

# St. Evan Catholic School

SOARING WITH CHRIST



500 Dougall Ave, Caledon, ON, L7C 4C5

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## APRIL 2021

Principal: J. Amodeo

Vice Principal: K. Marsi

Head Secretary: T. Ball

Assistant Secretary:  
C. Tavares

### SUPERINTENDENT OF SCHOOLS

J. Kuran

905-890-1221

### TRUSTEE

F. DiCosola

905-951-8898

### ST. LEONARD PARISH

Fr. Nossan

905-856-5385

### CATHOLIC SCHOOL ADVISORY COUNCIL

#### Co-Chairs:

A. Colabufalo

M. Moeller

### Follow us on TWITTER

[https://twitter.com/  
St EVAN Caledon](https://twitter.com/St_EVAN_Caledon)

Please visit our website  
at [https://  
www.dpcdsb.org/EVANE](https://www.dpcdsb.org/EVANE)



### AN EASTER PRAYER

Christ the Lord is risen  
And, as all the world rejoices,  
Singing of His glory  
With such joyful hearts and voices,  
May you find that Easter brings you  
Peace and faith and hope anew,  
And may these blessings fill your heart  
With joy the whole year through.  
Amen



*An Easter Prayer*

### ADMINISTRATORS' MESSAGE

May the risen christ  
bring happiness to  
you and your family  
all year round.  
Wishing you and all  
your loved ones a very  
*Happy Easter.*



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Have a blessed Easter with your families.

J. Amodeo  
Principal

K. Marsi  
Vice Principal

### UPCOMING EVENTS

**Apr 2:** Good Friday

**Apr 4:** Happy Easter

**Apr 5:** Easter Monday

**Apr 6:** Wear Blue for Autism  
Awareness

**Apr 7:** Grade 2 First Reconciliation

**Apr 12-16:** Spring Break

**Apr 27:** Domino's Pizza Fundraiser

**Apr 29:** Parent Engagement Evening,  
6:30pm (see attached flyer)

Dear Parents/Guardians,

As a St. Evan community, we will be assisting those in our community in need at Easter time. Due to the restrictions in place to prevent the transmission of Covid-19, we are not able to run a traditional Food Drive. Rather, we will be encouraging families to donate money online, through our school cash online system. All monies will benefit the Exchange in Caledon. At the Exchange, Caledon Community Services provides confidential food support programs and resources to address the challenges faced by individuals and families in our community. If you would like to donate, our school cash online system will be available between March 26 through April 9, 2021.

We thank you in advance for your generosity.

## VIRTUE FOR APRIL: LOVE

During the month of April we will focus on the virtue of LOVE. God wants us to serve and to see goodness in everyone we meet.

A loving person:

- Wants the best for others
- Is willing to make sacrifices for the good of others
- Knows that we are all lovable
- Prays for others

God has given us many people in our lives to show us examples of LOVE. Our families, teachers, and friends show us their love every day. Love can be seen in the simplest acts of kindness, such as sharing a pencil, playing a game, or even by saying "thank you". We should always show our love for others because love is about seeing the good in people even when they make us angry. Sometimes the greatest acts of love happen when we are angry, such as not hitting our sibling back or not screaming at our friends. Jesus is always with us and we should always try to remember His most important lesson, the lesson of love, because love is not about us – it is about looking out for the good of others.

From the perspective of the **Ontario Catholic School Graduate Expectations**, a loving person...

- Relates to family intimacy and sexuality as God-given gifts, to be used as the creator intended
- Relates to family members in a loving, compassionate and respectful manner especially when the other seems 'unlovable'
- Respects the rights, responsibilities and contributions of self and others

## TVO MATHIFY

This is a great opportunity for grade 7-10 students to receive after school help solving math problems, by connecting them to Ontario certified math teachers. To get started, students can visit the Mathify website to register: <https://tvomathify.com/register/student>.

