

In the name of the Father, Son, and Holy Spirit.
Dear God, I acknowledge the Mississauga's of the Credit First Nation for being the ongoing stewards of this traditional territory.



A reading from the Book of Psalms (18)

In my distress I called upon the Lord; to my God I cried for help. From his temple he heard my voice, and my cry to him reached his ears.

Hope in God. Believe that your small gesture of staying inside your home will save a life. A life that you will never know you helped to save. Sacrifice your daily comforts so others may receive the best health care one can receive in Canada. Don't be afraid to cry and talk to someone for there you will find God.

During this time, never lose the hope within you. There are still things we can do as a God's people. Remember those acts of kindness you showed when you listened to someone suffering, you can still do it for those who are feeling isolated and alone. Never doubt the power of calling someone. Remember, when you gave food to one of our food drives, you can still give food. Drop it at a fire station or have something delivered to a food bank. Remember when you allowed someone to help you, you felt loved and valued.

Even though this pandemic has robbed us from our daily routine, how we react remains the same. You have been training this your whole life in both prayer and action. I encourage you to continue to pray and show kindness when possible because we are still a community of faith. As one community of faith, we make visible how God is answering our pleas.

Let us pray the COVID 19 National Prayer,

O God, We gather together separated by life-saving distancing, but united more than ever in spirit;

We know we are in a war against COVID - 19 together, and the more together we are, the better and stronger we will emerge: We know the challenges are enormous, yet so are the opportunities; That whether we are in isolation with loved ones, or alone, we will have abundance of time; We commit to using that time to the max, to help those in greater need in whatever way we can; We know we all have the opportunity, and time, to be life savers and life enhancers; We give thanks for those who are on the front line taking care of those who are not well; We give thanks for the researchers who are working at breakneck speed to find cure and vaccine; We give thanks for our leaders, federal, provincial and local, for their dedication to all of us; We give thanks for the providers of our daily needs who go to work in spite of the risk; We give thanks for those who have ramped up their ability to produce life-saving supplies. We pray for the well-being of all our life savers; For those who are not well, that they recover fully; For those enduring difficulty, that they may overcome their challenges. We pray that a cure and vaccine will soon be available, And that we all – family, friends, all Canadians, the entire world may be healed in body and spirit. We ask you, O God, to bless our leaders, our front line care givers, our life savers and life enhancers. We ask you, O God, to bless Canada, to bless the world, to bless everyone. Amen.