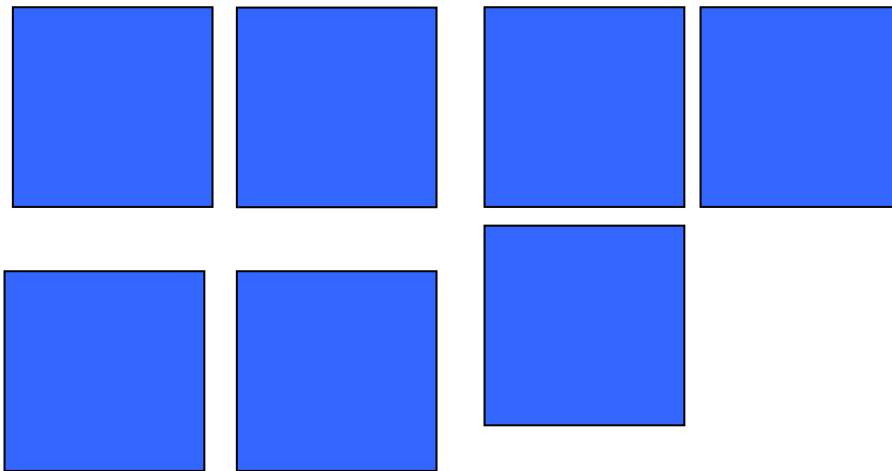
Ruler

White glue or glue stick



Step 1.

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



7 squares colours A

Step 2.

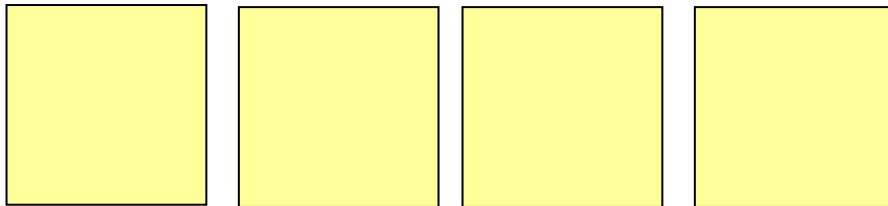
Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



3 squares of colour B

Step 3.

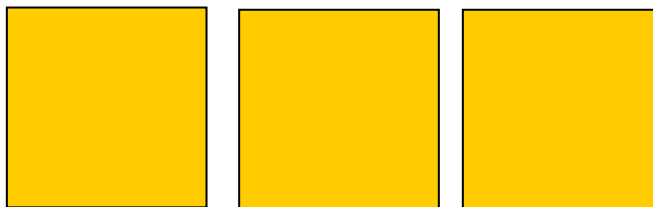
Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



4 squares of colour C

Step 4.

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



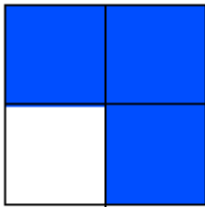
3 squares of colour D

Step 5.

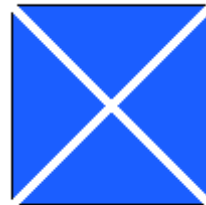
Lay out the 4 X 4 grid.

Step 6.

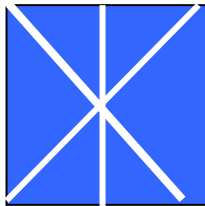
Cut the appropriate number of squares of colour A along the fold lines shown to make the appropriate shapes:



Cut 4 squares like this.

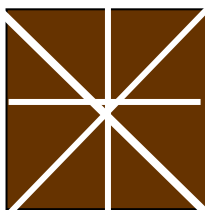


Cut 2 squares like this.

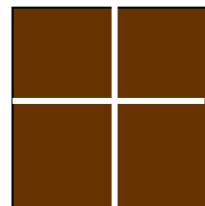


Cut 1 square like this.

Step 7....Cut the appropriate number of squares of colour B along the fold lines shown to make the appropriate shapes:

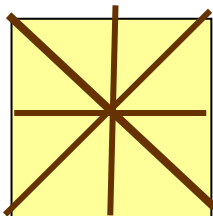


Cut 3 squares like this.

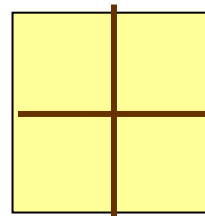


Cut 3 squares like this.

Step 8....Cut the appropriate number of squares of colour C along the fold lines shown to make the appropriate shapes:

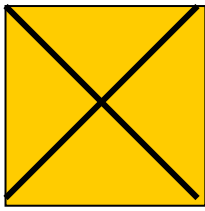


Cut 2 squares like this.

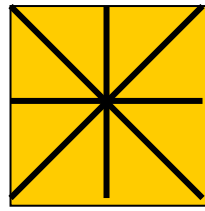


Cut 1 square like this.

Step 9....Cut the appropriate number of squares of colour D along the fold lines shown to make the appropriate shapes:

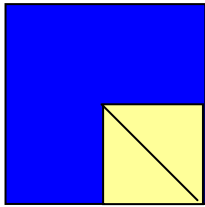


Cut 2 squares like this.

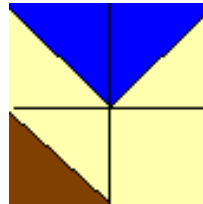


Cut 1 square like this.

Step 10...Make the following squares:



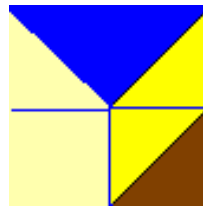
Make 4 squares like this.



Make 4 squares like this.

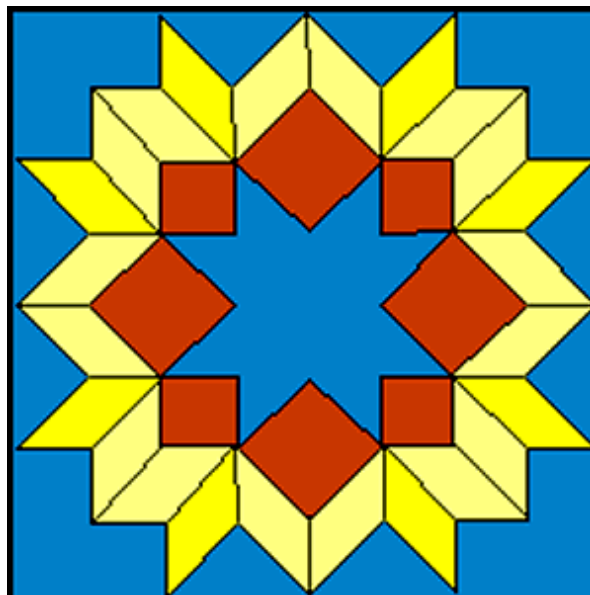


Make 4 squares like this.

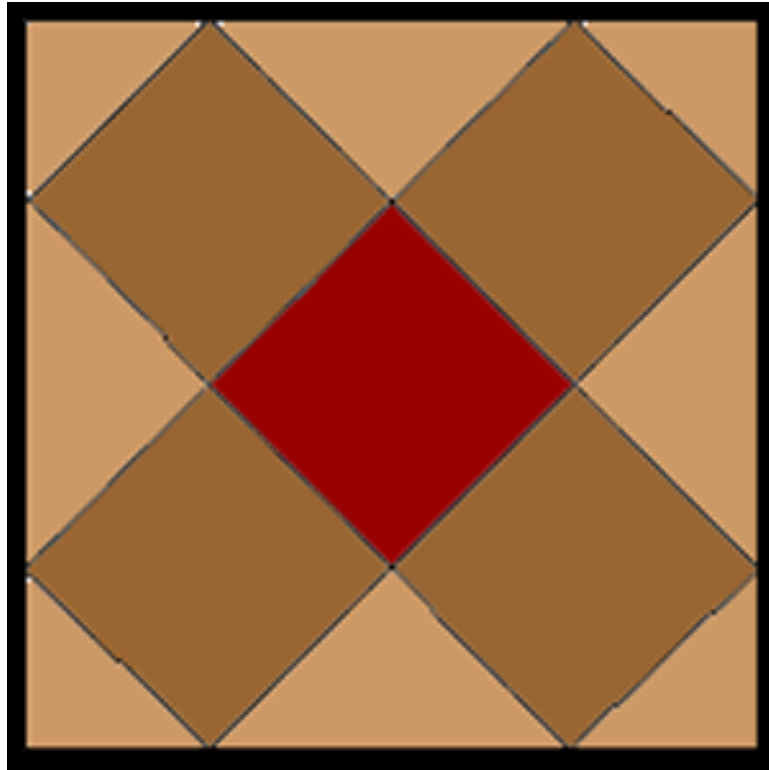


Make 4 squares like this.

Glue the triangles on the 4 X 4 grid to produce this pattern: The Wagon Wheel.



The Crossroads Quilt Block



In the code, the crossroads was Cleveland, in the free state of Ohio. Cleveland was the place where many overland trails began; from here travelers could chose from 4 or 5 different paths to Canada. Special preparations may have been needed to be made before the next part of the journey to Canada began.