## FIRST COMMUNION

Our current grade three students will celebrate the sacrament of First Holy Communion on Saturday, May 1 at 10:30am and 12:30pm and Saturday, May 8 at 10:30am and 12:30pm at St. Leonard Church. If you have not done so yet, please call the office and book your child's Communion date and time with Mrs. Ball.



## PLANNING FOR SEPTEMBER 2021

We are in the process of planning staffing and organizing classes for the 2021-2022 school year. If you are planning on moving out of the St. Evan area, or simply changing addresses within our boundaries, please let the office know as soon as possible. Staff will be meeting in May to organize class lists for September 2021. If there are any special learning needs your child has that you feel we should know when making up classes, please do so in writing to Mr. Amodeo by April 23, 2021. Late submissions will not be accepted. Please note:

- **Letters that list a request for a specific teacher will not be considered**
- **Requests for your child to be placed with a "friend" will not be considered.**
- **If you feel your child has an ongoing conflict with another child, please write us a letter and we will do our best to separate them.**
- **Requests for students not to be placed in a combined grade will not be considered.**

Please limit your comments to specific learning styles. All staff work hard to balance class lists by abilities and learning style.

## FRESH AIR BREAKS & COLD WEATHER

As the weather changes and gets colder, please ensure that your child comes to school prepared to go outside for 20 minutes in the morning, lunch and afternoon for a fresh air break. All children should have a hat, scarf, gloves, warm coat and boots that are labeled with their name. In colder weather we often receive requests to allow children to remain indoors when students have a cold. Please note that we cannot comply, as we have neither the facilities, nor the staff to supervise these students. If you feel your child is not well enough to go outside, it would be best for you to keep your child at home. On extremely cold days, we will limit the amount of time that students spend outdoors. We obtain our weather information from the Environment Canada Weather Information Line and follow board guidelines.



**KINDERGARTEN REGISTRATION**  
Start the Journey into Learning with us!

Register online at:  
[www.dpcdsb.org](http://www.dpcdsb.org)

Children born in 2015 or 2016 can start Kindergarten in September 2020.

Dufferin-Peel Catholic District School Board

## MEDICAL ALERT - SABRINA'S LAW (ANAPHYLAXIS)

We would like to inform you that St. Evan is an allergen aware school. There are pupils in attendance who suffer from severe and life-threatening allergies to certain foods, such as dairy, peanut and nut products. Exposure to the smallest quantities can cause severe life-threatening reactions.

Anaphylaxis is a severe and life-threatening allergic reaction. The most common allergen triggers are food, insect stings, medications and latex. An anaphylactic reaction involves symptoms from two or more body systems. The safety and well-being of all of our students is a priority.

In order to ensure the safety and well-being of all pupils, we request that you NOT send any lunches or snacks that contain peanuts and/or tree nuts, including peanut butter substitute products. Please make sure that all of your children's caregivers are aware of the food restrictions. Please avoid sending food for birthday or special occasions. Additional allergy concerns in specific classrooms was shared by the classroom teacher.

If you have any questions, please talk to your child's teacher or the school staff.

We appreciate your cooperation in supporting a safe learning environment for all pupils. For more information on possible allergens, please see our school website.



There will be no school for students during the week of  
**April 12-16, 2021**

School will resume on  
Monday, April 19, 2021

## MEDICAL ALERT - RYAN'S LAW (ASTHMA)

We would like to inform you that St. Evan continues to participate in 'We Share the Air', a Scent Sensitivity Awareness Campaign. There are students in attendance who suffer from life-threatening asthmatic conditions to air pollutants. Exposure to minimal odours may cause potential life-threatening reactions.



Very common severe chemical triggers are: perfume, cologne, scented products and personal care products (such as hairspray). These products may cause severe reactions for students. The safety and well-being of all of our students is a priority.

In order to ensure the safety and well-being of all students, we request that our school community refrain from wearing scented personal products complying with our Scent Free Zone Campaign at school and all school events. Please ensure that all caregivers are also aware of our awareness campaign.

If you have any questions, please talk to your child's teacher or the school staff.

We appreciate your cooperation in supporting a safe learning environment for all students.



