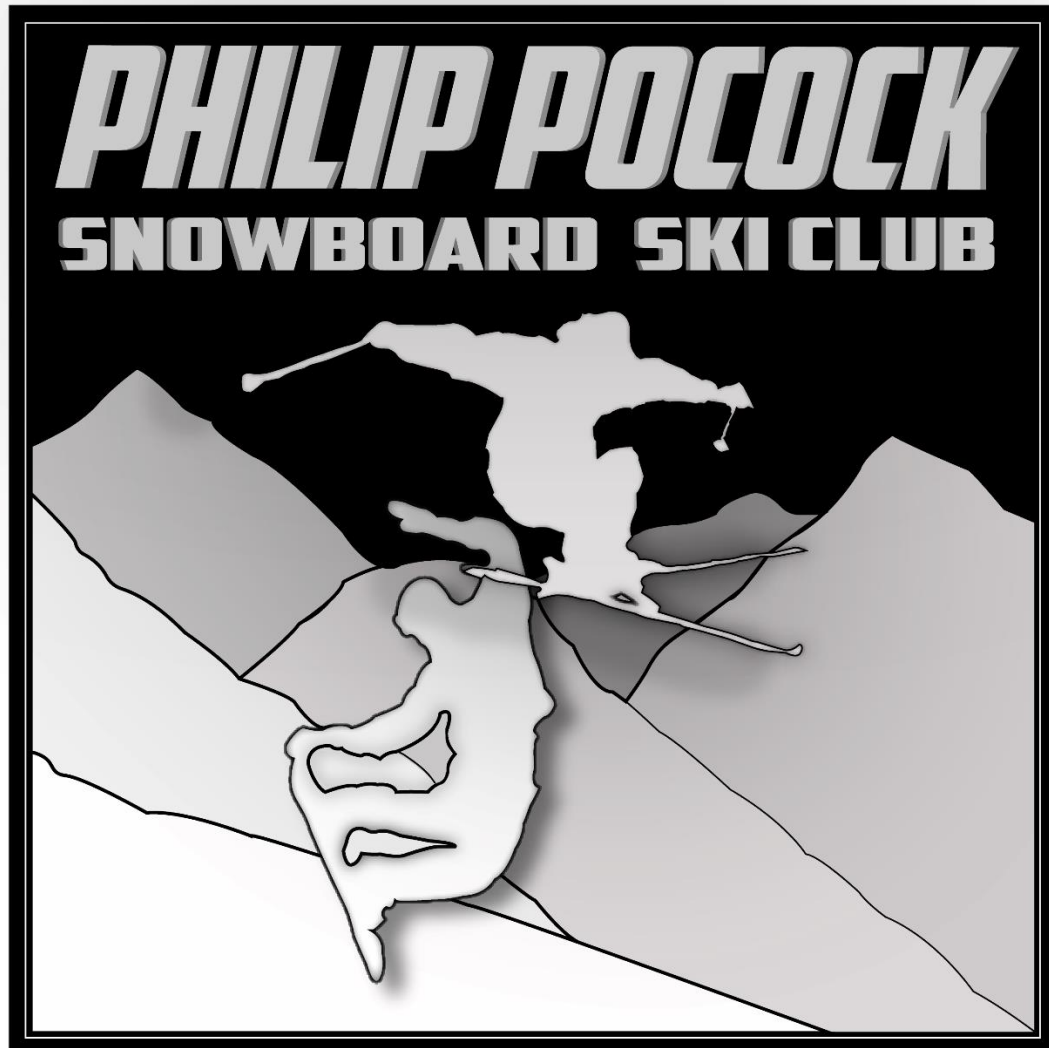


2019-2020



*Manual*

# PHILIP POCOCK C.S.S. SNOWBOARD & Ski CLUB 2019-20120

Dear parents, Philip Pocock C.S.S. is now offering our “New and Improved” snowboarding and skiing education program.

The program will consist of a series of 5 Thursday nights *and* 1 Wednesday **daytime** at Blue Mountain Ski Resort in Collingwood. The dates are:

<u>Thursday</u>	<u>January</u>	<u>9</u>	<u>2020</u>
<u>Wednesday</u>	<u>January</u>	<u>29</u>	<u>2020</u>
<u>Thursday</u>	<u>February</u>	<u>6</u>	<u>2020</u>
<u>Thursday</u>	<u>February</u>	<u>13</u>	<u>2020</u>
<u>Thursday</u>	<u>February</u>	<u>20</u>	<u>2020</u>
<u>Thursday</u>	<u>February</u>	<u>27</u>	<u>2020</u>
<u>Thursday</u>	<u>March</u>	<u>5</u>	<u>2020</u>
<u>alternate</u>	<u>Snow date</u>		