The Crossroads

To make this quilt block, you will need:

Construction paper, wallpaper, scrap-booking paper or wrapping paper in 3 different colours

One 4 X 4 grid

One 4 X 4 strip template

Scissors

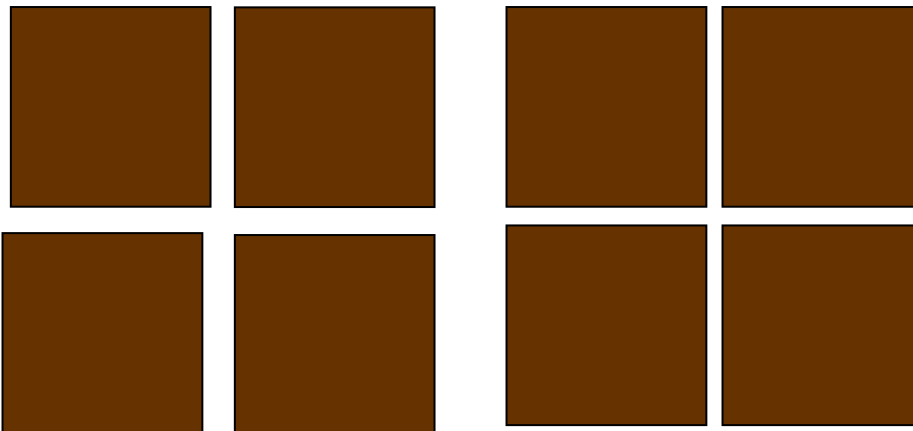
Ruler

White glue or glue stick



Step 1.

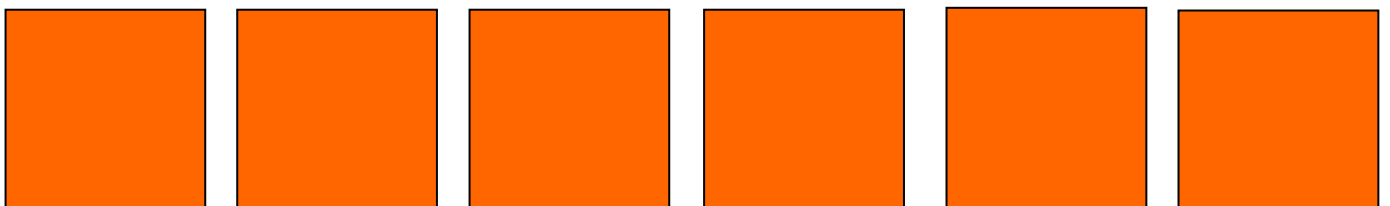
Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



8 squares Colour

Step 2.

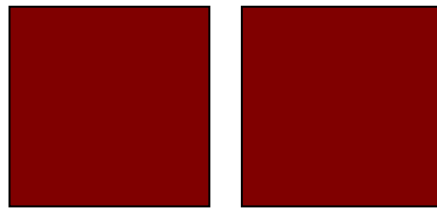
Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



6 squares of colour B

Step 3.

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:

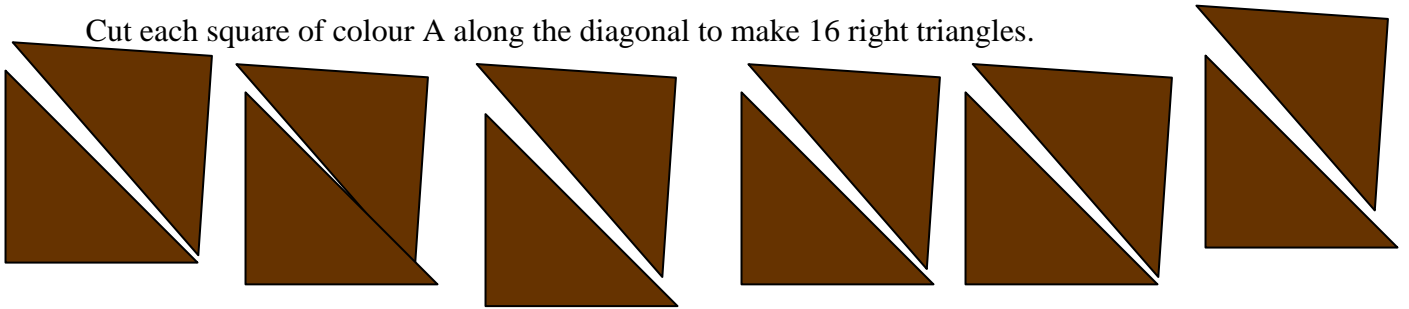


2 squares of colour C

Step 4...Lay out the 4 X 4 grid.

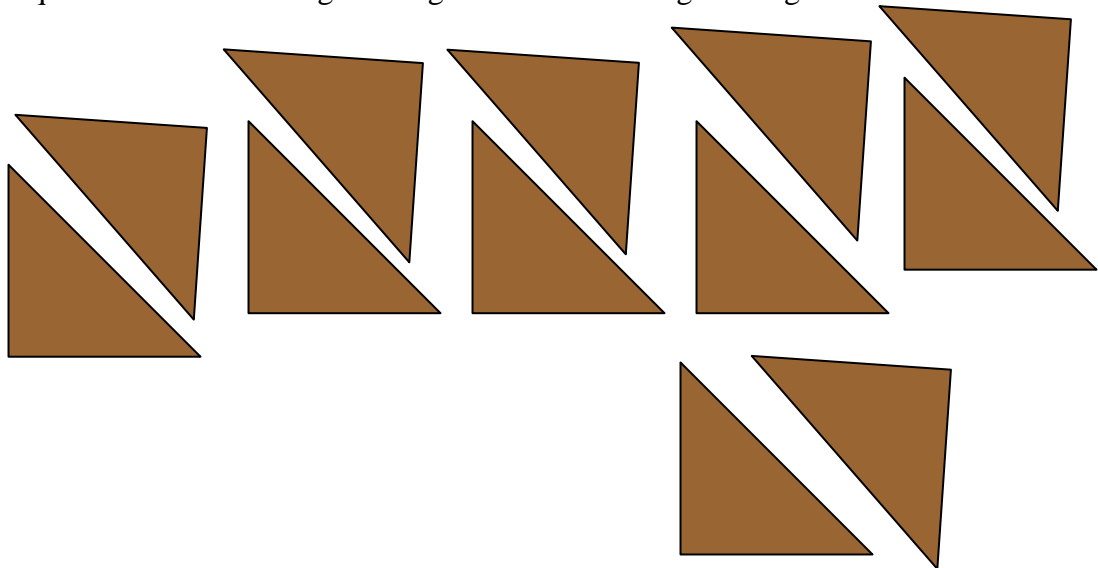
Step 5.

Cut each square of colour A along the diagonal to make 16 right triangles.



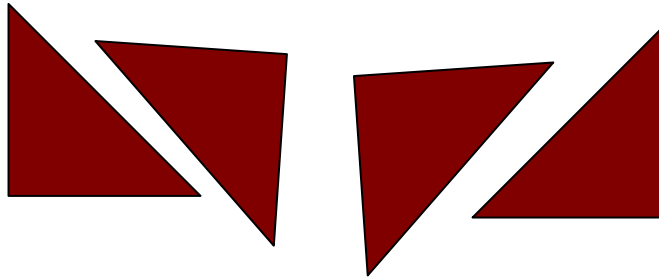
Step 5.

Cut each square of colour B along the diagonal to make 12 right triangles.



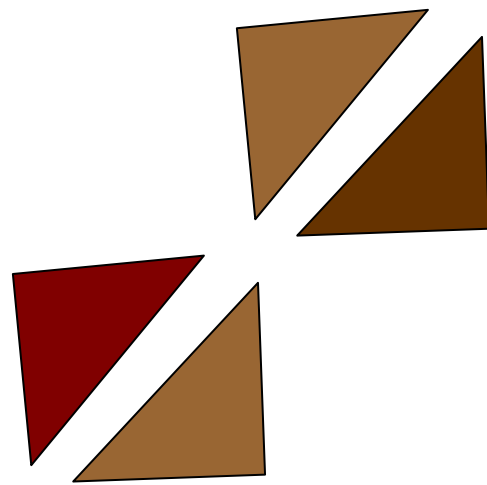
Step 6.

Cut each square of colour C along the diagonal to make 4 right triangles.



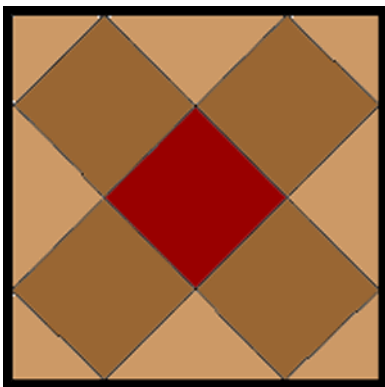
Step 7.

Assemble 12 squares with this configuration:



