PARENTS AND THE
PSYCHOLOGICAL
ASSESSMENT PROCESS:

How School Psychology Helps Parents
PARENTS AND THE PSYCHOLOGICAL ASSESSMENT

• Psychological assessments are focused on developing a better understanding of the way a child learns, remembers, and understands new material.

• Psychological assessments also provide valuable information about a student's:
  o Feelings
  o Attention
  o Behaviour
  o Motivation
PARENTS AND THE PSYCHOLOGICAL ASSESSMENT

• Parents are a critical part of the assessment process as they provide insights into:
  ○ How their child functions at home
  ○ Their child's developmental pathway
  ○ Important life events affecting their child
  ○ Their child’s role in the family
  ○ An understanding of the family’s values and goals
PARENTS AND THE PSYCHOLOGICAL ASSESSMENT

• Psychology staff work with parents in an interactive manner during the assessment process through:
  o The initial and subsequent interviews
  o The assessment process
  o The completion of questionnaires
  o Concluding with lengthy feedback interviews when the results are discussed in detail and recommendations planned.
The goals of the assessment are to:

- Provide understanding about challenges their child is experiencing
- Communicate to the parents and school the assessment findings the student’s strengths and needs in a way that is:
  - CLEAR
  - RELEVANT
  - HELPFUL AND MEANINGFUL
  - And PROVIDE AN ACCURATE PICTURE OF THEIR CHILD AS A UNIQUE INDIVIDUAL