



## ST. MICHAEL CATHOLIC SECONDARY SCHOOL



### ST. MICHAEL C.S.S. SNOWBOARD & SKI CLUB 2020

Dear parents/guardians,

St. Michael C.S.S. is once again offering our snowboarding and skiing education program. The program will consist of a series of 6 evenings at Blue Mountain Ski Resort in Collingwood.

**The dates are:**

**Wednesday January 29, 2020 (Day skiing)**

**Thursday February 6, 2020**

**Thursday February 13, 2020**

**Thursday February 20, 2020**

**Thursday February 27, 2020**

**Thursday March 5, 2020**

**Thursday, March 12, 2020 (Snow Day Make Up Date – if necessary)**

The program schedule will consist of 4 1/2 hours of snowboarding and skiing:

*7:50 – 8:05 a.m. parents drive equipment to school; bring equipment to Rm 110 for storage during regular classes*

*2:00 - 4:00 p.m. early dismissal, load buses, arrival at Blue Mountain*

*4:00 - 4:30 p.m. warm-up skiing/snowboarding free time*

*4:30 - 6:45 p.m. 45 minute lesson. Specific schedule TBA by Blue Mt. staff*

*6:45 - 8:00 p.m. free skiing/snowboarding time*

*8:15 – 8:30 p.m. load buses and departure from Blue*

*9:45 - 10:00 p.m. parents pick-up students at St. Michael*

**Transportation:**

Bus leaves the school at 2:25 p.m. RETURN transportation will be leaving Blue at 8:30 p.m. and arriving at St. Michael at **9:45 p.m.**

If you are interested in having your child involved in the SNOWBOARD & SKI CLUB please read the following 3 appendices and print and sign the GF 115 as well as the application form and have your child return it to the PE office. Payments need to be paid by school cash on line <https://dpcdsbschoolcashionline.org> and the transaction record included with returned forms. No CASH or CHEQUES will be accepted.

Helmets, with chin strap adjusted properly, are mandatory for all snowboard and ski club members when on the slopes & lifts at Blue Mountain Ski Resort. (see appendix #3 for details)

THE APPLICATION DEADLINE IS THURSDAY, DECEMBER 19<sup>th</sup>, 2019

If you have any questions or concerns please contact the PE office at (905) 951-8935 ext.29335

## **Appendix #1: PROGRAM EXPECTATIONS**

### **LESSONS**

It is the firm conviction of the St. Michael C.S.S. Snowboard & Ski Club staff supervisors that the snowboarding and skiing program should have a formal teaching component. Both snowboarding and skiing are very skill-oriented sports, where mastery of the sport is achieved by progressively advanced instruction and practice. In order to allow each student to work toward this mastery of the sport, a teaching component has been built into the program. It is expected that all members of the snowboard & ski club will attend the 45 minute lesson every night of the program. These lessons will be taught by professional instructors supplied by Blue Mountain Ski Resort and students will be assigned to groups for such lessons based on their skill level as determined by the instructors. *Students are expected to attend the lesson each night and failure to do so will result in removal from the Club. NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.*

### **BEHAVIOUR ON THE BUS**

It is expected that students will behave as young Catholic Christian ladies and gentlemen. Unruly behavior and foul or abusive language **WILL NOT BE TOLERATED**. Inappropriate behavior on the part of the student will result in removal from the Club. The determination of such removal is at the sole discretion of the staff advisors. Smoking is not allowed on the bus. Marijuana use for students under the age of 19 is illegal. Any drug or alcohol use by any student is prohibited. Use or possession of drugs, paraphernalia or alcohol will result in removal from Snowboard & Ski Club without refund. School administration will follow up regarding any disciplinary issues on the bus.

### **BEHAVIOUR AT BLUE MOUNTAIN SKI RESORT**

Students will follow: • the St. Michael CSS Catholic Code of Student Behavior • any rules and regulations of the Blue Mountain Ski Resort and its staff • the Skier Responsibility Code • all and any directions of the attending staff advisors • all and any directions of the attending members of the Canadian Ski Patrol System Inappropriate behavior on the part of the student at Blue Mountain Ski Resort will result in removal from the Club. The determination of such removal is at the sole discretion of the staff advisors. Marijuana use for students under the age of 19 is illegal. Any drug or alcohol use by any student is prohibited. Use or possession of drugs, paraphernalia or alcohol will result in removal from Snowboard & Ski Club without refund. School administration will follow up regarding any disciplinary issues at Blue Mountain.

## **Appendix #2: LIFT USE GUIDELINES - SCHOOL BOARD MANUAL**

To ensure that all school students enjoy a good day of skiing means that they use both chair lifts and surface lifts safely.