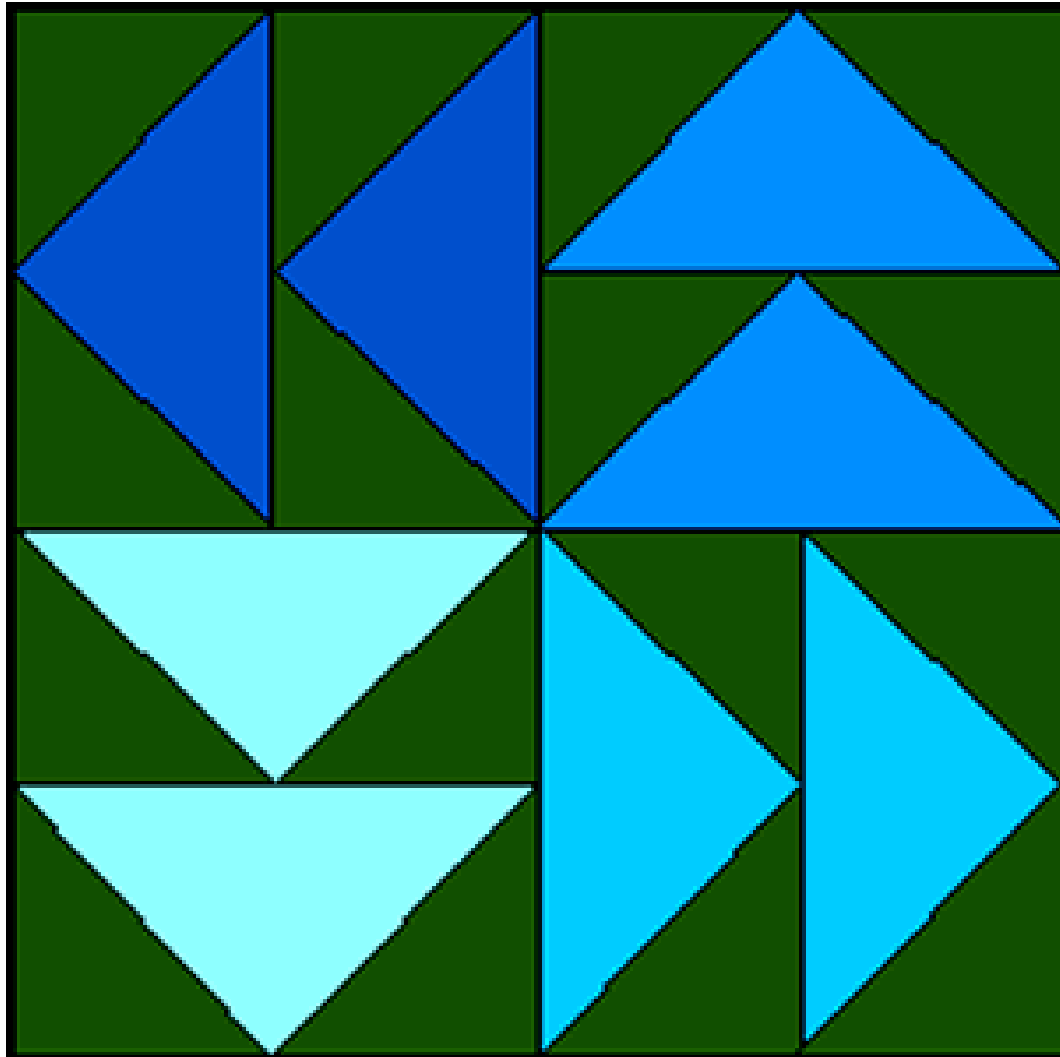
Assemble 4 squares with this configuration:

Step 7.

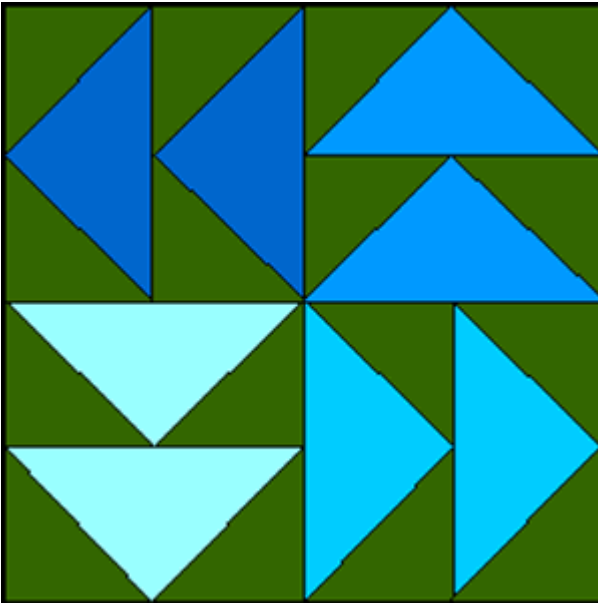


Glue the squares on the 4 X 4 grid to produce this pattern: The Crossroads.

The Flying Geese Quilt Block



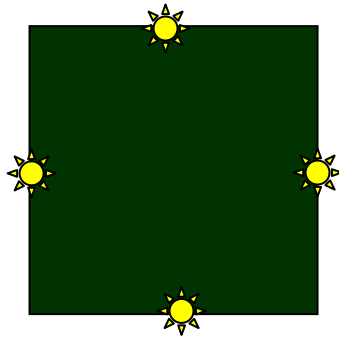
Geese fly north in the springtime and their flight path could tell the travelers which direction they were heading.



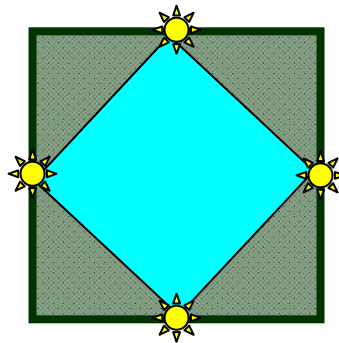
To make this quilt block, you will need 8 squares in total.

For the background, you will need four 10cm X 10 cm squares

For the 'geese' formation you will need 4 squares, each a different colour. To find the measurement of this square, lay one background square flat. Use a ruler to find the centre of each side as shown.



Join these points to form a square.



The Flying Geese

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 5 different colours

One 4 X 4 grid

One 4 X 4 strip template

Scissors

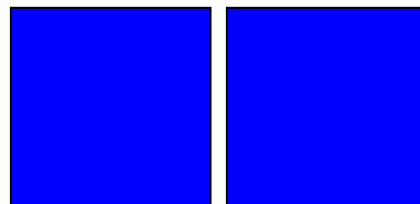
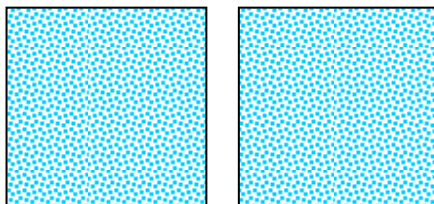
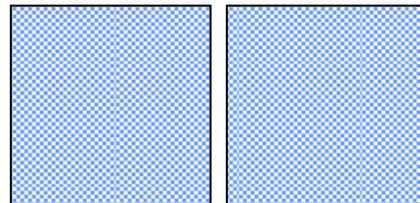
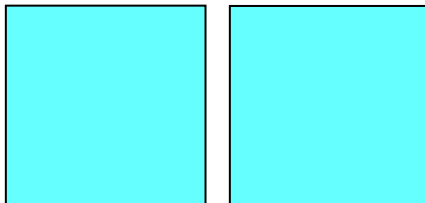
Ruler

white glue or glue stick



Step 1.

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:

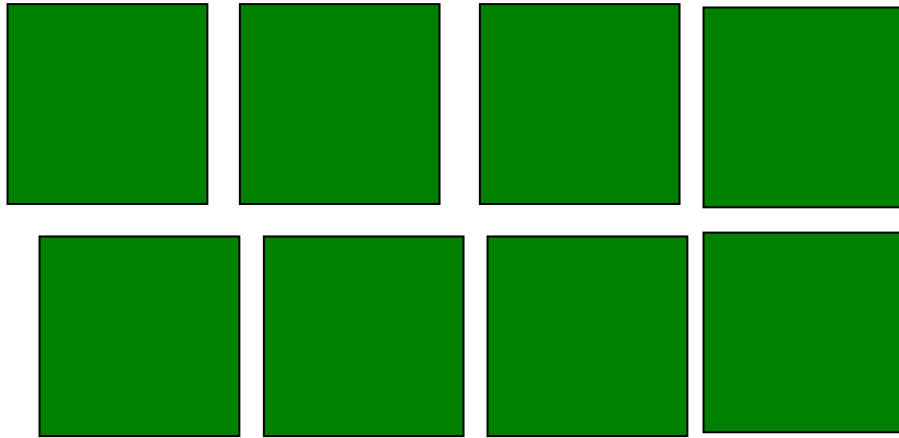


2 squares colours A and B

2 squares colours C and D

Step 1 (continued).

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



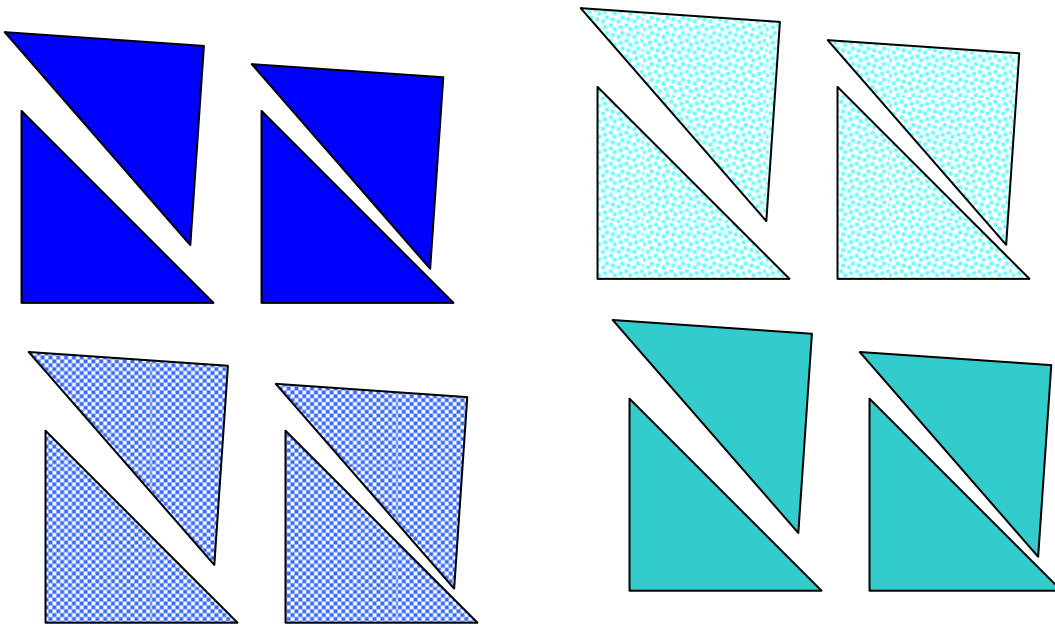
8 squares of colour E

Step 2.

