

RULES OF THE LEAGUE

1. All players must wear shin guards.
2. All games will begin at 7:30 a.m. and end at 8:00 a.m.
3. All players must wear a team jersey to play.
4. A minimum of four players are required to start the game. After ten minutes the game will be defaulted.
5. There are no out of bounds areas. If a ball contacts the wall, bleachers or ceiling, the ball is still in play.
6. Proper gym attire is needed to play. This includes team jersey, shorts and track shoes.
7. The goalie is only allowed to pick up the ball in the goal area.
8. One minute penalties will be given for rough tackling or swearing.
9. Games will be played with an indoor soccer ball.
10. Goals cannot be scored on free kicks.
11. Players that do not attend games on a regular basis will be removed from their team.
12. Teams will be awarded three points for a win and one point for a tie.
13. Teams will play with five players plus a goalie.
14. All substitutes must be seated on their team bench.
15. Goalies cannot pick up the ball when it is passed back.
16. A penalty shot will be awarded:
 1. If a player is interfered with on a break away;
 2. If there is an intentional hand ball in the goal area;
 3. If a player is interfered with while attempting to score a goal.
17. Each player is allowed a five minute shift. Players that stay on the floor longer than five minutes will be suspended for the remainder of the game.
18. All players that attend the game must participate in the game.
19. There is no swearing allowed. Students that swear on a regular basis will be suspended from the league.
20. Players involved in a fight will be suspended for the remainder of the season.
21. Players are not allowed to change in the gym. All players must change in the change rooms.
22. Players must leave the gym at the end of the game. Teachers need the gym to prepare for their classes. Players that do not leave will be suspended from the next game.
23. Students that do not comply with the league rules and/or school rules will be expelled from the league.