**Thursday schedules will consist of 4 hours of *night* snowboarding and skiing:**

7:35 – 7:50 a.m.	parents drive equipment to school; bring equipment to room 103 for storage during regular classes
1:40 - 4:00 p.m.	early dismissal, load buses, arrival at Blue Mountain
4:00 - 4:30 p.m.	warm-up skiing/snowboarding free time
4:30 - 6:45 p.m.	45 minute lesson. Specific schedule TBA by Blue Mt. staff
6:45 - 7:50 p.m.	free skiing/snowboarding time
7:50 – 8:05 p.m.	load buses and departure from Blue
10:00 p.m.	parents pick-up students at Pocock

**Wednesday January 29 is from 10:30 AM – 7 PM and will consist of 4 hours of *day* snowboarding and skiing:**

**Transportation:** Bus leaves the school at 2:05 p.m. **SHARP!**

**RETURN transportation** will be leaving Blue at 8:05 p.m. and arriving at Pocock at 10:00 p.m.

If you are interested in having your child involved in the *SNOWBOARD & SKI CLUB* please fill out the attached application forms and have them returned to Mr. Rodrigues (in room 103). Payments need to be paid to our secretary with debit or credit card and the transaction record given to Mr. Rodrigues.

**Helmets,** with chin strap adjusted properly, are mandatory for all snowboard and ski club members when on the slopes & lifts at Blue Mountain Ski Resort. (*see appendix #3 for details*)

THE APPLICATION DEADLINE WAS FRIDAY November 22<sup>TH</sup> But we have reached our maximum capacity of 50 students.

If you have any questions or concerns please contact Mr. Rodrigues at (905) 602-6172

# Appendix 1

## PROGRAM EXPECTATIONS

It is the firm conviction of the Philip Pocock C.S.S. Snowboard & Ski Club staff supervisors that the snowboarding and skiing program should have a formal teaching component. Both snowboarding and skiing are very skill-oriented sports, where mastery of the sport is achieved by progressively advanced instruction and practice. In order to allow each student to work toward this mastery of the sport, a teaching component has been built into the program. **It is expected that all members of the snowboard & ski club will attend the 45 minute lesson every night of the program.**

These lessons will be taught by professional instructors supplied by Blue Mountain Ski Resort and students will be assigned to groups for such lessons based on their skill level as determined by the instructors.

**Students are expected to attend the lesson each night and failure to do so will result in removal from the Club. NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.**

### BEHAVIOUR ON THE BUS

It is expected that students will behave as young Catholic Christian ladies and gentlemen. Unruly behavior and foul or abusive language WILL NOT BE TOLERATED. Inappropriate behavior on the part of the student will result in removal from the Club. The determination of such removal is at the sole discretion of the staff advisors. ***NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.***

### BEHAVIOUR AT BLUE MOUNTAIN SKI RESORT

Students will follow:

- the Philip Pocock Code of Student Behavior
- any rules and regulations of the Blue Mountain Ski Resort and its staff
- the Skier Responsibility Code
- all and any directions of the attending staff advisors
- all and any directions of the attending members of the Canadian Ski Patrol System

Inappropriate behavior on the part of the student at Blue Mountain Ski Resort will result in removal from the Club. The determination of such removal is at the sole discretion of the staff advisors. ***NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.***

# Appendix #2

## LIFT USE GUIDELINES - SCHOOL BOARD MANUAL

To ensure that all school students enjoy a good day of skiing means that they use both chair lifts and surface lifts safely.

1. Where applicable, only those students who received an approval from the ski area staff, use other lifts than those designated as beginner lifts.
2. All skiers must be aware and obey signs posted around the lift loading and unloading areas and along the towpath.
3. While waiting their turn in a lift line, skiers must refrain from horseplay and prepare themselves for loading.
4. When approaching a loading area, obey instructions given by a lift operator and make sure the lift ticket is properly displayed.
5. a. When riding a chair lift, always use the restraining bar.
  - b. Never bounce or rock a chair in any way. Skis must always point straight ahead, and skiers must remain seated.
  - c. Never, under any circumstances, are skiers allowed to jump from chairs.
  - d. If a chair lift stops, remain calm and wait until it restarts. In case of an emergency evacuation, remain calm and follow all instructions given by ski patrol and/or area employees.
  - e. When approaching an unloading area, do not lift the restraining bar until instructed to do so by the posted signs.
  - f. When skiers clear the ramp, they must move away quickly from the area immediately adjacent to the unloading ramp.
6. a. When riding a surface lift, skiers must always remain in the designated tow path. Never attempt to ski a slalom or to zigzag pattern on the way to the top.
  - b. To unload anywhere outside of a designated unloading area must be avoided unless the lift stops and skiers are instructed to do so by the ski patrol or the area employees. In such a case, everyone is to leave the towpath as quickly as possible.
  - c. In a case when a skier falls while riding a surface lift, clear the path immediately, remove your skis and exit the towpath.
  - d. To ski down a lift towpath is dangerous and strictly prohibited
7. All skiers must always:
  - a. display their lift ticket;
  - b. follow all instructions given by the ski area personnel; *continued on next page*
  - c. behave in a responsible manner;

- d. be courteous to other students, other skiers, and area personnel;
- e. be aware of and abide by the posted Skiers Responsibility Code.

