

# **Father Michael Goetz Resource Center** **Resources by Subject**

## **Physical Education**



## **Healthy Active Living**



### **Nonfiction Books**

Use the Library Catalogue to look for nonfiction titles. See below for suggested Call Number with related subjects.

<b>Call Number</b>	<b>Subjects</b>
150 - 179	Psychology (personal growth & behavior; conduct of life; decision making, personal conduct, personal relationship, etc.)
362	Substance abuse
REF 610.3 MAG	Magill's Medical Guide
613	Promotion of health
613.2	Nutrition; Diet
613.7	Physical fitness
616	Diseases
616.951	Sexually Transmitted Diseases



### **Database Program:**

➤ [Teen Health & Wellness](#)



➤ [Gale CENGAGE Learning](#)



### **Internet Websites:**

- [MedlinePlus: Health topics](#)
- [Mayo Clinic: Health information](#)
- [Centers for Disease Control and Prevention: Adolescent and School Health](#)
- [US Department of Health and Human Services: Adolescent Health Topics](#)
- Public Health Agency of Canada > [Infectious Diseases](#)
- Public Health Agency of Canada > [Health Promotion](#)
- Health Canada > Healthy Living > [Just for you-Youth](#)
- Peel Public Health > [Adolescent \(Teen\) Health](#)
- WebMD > [Healthy Living](#) > [Teens](#) > [Teen boys/Teen girls](#)
- Articles from [Canadian Paediatric Society](#) > [Search by topic](#); Or search by keyword(s)
- [MedicineNet.com](#) > [Diseases & Condition](#); > [Health & Living](#)
- [ABC of Healthy Relationships](#) from Palo Alto Medical Foundation
- Children's Mental Health Ontario > For Children & Youth > [Mental Health Basic](#)
- Teen Mental Health > [Understanding Mental Health](#)
- [Nutriton for Teens from Dietitians of Canada](#)
- [DrugFree Canada](#)