1. Where applicable, only those students who received an approval from the ski area staff, use other lifts than those designated as beginner lifts.
2. All skiers must be aware and obey signs posted around the lift loading and unloading areas and along the towpath.
3. While waiting their turn in a lift line, skiers must refrain from horseplay and prepare themselves for loading.
4. When approaching a loading area, obey instructions given by a lift operator and make sure the lift ticket is properly displayed.
5. a. When riding a chair lift, always use the restraining bar. b. Never bounce or rock a chair in any way. Skis must always point straight ahead, and skiers must remain seated. c. Never, under any circumstances, are skiers allowed to jump from chairs. d. If a chair lift stops, remain calm and wait until it restarts. In case of an emergency evacuation, remain calm and follow all instructions given by ski patrol and/or area employees. e. When approaching an unloading area, do not lift the restraining bar until instructed to do so by the posted signs. f. When skiers clear the ramp, they must move away quickly from the area immediately adjacent to the unloading ramp.
6. a. When riding a surface lift, skiers must always remain in the designated tow path. Never attempt to ski a slalom or to zigzag pattern on the way to the top. b. To unload anywhere outside of a designated unloading area must be avoided unless the lift stops and skiers are instructed to do so by the ski patrol or the area employees. In such a case, everyone is to leave the towpath as quickly as possible. c. In a case when a skier falls while riding a surface lift, clear the path immediately, remove your skis and exit the towpath. d. To ski down a lift towpath is dangerous and strictly prohibited
7. All skiers must always: a. display their lift ticket; b. follow all instructions given by the ski area personnel; continued on next page c. behave in a responsible manner; d. be courteous to other students, other skiers, and area personnel; e. be aware of and abide by the posted Skiers Responsibility Code. Behavior contrary to the above instruction will endanger offenders just the same as other users, and may result in a serious injury. With no exception, any and all offenders will lose their ski privileges.

## **Appendix #3: SPECIAL REQUESTS**

Dear Parent,

### **Pick Up**

The Snowboard & Ski club is the largest at the school. We anticipate 50+ club members and a staff supervisory group of 4 - 8 for this season. As you can imagine it is an activity, which places demands on the staff who organize it. Many hours of effort go into consultation and negotiation with the ski hill; bus transportation arrangements; bus supervision; lesson groupings, safety supervision, and general organizational work. The staff gives of their free time to make sure that the activity is educational, fun and safe. I would ask that all parents be diligent in their responsibilities when it comes to the end of each ski night. Specifically, it is imperative that parents make sure to notify staff if arrangements are being made to have the student leave the ski hill in a manner or at a time different from what was committed to at registration time. *Also, it is imperative that whoever has committed to pick up at the school be at the school on time (9:45 pm).* It is unfair to staff who accompany the returning buses to have to wait for tardy rides. Please be on time. Students who are picked up late will be not be invited back the following week.

### **Injuries and Theft**

Unfortunately, injuries are sometimes part of the sport; so top quality and properly fitted protective equipment will help reduce the risk. Helmet use is mandatory for all club members while on the slopes and chair lifts; the straps must be adjusted properly. It is also strongly suggested that your child invest in some protective impact padding such as wrist pads, padded pants, etc. Their riding experience will be much more enjoyable and less painful with the right protective gear. Please remind your child that their snowboard and ski equipment is often a target of Theft. Locks can be purchased for about \$20.00 at most sporting goods stores. Please remind your child to lock their equipment when they are in the chalet; skis and snowboards are not allowed in the chalet. Lastly, if you wish to have your child insured against any type of injury, STUDENT ACCIDENT INSURANCE is available through our office. Please ask one of our school secretaries for a "Student Application Package" from the Reliable Life Insurance Company. This is the only type of insurance available for your child through the school. Here is the direct link to the company if you prefer. <http://www.insuremykids.com/Default.aspx> . Since proper ski / snowboard training is proven to reduce the risk of injury, the six weekly lessons supplied by the Blue Mountain staff are mandatory. If your child skips one lesson they will be permanently removed from the club with no refund given.

### **Attendance**

Students are expected to be in school and in all classes the day of our ski trips. If your child cannot be at school for some reason the day of a ski trip, but still wants to attend the trip, parent/guardian are responsible for documenting the absence to attendance. If your child is found skipping any period the day of a ski trip, that may result in your child not attending that evening with no refund. Students are released at 1:45pm the day of a ski trip, giving them ample time to get equipment ready at the end of the day, there is no reason your child should not be in class for the expected times.

We are looking forward to a tremendous season. We ask for you co-operation and encourage you to contact us at the school if you have any questions, concerns or comments

Yours truly,

St. Michael CSS SKI & SNOWBOARD CLUB STAFF

Ms. Angeles, Ms. Indelicato, Ms. Kiss, Mr. Lo Monaco, Mr. Dragonetti, Mr. Raposo, Ms. Schrei, Ms. Ziembra