

In the name of the Father, Son, and Holy Spirit.

Dear God, I acknowledge the Mississauga's of the Credit First Nation for being the ongoing stewards of this traditional territory.



A reading from the Gospel of John

“And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples’ feet and to wipe them with the towel that was tied around him.”

As we journey through COVID 19, consider how you defined the role of a grocery clerk, truck driver or a factory worker. For some people, they see this work as a dead-end job. But now, as we shelter in place, we realize the value of their work. We realize that without grocery clerks, and the farmers that produce these foods, and the truck drivers who deliver it, we could not eat. Without a skilled workforce who can run machines and manufacture personal protective gear locally, we realize outsourcing to pay for cheaper labour, has made health professionals defenceless against the virus. In our race to consume product for profit, we devalued the worth of every worker, especially those now deemed as essential.

In this light, when we hear this account of the Last Supper, we see how Jesus never undervalued the worth of any human being. Remember, Jesus’ disciples primarily were fishermen. Despite being God, the Lord, and Master, he performs the work of a lowly servant. He washes the feet of his disciples. This is our yearly reminder that our value is not in our titles but in our actions. It is an action to remind us how we must elect leaders who are humble and always ready to serve the community. A call, despite where we are in the socio-economic grid, to serve in humility and love like our Lord.

I pray that the lesson we learn on Holy Thursday is to always value the work of every human being. Respect every job regardless of title or salary. Remember what St. Josemaria Escriva said, “Any job, no matter how hidden, no matter how insignificant, when offered to the Lord, is charged with the strength of God’s life!” Let us always remember that we measure the value of our work in the way we help others. May those who cannot work from home, such as our grocery clerks, truck drivers, and factory workers, remain safe under God’s care. May we all come to see Christ’s action at the Last Supper as the visible sign of how we live as Eucharistic people who come to the table to receive and serve Him. Let us always remember those words of Jesus at the Ascension, “remember I am with you always till the end of days.” Be blessed as we begin our Holy Triduum.

Amen.

*Here are videos to help you prepare for the days ahead.

Holy Thursday

<https://www.youtube.com/watch?v=9Y9qCsIPzNo>

Good Friday

https://www.youtube.com/watch?v=xafcGbXLwoM&list=PLLSYhVbbhDEbWzkOPyfn2lFcD9l3BK-M_&index=8&t=0s

Holy Saturday

<https://www.youtube.com/watch?v=S4Ytyy2apLg>

Easter Sunday

<https://www.youtube.com/watch?v=RBuo-Nj6U6w>