

2 Credit vs. 4 Credit Co-op...What's the Difference?

BOTH

- Credits earned can satisfy Group 1, 2 or 3 graduation requirements
- Strengths, interests and goals are reflected upon and clarified
- A variety of placement opportunities offered within various areas of interests.
- Build a network and get references from supervisor or co-op teacher for future jobs and scholarship opportunities!
- Learn in an environment different from the classroom and from professionals in various fields.
- Can take advantage of numerous college Dual Credit opportunities.
- Get a head start on apprenticeship qualifications
- Gain valuable experience to add to a resume.
- Possibly obtain paid employment upon completion of the co-op experience
- Add excitement to academic experience by trying out a career!

2 Credit Co-op:

- Students attend period 1 and 2 morning courses, and then go to work in the afternoon.
- Students earn 2 Co-op credits by attending their Co-op work placement in the afternoon.

Below is an example of a schedule you *may* have:

PERIOD	2-credit Co-operative Education Schedule	Keep in mind that your placement does not end at 3pm. Most students work the following hours: <ul style="list-style-type: none"> • 12pm – 4 pm • 1pm – 5pm • 2 pm – 6 pm However, there are placements that might require you to work as late as 4pm – 8pm or 5pm – 9pm.
1	Course #1	
2	Course #2	
3	Lunch/Travel Time	
4	Co-op Placement (2hours)	
5 and later	Co-op Placement (2 hours)	

4 Credit Co-op:

- Students have no other academic commitments.
- Students earn 4 Co-op credits by attending their Co-op work placement for the entire day.
- A greater number of college Dual Credit opportunities are available through this flexible schedule
- Some Co-op placements such as Peel Regional Police, the Canadian Armed Forces, and certain positions with Trillium Health Partners are only available to student enrolled in the 4 credit Co-op Program.