## TRANSPORTATION AND SCHOOL CLOSURES/INSTRUCTIONAL DAY

If school buses are cancelled in a region of the board, **ALL schools located in that region will be closed to staff and students.** **Elementary students** may access learning activities provided by the teacher during regular school hours. The All school-based child care centres in that region will remain **OPEN** unless otherwise indicated by the child care provider.

### Bus cancellation notices are posted as follows:

- On the DPCDSB website and all school websites by 6:00 am. Check the yellow ALERT Banner at the top of the website at [dpcdsb.org](http://dpcdsb.org).
- On the DPCDSB main phone line through recorded message at 905-890-0708
- Through the DPCDSB's social media channels:
- Twitter: @DPCDSBSchools
- Facebook: @DPCDSBSchools
- Instagram: @DPCDSB.schools

## HEALTHY SCHOOLS UPDATE

We jumped into March with an emphasis on HEALTHY EATING, as well as mental health, as we participated in a variety of activities for NUTRITION MONTH.

First, showcasing the Virtue of Kindness, our school participated in a *Spring into Kindness Challenge*. Each pod was asked to decorate and display acts of kindness. We promoted the importance of being kind and how to showcase acts of kindness within our school environment as well as in our community and home. After all, *in a world where you can be anything....BE KIND!*

On March 11, our school participated in our 3rd annual *Great Big Crunch*. This year we asked students to bring in crunchy, healthy morning snacks to bite into. At 9:30am, the whole school stopped and got their crunchy snacks ready. As the countdown started over the announcements, everyone, staff and students, crrrrrrunched into their delicious snacks. Thank you all for participating in our annual Great Big Crunch.

On March 12, our school participated in our 3rd annual *The Great Gulp*. Staff and students all got their reusable water bottles ready, filled with the satisfying drink of choice - WATER. At 9:30am we listened to the countdown over the announcements and all guuuuuuulped our water. Did you know that Canada's Food Guide promotes water as the main drink of choice?

The following week, commencing on March 22, our school participated in a fun healthy eating activity - HEALTHY BINGO. The goal of this game was to promote healthy eating habits, especially healthy snacks in the morning. *Did you know according to Canada's Food Guide, half of our plate should focus on eating Vegetables and Fruits?* It is also important to ensure we are "eating a rainbow" which means, incorporating different coloured fruits and vegetables to help us create a balanced meal. ***Congratulations to Mrs. Wolak's grade 4 class for being the first class to fill in the entire bingo card!***

Please remember to keep bringing in those healthy snacks and lunches as well as a reusable water bottle to ensure your child is staying hydrated throughout the day. Also, please check out Canada's [Food Guide](#) to help you plan a balanced meal and create healthy snacks.

This month we focused on Healthy Eating, tied into Mental Health, which is our priority health topic this year. Having the students and staff be part of our annual traditions and participate in games and challenges put smiles and excitement into our eyes, which is so important.

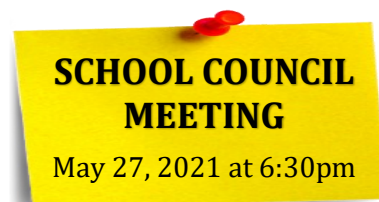
Now that the sun is shining and the weather is getting warmer, please head outdoors and take care of yourselves. Going on family walks, creating a healthy meal together as a family, having family game nights, are just some examples to help promote our mental health this year and to still feel connected! As always, we encourage you to share your healthy activities with us through Twitter by tagging us @st\_EVAN\_Caledon.

Remember Eagles... "BEE Active, BEE Healthy, BEE Happy!"

## CATHOLIC SCHOOL COUNCIL

Please join us for future meeting May 27, 2021. All meetings are at 6:30pm and all are welcome to attend.

As well, on April 27, 2021, School Council will be hosting another Domino's Pizza night to raise funds for student initiatives in the school.



## SCHOOL YARD SAFETY

Rough play on the schoolyard can lead to injuries. Pushing, shoving and play fighting are forms of unacceptable play that compromise student safety. Please reinforce with your children the "keep your hands and feet to yourself" rule.

