

*Psychology Month, Dufferin-Peel C.D.S.B.*

Psychology staff are part of a multi-disciplinary team, and work collaboratively with educators, students, families, and other support services to develop a sense of well-being for everyone and excellence in student achievement. We can help to achieve this goal by helping learners feel encouraged and empowered to reach academic success by providing interventions at all levels or TIERS.

### TIER 3 – INTENSIVE INTERVENTION

Psychology staff provide specialized interventions in the areas of academics, behaviour, social-emotional functioning and mental health. Approximately 1 to 5% of students may not benefit from or respond to targeted Tier 2 interventions. These students require a more intensive/individualized approach at the Tier 3 level.

### Psychology staff provide the following types of Tier 3 services:

**Individual Counselling:** Individual therapeutic intervention using a specialized approach such as Cognitive Behaviour Intervention.

**Developmental Screening:** Assessment of Junior Kindergarten students who display weaknesses in multiple areas of early development (motor, language, social, etc.).

**Specialty Team Assessments:** The Psychology Department has three specialty teams that offer consultation, assessment, and diagnostic services. The teams can be accessed through psychology staff at each school. They are:

**Psychology Autism Consulting Services PACS):** A referral to PACS is made if a diagnosis of Autism Spectrum Disorder is possible or suspected.

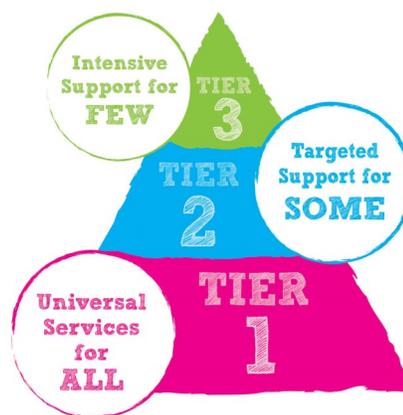
**Consulting Neuropsychology Services (CNS):** A referral to CNS is made if there are concerns regarding a specific medical condition such as a brain compromise/injury from complications during or after birth, head injury, etc. and any impact on learning.

**Psychology Diagnostics & Interventions for Mental Health Team:** This team offers consultation, assessment, and diagnosis, if a student is struggling with significant mental health issues, such as depression or anxiety.

**Psychological Assessments:** Psychology staff are able to assess intellectual, academic, or social-emotional functioning and provide functional recommendations for school staff, parents, and students.

**Diagnoses:** Psychology staff are able to make diagnoses in the following areas: intellectual, developmental, learning, behavioural, social, and emotional functioning.

**Liaison/Support of Community Intervention:** Transition support and symptom monitoring for students recommended for or receiving mental health treatment within community agencies.



For further information contact the psychology staff member at your school or Dr. Debra Lean, Chief Psychologist. You can access this and other articles at: [www.dpcdsb.org/psychology](http://www.dpcdsb.org/psychology)