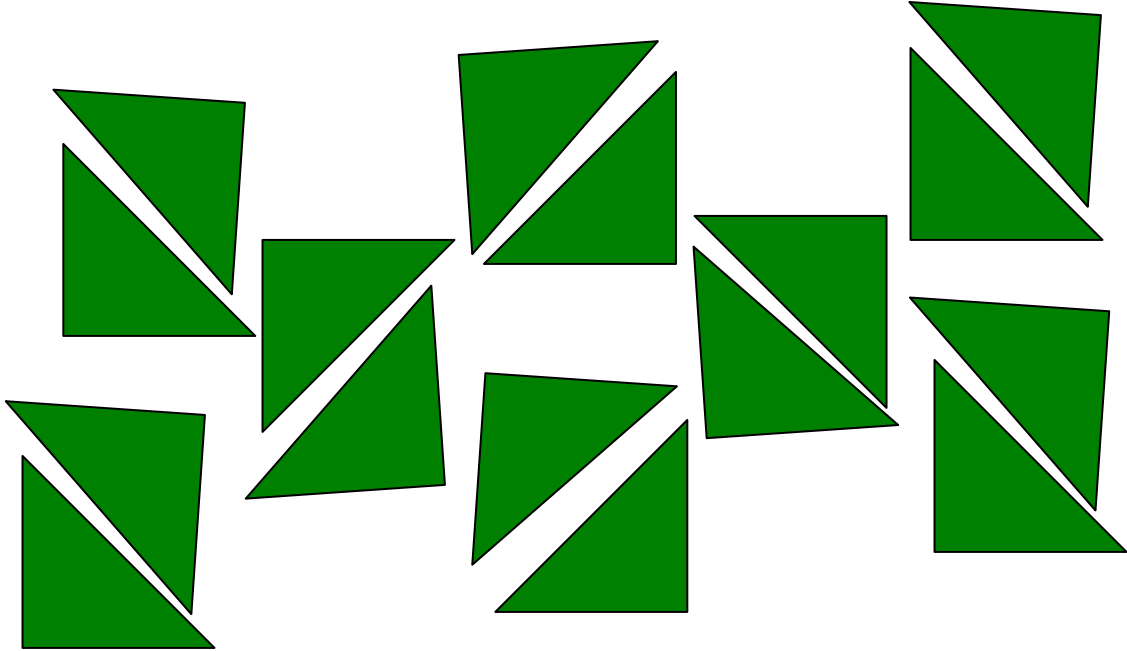
Lay out the 4 X 4 grid.

Step 3.

Cut each square of colour A, B, C and D along the diagonal to make 4 right triangles of each colour.

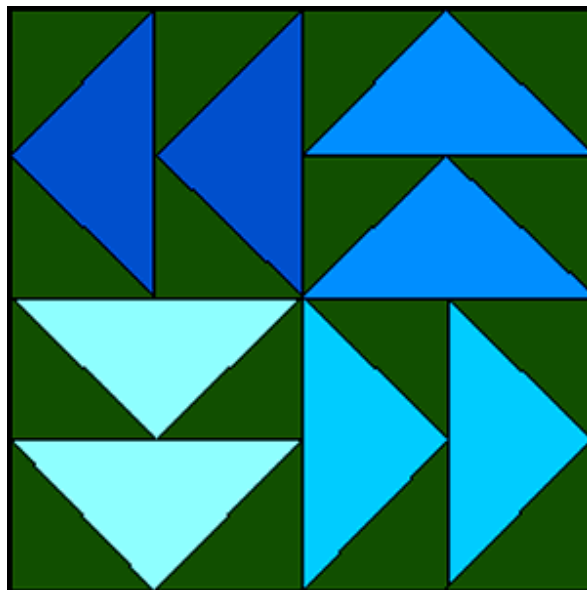


Cut all 8 squares of colour E along the diagonal to make 16 right triangles in total.

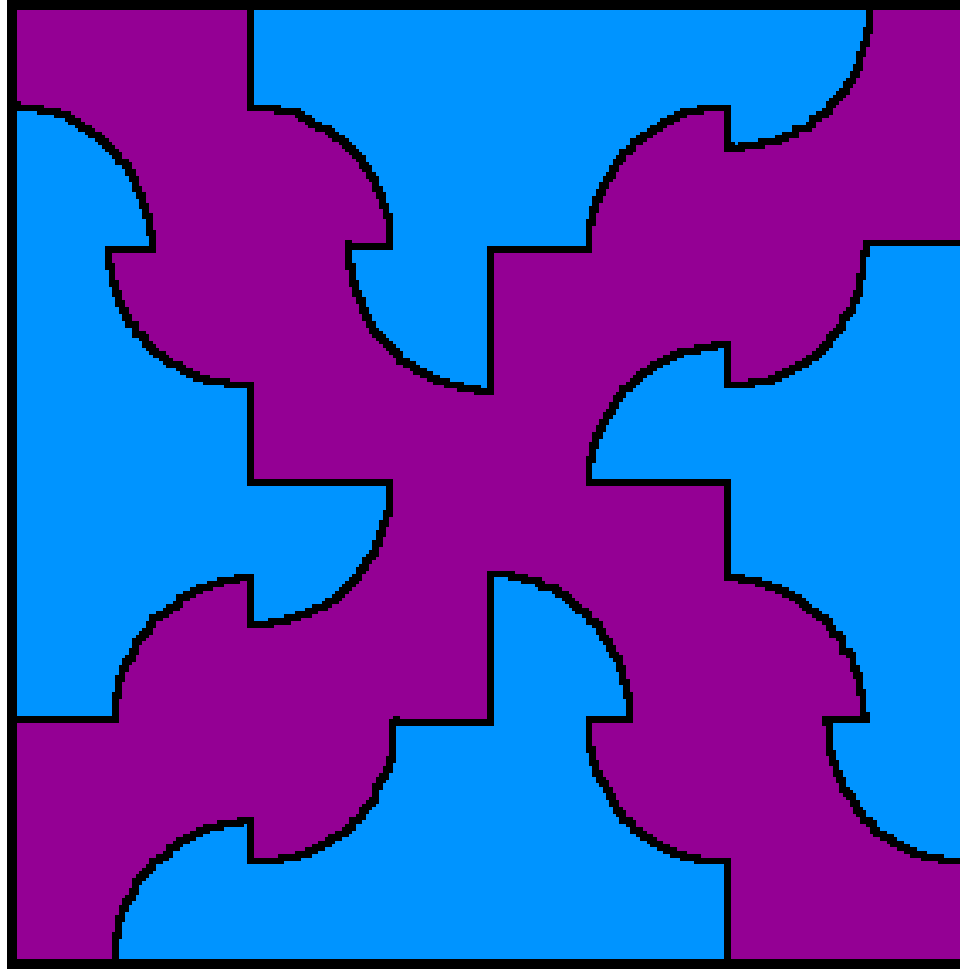


Step 4.

Glue the triangles on the 4 X 4 grid to produce this pattern: The Flying Geese.



The Drunkard's Path Quilt Block



Slave catchers from the south hunted for runaways with tracking dogs. Drunkards walk in a crooked line, back and forth, never in a straight line. This pattern told the runaway slaves to zigzag on their journey to confuse the dogs.

The Drunkard's Path

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 2 different colours

One 4 X 4 grid

One circle template

Scissors

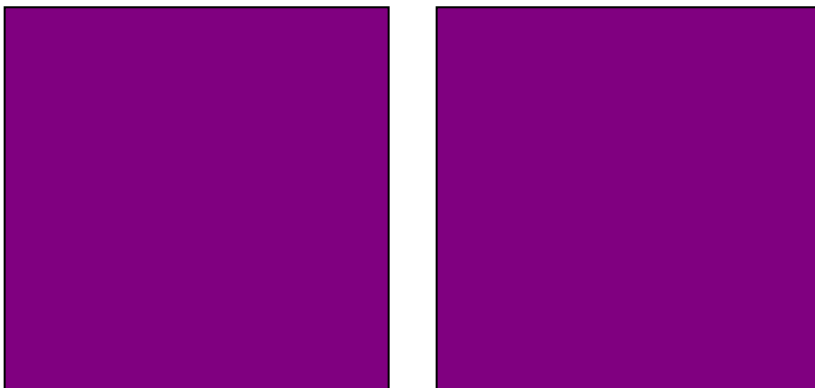
Ruler

White glue or glue stick



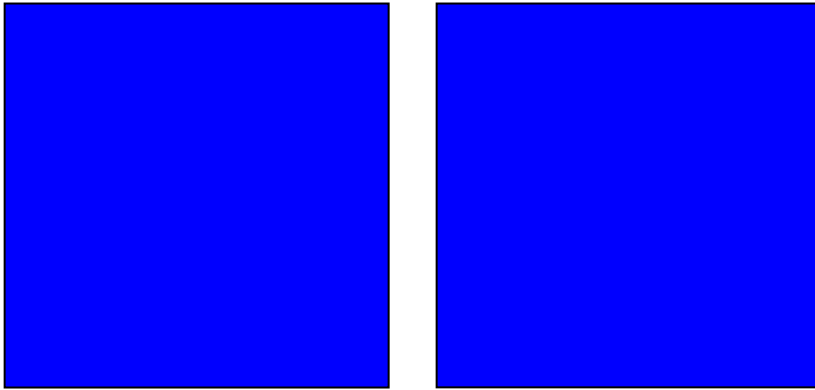
Step 1.

Use your 4 X 4 grid as a template. Make 2 squares of colour A that are one-quarter the area of the 4 X 4 template.



