

Father Michael Goetz Resource Center

Resources by Subject



Physical Education

Exercise Science



Database Program: Gale CENGAGE Learning



Online Journals:

- [PMC from US National Library of Medicine](#): full-text archive of journal literature;
- PLOS (Public Library of Science), including [PLOS Biology](#), and [PLOS Medicine](#);



Internet Websites:

Medical and Health Information

- [MedlinePlus: Health topics](#): Sports Fitness; Sports Injuries; Sports Safety (with extensive web links to journal articles, latest news, etc.)
- [Mayo Clinic: Health information](#)

Anatomy and Physiology

- Free Resources for Physical Education & Sports Coaching: [Anatomy & Physiology](#)
- BrianMac: Sports Coach: [Anatomy & Physiology – Body Systems](#)
- MedSpace: Reference: [Anatomy articles](#)
- [GetBodySmart](#) (interactive tutorial on human anatomy & physiology)

Sports related Organizations

- [Sport Information Resource Centre](#), Ottawa (resources on sports injury, health, sports policy, etc.)

Sports and nutrition

- [Sport nutrition](#) from Coaching Association of Canada
- [Sport nutrition \(adult\)](#) from Dietitians of Canada
- [It's about eating right: Sports and Exercise](#) from Academy of Nutrition and Dietetics
- [Sports supplement](#)s from [EatRight Ontario](#)

Sports Injury

- [MedSpace](#): Referenec: [Sports Medicine](#)
- [Sports Injury Clinic](#)
- [Sports Medicine at About.com](#)
- [Sport Concussion Library](#)

Sports in Society

- [Canadian Heritage: Sport](#)
- [Canadian Centre for Ethics in Sport](#)
- [Canadian Association for the Advancement of Women and sport and Physical Activity](#)
- [Sport Matters.ca](#)