Behavior contrary to the above instruction will endanger offenders just the same as other users, and may result in a serious injury. With no exception, any and all offenders will lose their ski privileges.

# Appendix#3

## SPECIAL REQUEST

Dear Parent,

We anticipate 45-50 club members and a staff supervisory group of 4 for this season. As you can imagine it is an activity which places demands on the staff who organize it. Many hours of effort go into consultation and negotiation with the ski hill; bus transportation arrangements; bus supervision; lesson groupings, safety supervision, and general organizational work. The staff gives of their free time to make sure that the activity is at once educational, fun and safe.

I would ask that all parents be diligent in their responsibilities when it comes to the end of each ski night. Specifically, it is imperative that parents make sure to notify staff if arrangements are being made to have the student leave the ski hill in a manner or at a time different from what was committed to at registration time. Also, it is imperative that whoever has committed to pick up at the school **be at the school on time (10:00 pm)**. It is unfair to staff who accompany the returning buses to have to wait for tardy rides. Please be on time. **Students who are picked up late will be not be invited back the following week.**

Unfortunately, injuries are sometimes part of the sport; so top quality and properly fitted protective equipment will help reduce the risk. **Helmets use is mandatory** for all club members while on the slopes and chair lifts; the straps must be adjusted properly. I also strongly suggested that you invest in some protective impact padding such as wrist pads, padded pants, etc.... Your riding experience will be much more enjoyable and less painful with the right protective gear.

Please remind your child that their snowboard and ski equipment is often a target of **Theft**. Locks can be purchased for about \$20.00 at most sporting goods stores. Please remind your child to lock their equipment when they are in the chalet; **skis and snowboards are not allowed in the chalet.**

Lastly, if you wish to have your child insured against any type of **injury**, STUDENT ACCIDENT INSURANCE is available through our office. Please ask one of our school secretaries for a "Student Application Package" from the *Reliable Life Insurance Company*. This is the **only type of insurance** available for your child through the school. Here is the direct link to the company if you prefer.  
<http://www.insuremykids.com/Default.aspx> .

Since proper ski / snowboard training is proven to reduce the risk of injury, the six weekly lessons supplied by the Blue Mountain staff are mandatory. **If your child skips one lesson they will be permanently removed from the club with no refund given.**

We are looking forward to a tremendous season. We ask for you co-operation and encourage you to contact us at the school if you have any questions, concerns or comments. (905)602-6172

Yours truly,

Mr. Rodrigues

**Fridge Pin-  
up**

PHILIP POCOCK C.S.S. SNOWBOARD and Ski  
CLUB  
Quick Reference sheet

Ski Club dates @ Blue Mountain Ski Resort Collingwood:

<u>Thursday</u>	<u>January</u>	<u>9</u>	<u>2020</u>
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- Helmets are mandatory and must be adjusted properly for all snowboard and ski club members when on the slopes & lifts
- Link to Board approved insurance company - <http://www.insuremykids.com/Default.aspx>
- Please remind your child to lock their equipment; equipment can be **stolen in less than 30 seconds by thief!**
- Drop off equipment in room 103 from 7:50 – 8:05 AM
- Students must **stay in full school uniform** until early dismissal at 1:40
- Ski apparel and equipment Lost and Found in Mr. Rodrigues' room 103
- Students are expected to attend the lesson each night and failure to do so will result in removal from the Club. *NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.*
- If their child is injured parents/guardians agree that they will be required pickup their child from the area hospital (Collingwood).
- Organizer- Mr. Rodrigues (905)602-6172
- Blue Mountain, Collingwood (877)445-0231
- Please click the link below as Blue Mountain has its own specific legal waivers. Filling this out does not however guarantee a spot on the Pocock Ski Club



**!!!YOU MUST CLICK THIS LINK!!!**

[www.waiverfile.com/b/osbie/Waiver.aspx?id=c6412bd0-7f3d-435e-83f5-ec77c3ef44ee](http://www.waiverfile.com/b/osbie/Waiver.aspx?id=c6412bd0-7f3d-435e-83f5-ec77c3ef44ee)

This is the **OSBIE** Special Winter Excursion Form. **If you don't Blue Mountain will refuse access to the hill.**

THE APPLICATION DEADLINE IS FRIDAY November 22<sup>TH</sup>  
Limited spaces available!