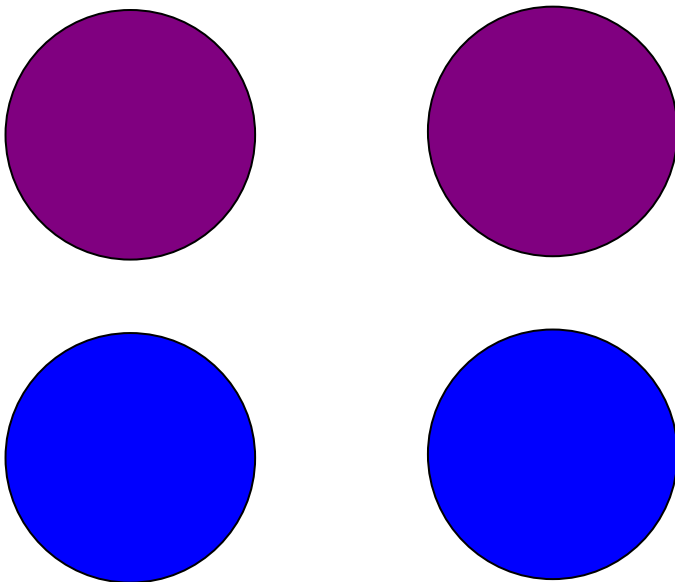
Step 2.

Use your 4 X 4 grid as a template. Make 2 squares of colour B that are one-quarter the area of the 4 X 4 template.



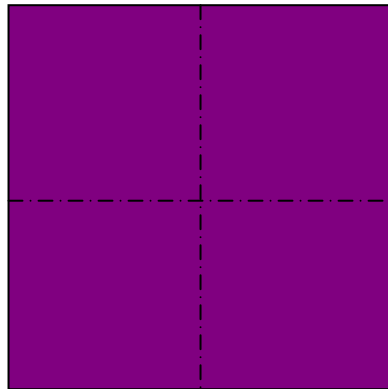
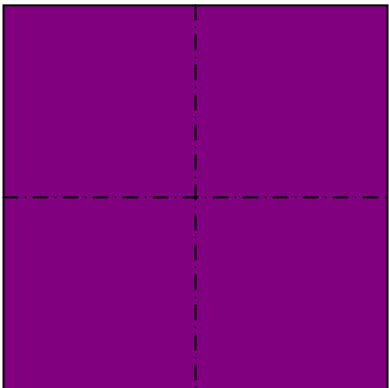
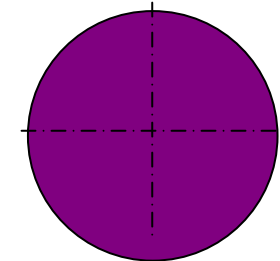
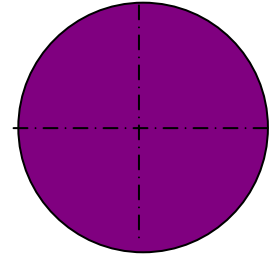
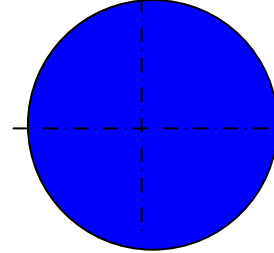
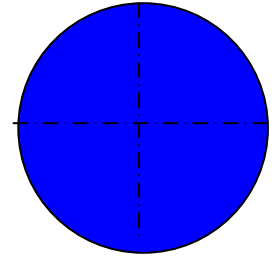
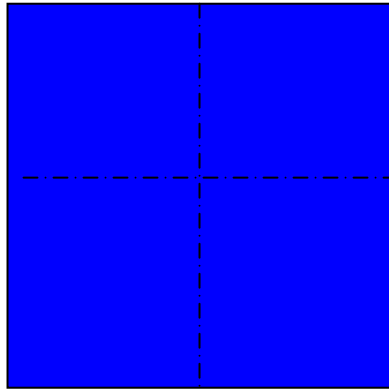
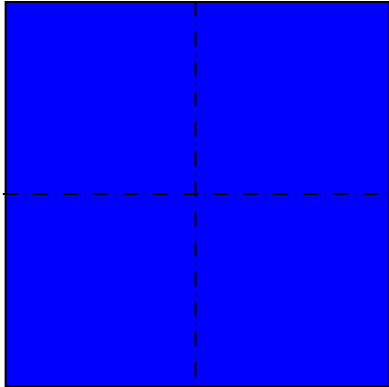
Step 3.

Use your circle template to make two circles of colour A and 2 circles of colour B. (For your information the diameter of the circle is $\frac{2}{3}$ the length of the side of the square you made in Step 1.)



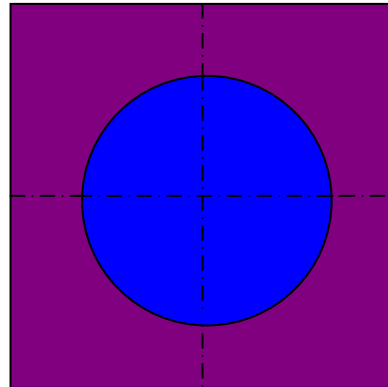
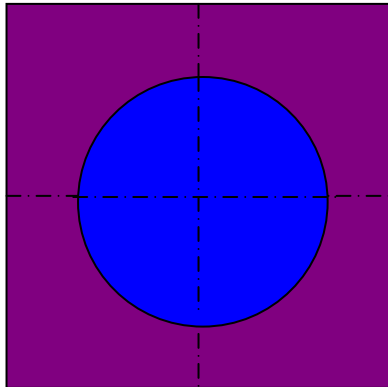
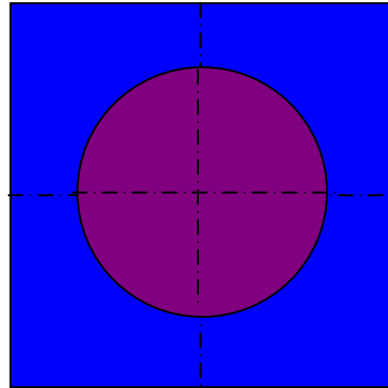
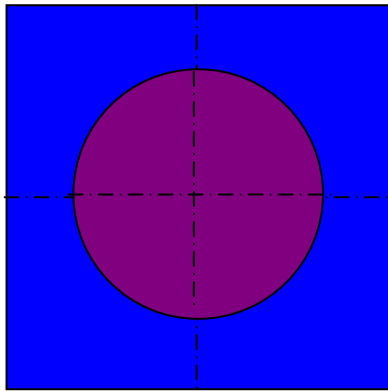
Step 4.

Fold the squares and circles into quarters.



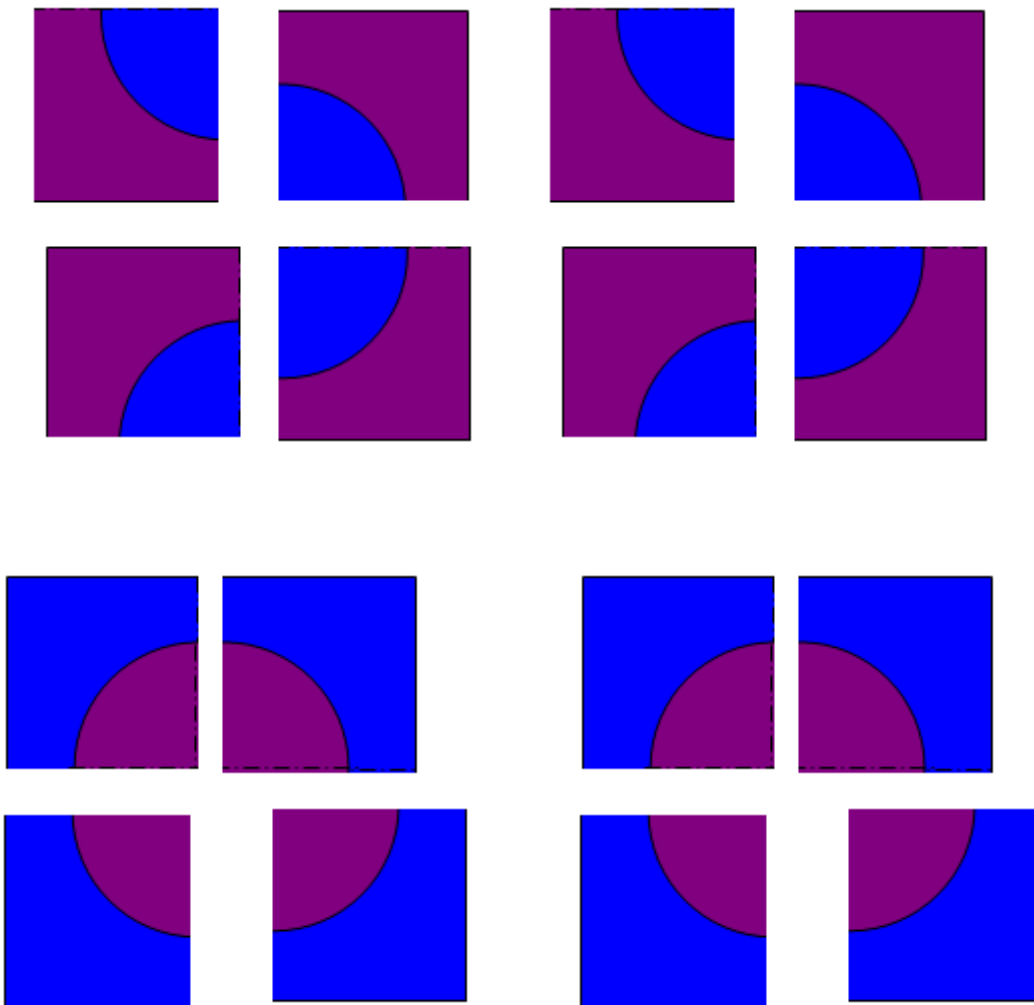
Step 5.

