

This Info-Sheet on Human Trafficking provides guidance for parents and guardians to protect their children from Human Trafficking. For more information, refer to the Government of Ontario's information page found at [www.ontario.ca/page/human-trafficking](http://www.ontario.ca/page/human-trafficking).

*Human Trafficking is an unjustifiable violation of the victims' freedom and dignity, which are integral dimensions of the human person willed and created by God. This is why it must be considered, without a doubt, a crime against humanity. —Pope Francis*

### WHAT IS HUMAN TRAFFICKING?

- Human Trafficking is an indictable offence under the Criminal Code of Canada.
- It includes sex trafficking, which is the sexual exploitation, recruiting, harbouring, transporting, obtaining, or providing of a person for the purpose of sex.
- It involves the use of force, physical or psychological coercion, or deception.
- Human Trafficking is NOT prostitution or sex work.
- It does not involve consent. Young people under the age of 18 cannot consent to participate in prostitution or sex work.
- Some people who are trafficked are controlled and monitored constantly; others may not realize or acknowledge what is happening to them. Fear of their trafficker or law enforcement may prevent them from seeking help.

### WHO CAN BE AT RISK?

**Anyone can be at risk of human trafficking**, however, due to the impacts of colonialism, systemic oppression and other forms of discrimination, some children and youth face increased risk, including those who are female-identified, Indigenous, Black, racialized, 2SLGBTQ+, differently-abled children, youth in care, newcomers and those with language barriers.

### HUMAN TRAFFICKING IN ONTARIO AND THE REGION OF PEEL

Human trafficking is one of the fastest-growing crimes worldwide, and Ontario is a hub.

- 62% of Canadian human-trafficking cases originate in the GTA.
- The majority of all police-reported incidents of human-trafficking in Canada occur in Ontario.
- 22% of police-reported victims of human trafficking are children under the age of 18.
- School-aged children and youth are prime targets for sexual exploitation.

### POSSIBLE SIGNS OF HUMAN TRAFFICKING

- Change in personality (e.g., attitude, new friends, being withdrawn)
- Change in appearance and mood
- Being secretive about their activities (e.g. leaving the home without the permission of a parent/caregiver)
- Having more than one cell phone or a phone that you have not approved
- Appears extremely tired
- Change in school performance and attendance
- In possession of hotel or Airbnb keys
- Dating someone and/or having friends that you do not know
- Refusing to answer questions about their online activity and/or friends or contacts.
- Gifts that they can't afford, and you did not purchase

## Anti-Human Trafficking: Information Sheet for Parents

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### WHO IS TRAFFICKING?

Strangers, acquaintances, friends, social media or gaming friends, intimate partners, and family members are trafficking. Traffickers may pose as romantic interests, friends or present as a professional example, a sports or social media influencer or photographer.

### PREVENTION & SUPPORT RESOURCES FOR PARENTS

#### WHAT TO DO IF YOU ARE WORRIED THAT YOUR CHILD MAY BE INVOLVED IN HUMAN TRAFFICKING?

- Talk to your child about your worry. Be open in your dialogue and talk about what being groomed or trafficked means.
- Get more information from credible resources. Refer to section *Where to go for Help in The Community?*
- Keep having honest, open communication with your child and give them options of other trusted adults they can speak to if they don't feel comfortable talking to their parents/guardians.
- Consider monitoring your child's online activity.
- Reach out for help from the community and/or your child's school (principal).
- Use the DPCDSB Online Reporting Tool [link](#)
- Engage in self-care – this is a sensitive topic for parents and children alike, so take time to ensure you are emotionally ready for these conversations.
- Inspire hope – help children or young people leave with a sense of hope and a plan for sharing concerns with a trusted adult, rather than carrying the concerns alone.

### WHERE TO GO FOR HELP IN THE COMMUNITY?

- Canadian Human Trafficking Hotline: 1-833-900-1010 (anonymous reports and advice)
- Peel Children's Aid Society: 905-363-6131
- Dufferin Child & Family Services: 519-941-1530
- Peel Police VICE Unit: 905-453-3311 ext. 3555
- OPP: 1-888-310-1122
- Crimestoppers: 1-800-222-8477
- nCourage: 905-866-2831
- EFRY Hope and Help for Women: 905-459-1315
- Kids Help Phone: 1-800-668-6868 or text 686868
- Police/Fire/Ambulance: 911 (if there is an immediate safety concern)

### RESOURCES FOR INDIGENOUS STUDENTS AND FAMILIES

- Speak Out: Stop Sex Trafficking Campaign – Addressing, preventing, and ending the sexual exploitation of Indigenous Women and Youth  
<https://endindigenoustrafficking.com/>
- Talk 4 Healing – Confidential helpline for Indigenous Women  
1-855-554-4325 | <https://www.beendigen.com/programs/talk4healing/>
- Ontario Native Women's Association  
1-800-667-0816 | <https://www.onwa.ca/learning-resources-ht>

- Kids Help Phone  
1-800-668-6868 | <https://kidshelpphone.ca/get-involved/finding-hope/>  
Indigenous Youth can text FIRST NATIONS, INUIT or METIS to 686868 to connect with an Indigenous volunteer crisis responder

### HELPFUL LINKS

- DPCDSB's Framework and Response to Human Trafficking  
<https://www3.dpcdsb.org/parents/safe-and-accepting-schools>
- Region of Peel – Human/Sex Trafficking  
<https://www.peelregion.ca/human-sex-trafficking>
- Peel Regional Police – Human Trafficking  
<https://www.peelpolice.ca/en/safety-tips/human-trafficking.aspx>
- nCourage – Peel's Anti-Human Trafficking Services  
<http://www.ncourage.ca>
- Catholic Family Services of Peel-Dufferin  
<https://cfspd.com/community-programs/human-trafficking/>
- Caledon/Dufferin Victim Services  
<https://www.cdvs.ca/trafficking>
- Ministry of Education – Keeping Students Safe  
<https://www.ontario.ca/document/education-ontario-policy-and-program-direction/policyprogram-memorandum-166#>
- Canadian Human Trafficking Hotline  
<https://www.canadianhumantraffickinghotline.ca/>
- Aura Freedom Relentless Resilience  
<https://aurafreedom.org/ht-info-hub/>
- Pastoral Letter on Human Trafficking and Sexual Exploitation in Canada  
<https://www.cccb.ca/announcement/2021-pastoral-letter-on-human-trafficking-and-sexual-exploitation-in-canada/>

*"For surely I know the plans for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope." Jeremiah 29:11*