## CATHOLIC EDUCATION WEEK

This year's celebration entitled, "**Catholic Education: Nurturing Hope**" is scheduled for the week of May 2 – May 7, 2021. The scriptural passage that guides our theme is, "*Those who hope in the LORD will renew their strength.*" Isaiah 40:31. Schools across the Dufferin-Peel Catholic District School Board (DPCDSB) will host special events and activities during Catholic Education Week.



## LUNCH TIME PROCEDURES

Each child must bring a full lunch, personal water bottle and snacks every day. There will be no lunch programs or pizza days this year. Students will eat in their personal space in their classroom. A student can leave the school to go to only their home for lunch and return to school. Students will not be permitted to use the water fountains other than to fill their water bottles. If your child forgets his/her lunch, school staff will contact you to provide information regarding next steps. Thank you for helping us keep our students safe.



**Dufferin-Peel  
Catholic District  
School Board**

**“THEY ARE NOT TOO LITTLE  
FOR BIG CONVERSATIONS:  
TALKING TO OUR CHILDREN  
ABOUT RACE AND RACISM”**

**WITH  
MANTE MOLEPO**

**DATE:**

**THURSDAY, APRIL 29, 2021**

**TIME: 6:30 P.M. – 7:30 P.M.**



*Mante Molepo is an anti-racism consultant, an award-winning community leader and speaker. She works with governments, non-profits and companies to address equity, inclusion and anti-racism. She is a founding member and Director of Parents for Diversity, an organization committed to addressing discrimination in the education system.*

## **Zoom Webinar**



**Brampton East/Caledon/Dufferin/Malton**

**Family of Schools**

**Thursday, April 29, 2021**

**6:30 p.m. - 7:30 p.m.**

Please click this link to join webinar:

<https://zoom.us/j/93793801374?pwd=QjNPRm5rK1YvUHFqanJpdEdna0hzQT09>

Password: **9WkrQG**



April 27th, 2021

# St. Evans Catholic Elementary School

# DOUGH RAISER

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Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



## MAINTAIN CONSISTENCY

- Try to keep morning and bedtime routines the same as you would for a regular school day. That means getting out of pajamas and having breakfast in the morning and going to bed at a reasonable time.
- In your daily schedule, make sure to include a variety of non-academic activities too:
  - Family connection time
  - Outdoor time
  - Safe social connection time
  - Helping time
  - Quiet time
  - Play time
- Breaks are an important part to any routine. Breaks away from the screen are especially important during virtual-learning.



## TIPS FOR PARENTS

### ON MAINTAINING ROUTINES DURING COVID-19

It may not seem like a certainty now, but schools will re-open again. Sticking with regular routines right now is so important. It helps facilitate quality learning during remote-instruction and it helps make any return to in-person learning smoother.

Adapted from R. da Cunha, A. Helps, & E. Tirovolas, May, 2020

## IT ALL TAKES PRACTICE

- Keep that growth mindset. It all takes practice and 100% success each day is unrealistic. Don't throw the baby out with the bathwater – if one day is challenging, remind yourself and your child that you'll try again tomorrow.
- Practice what you preach. Your child observes what you do, so model what you want your child to copy. Make sure that you have your own routine or schedule to follow each day and that you follow through on it. If possible, try to synchronize some aspects of your schedule with your child's (e.g., taking a walk together during "recess" break, having mealtimes together or cooking together).

## SUPPORT LEARNING THROUGH PLAY

- In your daily or weekly schedule, try to include non-curriculum activities that use play, fun, or real-life experiences to help support academic development.
  - Playing with Lego & Playdough
  - Listening to music
  - Learning through podcasts, audio/video books, virtual museums/zoos
  - Playing games & doing puzzles
  - Creative exploration (e.g., coloring, arts/crafts)
  - Dancing/cycling/yoga/nature walks
  - Reading (novels, comic books, I Spy, etc)
  - Doing chores and learning life skills (e.g., sewing, cooking, folding laundry)