Glue each circle onto the center of a square of the opposite colour. Use the lines to position the circles.



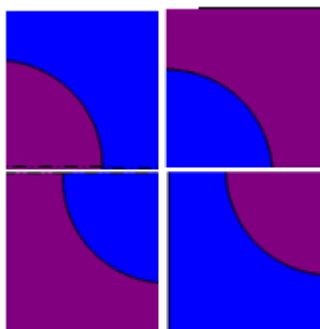
Step 6.

Cut each square into quarters along the marked fold lines. You will now have 16 small squares.



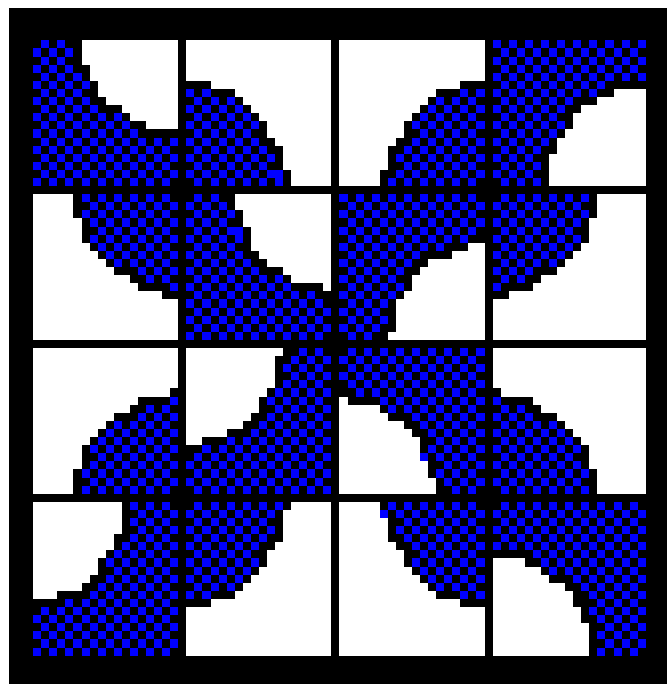
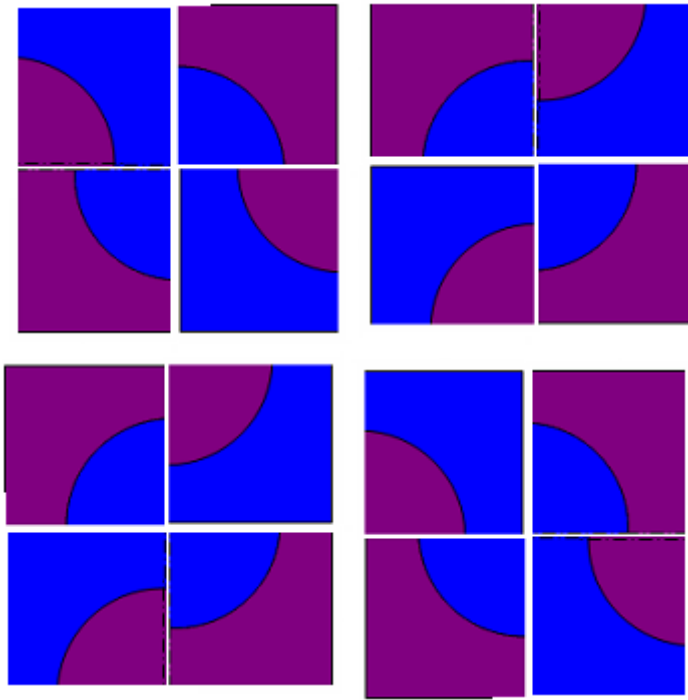
Step 7.

Each Drunkard's Path block is made up of 4 smaller identical blocks. Assemble the first small block as shown.



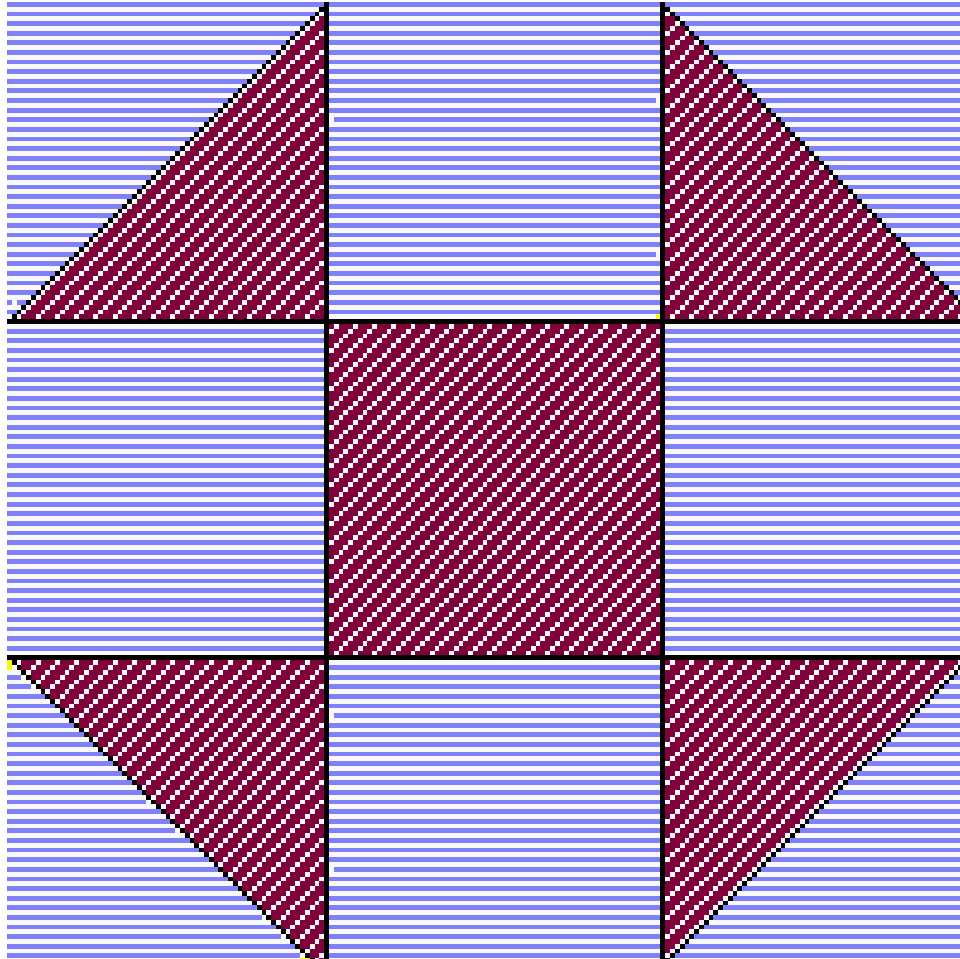
Step 8.

Assemble 3 more identical small blocks. To form the Drunkard's Path block, the small blocks are rotated 90 degrees starting in the upper left corner. A second diagram showing the placement of the 4 blocks on the 4 X 4 grid is shown to assist you in placing the small blocks.



Step 9. Your finished Drunkard's Path quilt block should look like this.

The Shoofly Quilt Block



This part of the code was telling people to look for free blacks who knew about the Underground Railroad. Shoofly may have been a special person who would help the travelers to get rid of their dirty, torn and tattered old clothes.

The Shoofly

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 2 different colours

One 3 X 3 grid

One 3 X 3 strip template

Scissors

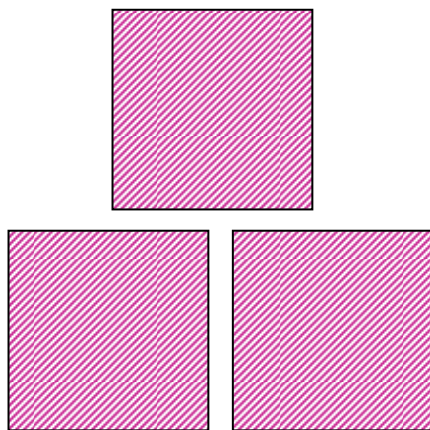
Ruler

White glue or glue stick

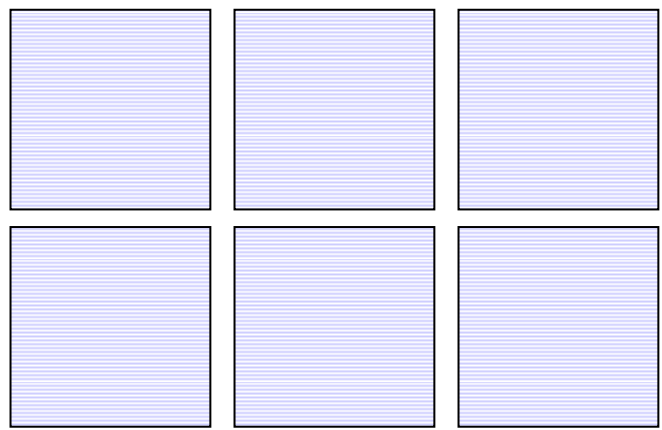


Step 1.

Use your 3 X 3 strip template to cut the correct number of strips of paper to make:



3 squares colour A



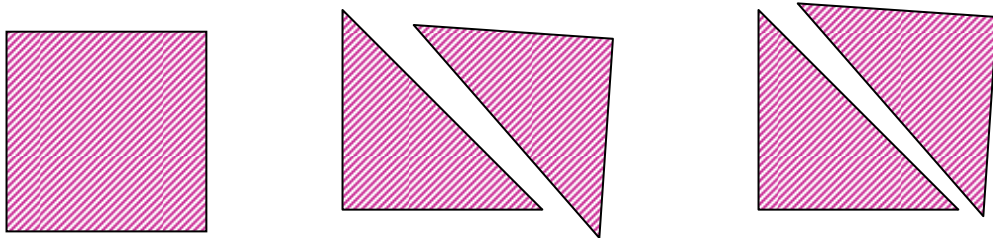
6 squares colour B

Step 2.

