



ST. CORNELIUS CATHOLIC SCHOOL
16066 Innis Lake Road, Caledon East, ON Tel. (905) 584-2245 Fax (905) 584-0924
Principal: I. Maas Vice Principal: T. Condotta Superintendent: TL. Peel Pastor: Fr. B. Glynn

"Together in Faith and Excellence"



Dear Parents/Guardians:

Summer vacation is over, but the summer temperatures will continue in September. We encourage the following practices to allow your child(ren) to feel as comfortable as possible at school:

- Cooling rooms will be open at lunch for students to use when temperatures are very high;
- Reduce direct sunlight by closing drapes and/or blinds to shield from radiant heat;
- Increase air movement by using fans, when possible keep all windows open;
- Students are reminded to wear light, layered summer clothing, hat and sunglasses;
- Apply sunscreen on your child in the morning so they are protected from the sun's UV rays during recess times (SPF 30 minimum);
- Drink plenty of water. Bring an extra water bottle to school and/or utilize the water filling stations in the school;
- Certain outdoor exercise should be decreased or modified (i.e., longer rest periods) depending on factors such as age, health and physical condition;
- Staff and students in portables will rotate through cool areas inside the school;
- For your information, extreme heat alerts will be indicated on the Yellow Alert banner on our school web page.

If you have any questions, please do not hesitate to contact the main office for more information.

Regards,

I. Maas
Principal