Lay out the 3 X 3 grid.

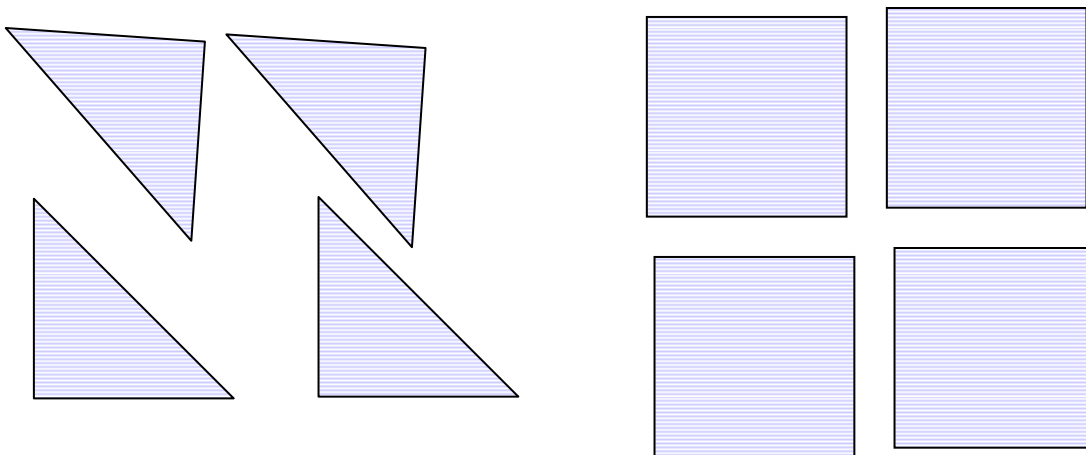
Step 3.

Cut 2 squares of colour A along the diagonal to make 4 right triangles in all. Leave one square uncut.

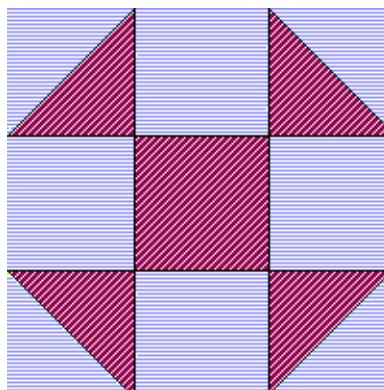


Step 4.

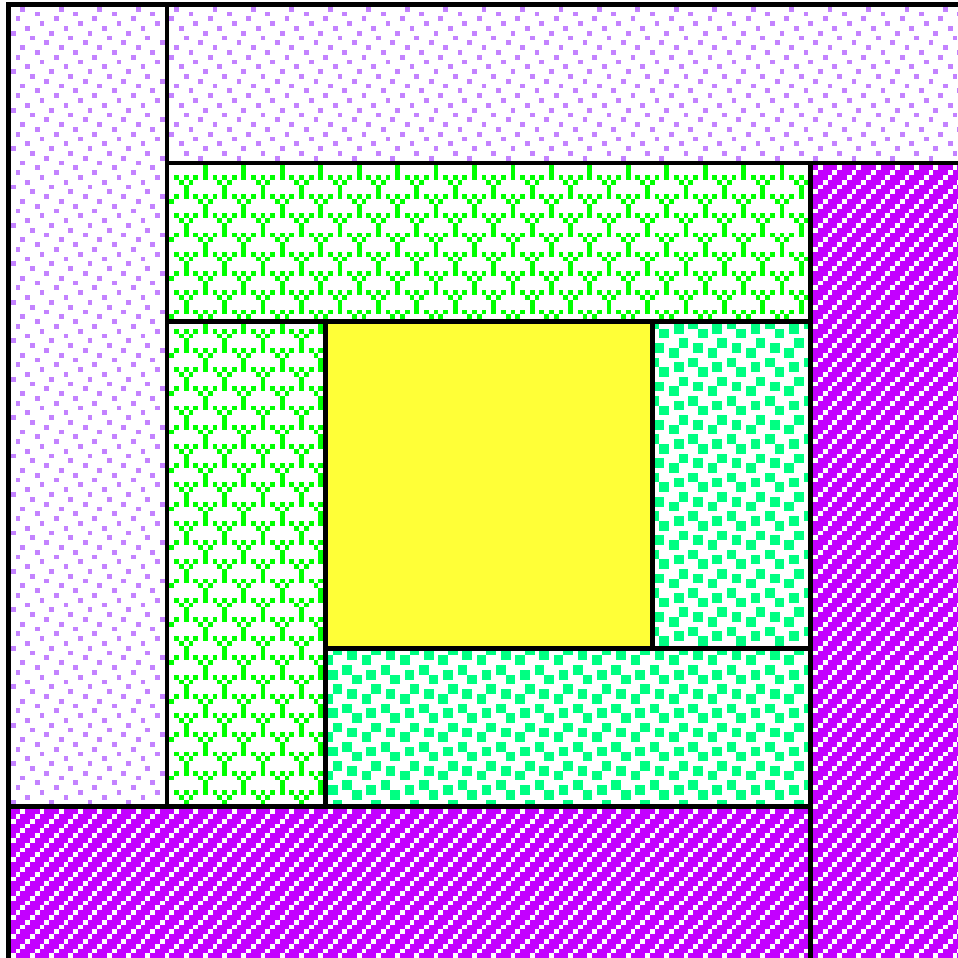
Cut 2 squares of colour B along the diagonal to make 4 right triangles. Leave the other 4 squares of colour B .



Step 5. Glue the rectangles and triangles on the grid to produce this pattern: The Shoofly.



The Log Cabin Quilt Block



This part of the code was believed to be telling the traveler to draw a picture in the dirt for a 'Conductor' to see, or to look for a cabin displaying a quilt with this pattern.

The Log Cabin

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 5 different colours

One 4 X 4 grid

One 4 X 4 strip template

Scissors

Ruler

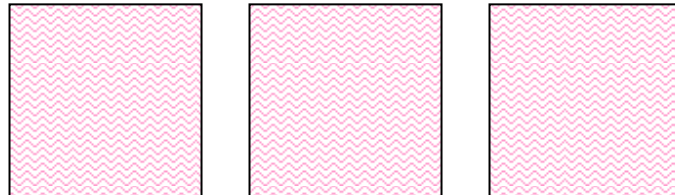
glue stick



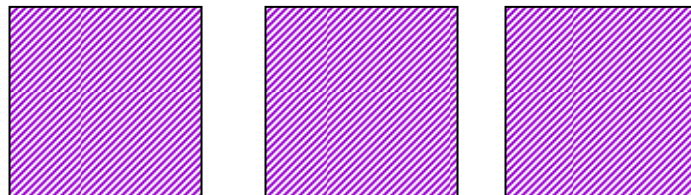
Step 1.

Use your 3 X 3 strip template to cut the correct number of strips of paper to make:

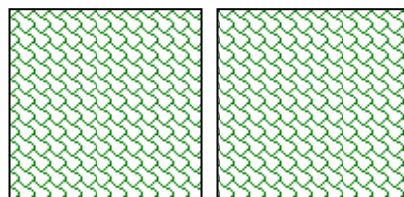
3 squares colour A



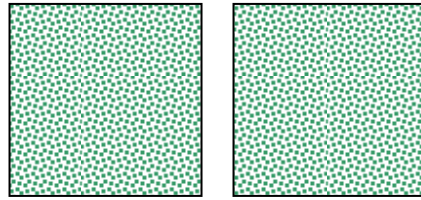
3 squares colour B



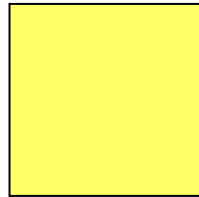
2 squares colour C



2 squares colour D



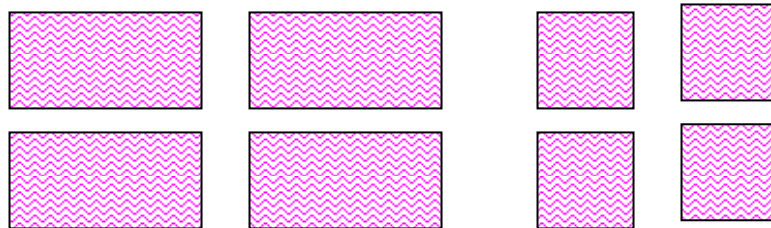
1 square colour E



Step 2. Lay out the 3 X 3 grid.

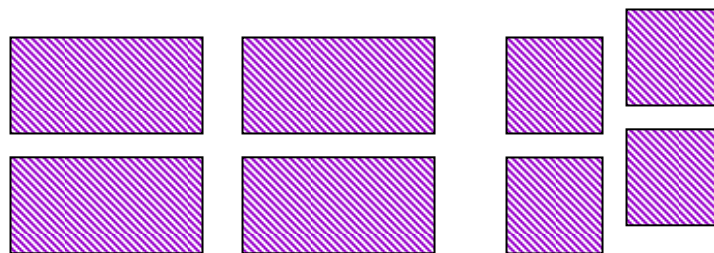
Step 3.

Colour A. Cut two squares into halves. Cut one square into quarters. Discard two of the quarter squares.



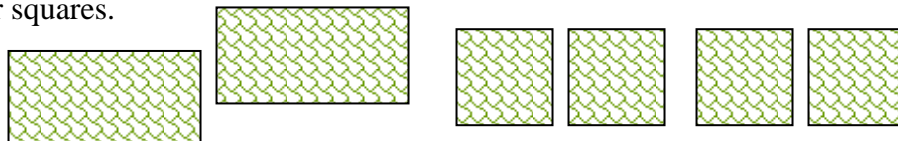
Step 4.

Colour B. Cut two squares into halves. Cut one square into quarters. Discard two of the quarter squares.



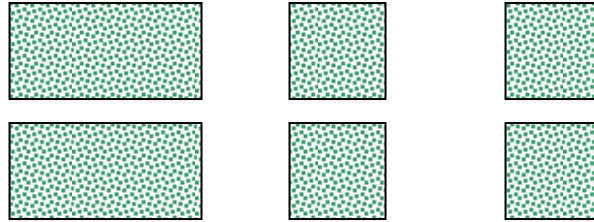
Step 5.

Colour C. Cut one square into halves. Cut one square into quarters. Discard two of the quarter squares.



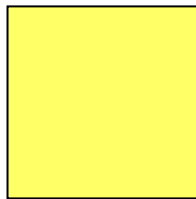
Step 6.

Colour D. Cut one square into halves. Cut one square into quarters. Discard two of the quarter squares.



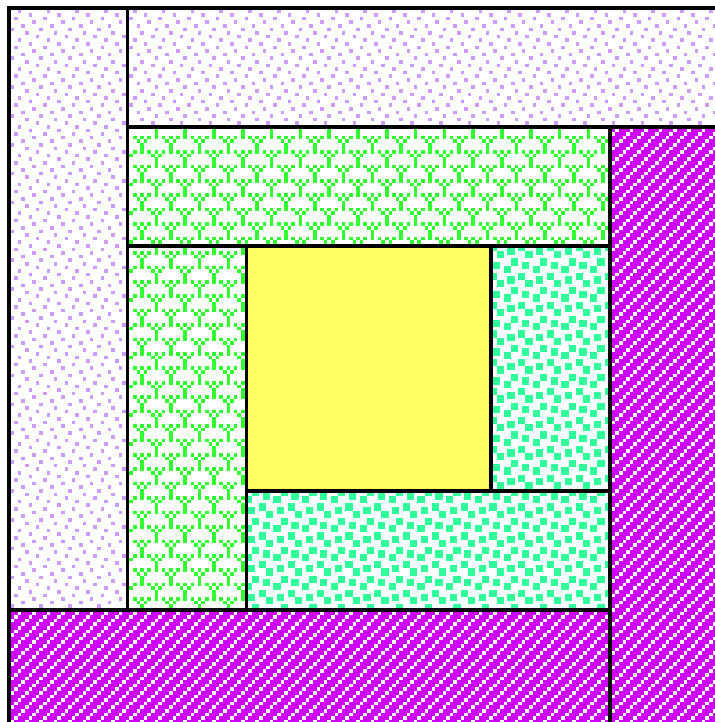
Step 7.

Colour E. Leave square intact.

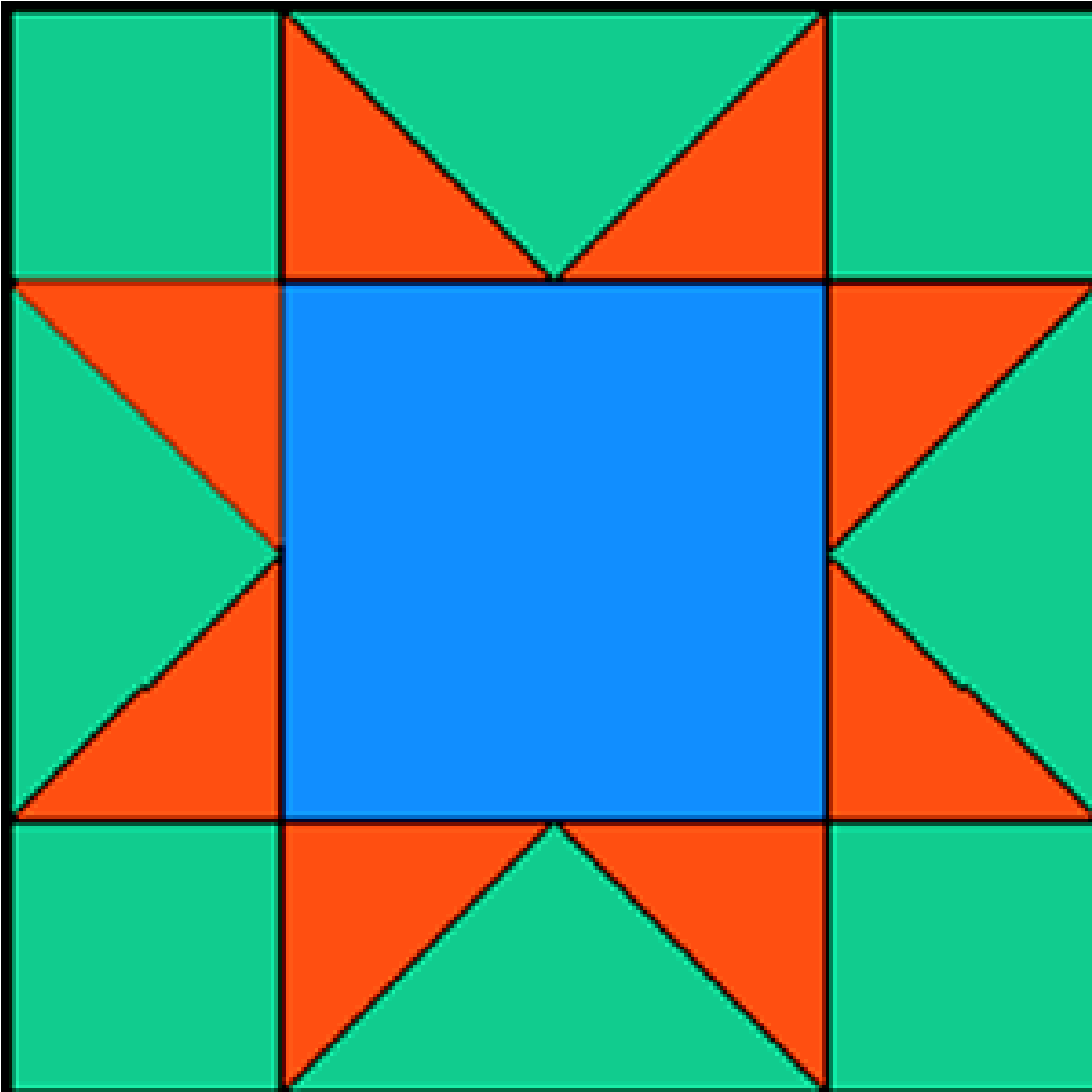


Step 8.

Place the rectangles and squares on the 3 X 3 grid to create The Log Cabin quilt block.



The North Star Quilt Block



During his CBC Massey Lecture in 1967, **Conscience for Change**, Dr. Martin Luther King said that in the history of black America, "Canada was the north star." In the language of the quilt code, the North Star design gave slaves the hidden advice to keep their eyes on the Big Dipper, a constellation of stars that includes Polaris, the North Star said to point the way to "heaven," which in the case of escaping slaves, was Canada.

The North Star

To make this quilt block, you will need:

Construction paper, wallpaper, scrap booking paper or wrapping paper in 3 different colours

One 4 X 4 grid

One 4 X 4 strip template

Scissors

Ruler

glue stick

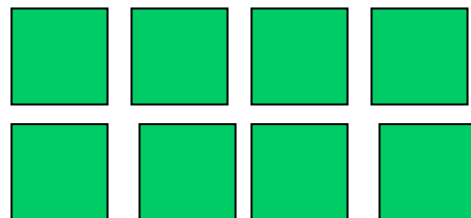


Step 1.

Use your 4 X 4 strip template to cut the correct number of strips of paper to make:



4 squares colour A



8 squares colour C

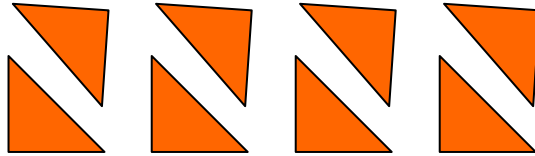


4 squares colour B

Step 2. Lay out the 4 X 4 grid.

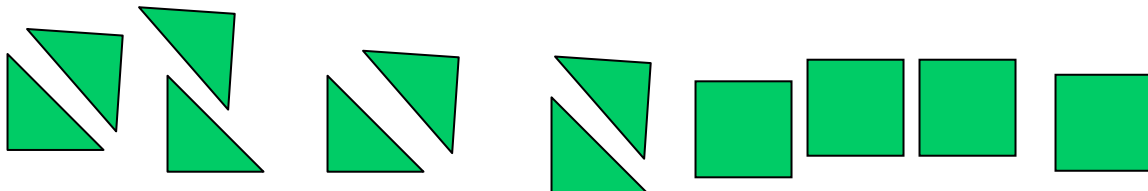
Step 3.

Cut all 4 squares of colour A along the diagonal to make 8 right triangles in all.



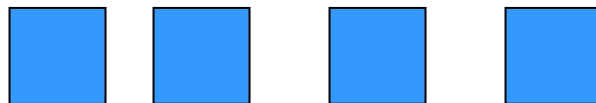
Step 4.

Cut 4 squares of colour B along the diagonal to make 8 right triangles. Leave the other 4 squares of colour B intact.



Step 5.

Leave the 4 squares of colour C intact.



Step 6.

Glue the squares and triangles on the grid to produce this pattern: The North Star.

